

APRIL 2021
INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 288

"By members, for members; together in friendship for over 30 years."



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OF
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APRIL MONTHLY MEETING

... will be held via Zoom at 10.00

Nicole Crabtree invites us to join her for

"Breathing and Meditation."

Hi ladies!

We will be holding our April Monthly Meeting via Zoom. In February, Nicole held a calming Zoom session for us. We are delighted that she is able to take time to expand on her work for a second time. Below, you will find all the log-in information you need. Please note that you will be on mute as you log in (so you will need to unmute yourself if you would like to speak) and that Nicole and I will be on hand from 09.50 to help and chat until we open the meeting at 10.00.

IWCL Lugano is inviting you to a scheduled Zoom meeting.

Topic: IWCL Monthly Meeting

Time: 13 April at 10.00 Zurich

Join Zoom Meeting

[https://us02web.zoom.us/j/89680584308?
pwd=NC9YSkY2VWNkT29qNXBnYm1UaGppQT09](https://us02web.zoom.us/j/89680584308?pwd=NC9YSkY2VWNkT29qNXBnYm1UaGppQT09)

Meeting ID: 896 8058 4308

Passcode: 582270

I hope that you will be able to join us for the fourth Zoom meeting of the year, and I look forward to seeing you soon. If you need any more details, or help using Zoom, please get in touch.

Love from Sue X

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WEBSITE

Please note that a written and oral presentation of all Monthly Meetings are available on our IWCL website. Please contact Jonsi for your access password.

CONNECT TO BREATH, CONNECT TO LIFE**Meditation and breathing for everyday living**

Join us, with Nicole Crabtree, for this special interactive monthly meeting. We will begin with a brief history of meditation and then discuss the benefits and challenges of meditation. Finally, and maybe in between, we will enjoy a guided breathing and meditation session.



Start spring 2021 by giving yourself the gift of love and inspiration to contribute to personal and global health body and soul. See you 13 April on Zoom for this special Monthly Meeting.

2021 MONTHLY MEETINGS

4 May

1 June

7 September

5 October

9 November

7 December

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at: 6900editoriwcl@gmail.com

Please note: you must use a private FB account and NOT a commercial one. Many thanks.

CANCELLATION POLICY (CP)

Interest Group leaders work very hard to organise their events. It is, therefore, expected that all members respect the Club's Cancellation Policy. If you sign up for an event which you are later unable to attend you will be billed for your share of the costs, unless you are able to find a suitable substitute within the designated time limit. Thank you for your understanding and cooperation.

**CONGRATULATIONS TO AUTHOR HEDY BAROTHY**

Our member Hedy Barothy has just published a new book, '**Corona Chronik**' and we send our congratulations to her. Sounds really interesting! Here's the synopsis:

People around the world are still waiting for an effective vaccine against the all-dominant Corona virus. In this context, Hedy Barothy looks back to the years of war from 1936 to 1945 and compares them with the current events happening locally and worldwide.

With the rapid spread of the Corona virus, memories of World War II rise. Events experienced as a child in the war can be superimposed upon today's happenings. At that time too (1930-1945) events hastened forwards, demanding everything from the people; even the parting of the closest family members. Today, everyone feels the pandemic just as painfully, with small and large restrictions in daily life. The difference is that responsible governments are able to steer the ship through hazardous waters.

ANOTHER GLOBAL COLLABORATION**Lugano-Sweden-Egypt-Cape Town - 14 April at 14.30****EGYPTIAN VOODOO DOLLS**

Dear Ladies,

Mrs. Reem Maguid Amin, wife of the Egyptian Ambassador, has

once more kindly invited us to learn more about Egypt.

Let our mysterious journey continue and this time we'll step deeper towards the magical powers of the "Ancient Egyptian Spirit Dolls" which are popularly known as "Voodoo Dolls" enveloped in the power of the Hieroglyphic-written curse!

Grab your coffee, dessert and maybe ignite incense - we'll sure need it!

Let the fun continue!

Marie Stenulv and Sue March are inviting you to a scheduled Zoom meeting.**Topic:** Egyptian voodoo dolls with Reem Maguid**Time:** 14 April at 14.30 - Stockholm and Lugano**Join Zoom Meeting**

<https://us02web.zoom.us/j/89609204115?pwd=UmxJb0hxTHdWLTUxRndEMmxWb2JzQT09>

Meeting ID: 896 0920 4115**Passcode:** 655743

We look forward to seeing you on the 14th, and to meeting members of our sister IWCs in Stockholm, Lugano and Cape Town.

INSPIRE US IN SPRING!

We know how many of you have skills and talents, and we thank those of you who have already shared them with us. If you have enjoyed QiGong, Meditation, Egyptian Amulets, Hypnosis or any of the other sessions kindly offered by our members, please consider offering a masterclass, or a zoom presentation for an hour yourself. Many of us are keen to learn new things and to enrich our lockdown lives - there's so much you can teach us!



Alternatively, let us know if there is something you would like to learn or discover together with fellow members on zoom. No promises, but we will try to find someone to support it if there is enough interest.

Let's inspire each other in Spring! Contact Renata, our Club Secretary, if you have something to share.

Renata Del Grande

iwcsecretary@gmail.com

LEARN HOW TO USE ZOOM OR SKYPE TO ACCESS IWCL ACTIVITIES

Dear ladies, we are wondering whether any of you would like to learn how to use Zoom or Skype so that you don't have to miss out on any of our Club activities? It's very easy to do, even if you are technophobic!

We can take you through a few easy steps, then you will be able to connect with us on your phone, laptop or computer, and join our meetings, groups and coffee mornings.

Don't miss out! Get in touch with Sabrina, Christine or Sue, who will be very happy to help you.



MUSEUM EXPERIENCE - TRAVEL THE WORLD!

Dear Ladies,

We live in a difficult time of social distancing and isolation. It is a challenge for us all right now, but it doesn't mean that you have to be without art. You can sit at home comfortably and enjoy art from all over the world!

Google Arts & Culture has collaborated with 1200 museums, galleries and institutions in 70 countries, so that we can discover art and culture online. Using Google Street View technology we can visit the museums

and zoom in on paintings in great detail.

Download the Google Arts & Culture app or use the following link to see all museums that offer virtual tours: <https://artsandculture.google.com/partner> <https://artsandculture.google.com/project/street-view>

Also on Google: look for "virtual tours of international museums" and there you will find: "10 best Virtual Museums and Art Gallery Tours."

Next month there will be other challenges, as many museums in Lugano are planning to reopen again.

Please help out by sharing information about new real-time or virtual tours on IWCL's FB page or send it to Ruth Sergi for our website: ruthsergi@bluewin.ch



ZOOM COFFEE MORNING!

Friday, 16 April, 10.00

Hi ladies! Join me for a virtual coffee morning via zoom on the 3rd Friday of April. No need to go out in the cold! Let's meet virtually for a coffee and a chat. I look forward to seeing you! Details below...

Topic: IWCL Coffee Morning with Sue

Time: 16 April at 10.00 Zurich

Join Zoom Meeting

[https://us02web.zoom.us/j/87321757168?](https://us02web.zoom.us/j/87321757168?pwd=Ti9XbXhuNWZBUTd1Zm0ySIJEaUF0QT09)

[pwd=Ti9XbXhuNWZBUTd1Zm0ySIJEaUF0QT09](https://us02web.zoom.us/j/87321757168?pwd=Ti9XbXhuNWZBUTd1Zm0ySIJEaUF0QT09)



Meeting ID: 873 2175 7168

Passcode: 864132

Stay safe, stay strong

Love, Sue xxx

iwclpresident@gmail.com

EASTER COCKTAIL MASTERCLASS:**Friday, 16 April - 18.30 onwards!**

Hi everyone! Restaurants and bars have been closed for such a long time and I know that many of you really miss getting together with friends for an aperitivo or a cocktail. That's why I thought of organising an evening of "cocktailing," a

Virtual Cocktail Masterclass, so we can get together online and learn some new skills!

I asked our own Nerida Deganis to be our instructor for the evening. She knows her stuff, and will show us how to create four delicious cocktails at home.

Once you have signed up for our Virtual Cocktail Masterclass, you will receive a cocktail kit containing a bottle of Prosecco, three different spirits, and a liqueur, plus all the ingredients you will need to craft our four delicious alcoholic cocktails in the comfort of your own home.

Nerida will show us how to mix everything and will share precious tips on how to make easy, but still very complex and delicious alcoholic drinks at home like a pro!

We will make one bitter, herbaceous, aperitif-style cocktail, one which is refreshing, floral, and citrusy, an absolutely delicious fruity one and an 'after-dinner' cocktail to finish.

Each kit makes a minimum of four cocktails and costs CHF **40.-**. Nerida will send you a series of recipes, some of which we will make together and others to try at home later. We will hand-deliver your kit to your home in plenty of time, so you need to do nothing except relax and look forward to making your cocktails with Nerida!

Sign up with Sue before Tuesday, 6 April - this will give us time to make sure you receive your Cocktail Kit ready for **Friday, 16th**. You will be able to pay Nerida in advance by bank-transfer - we will send both the bank and Zoom details when you sign up.

Only a limited number of cocktail kits are available, so don't delay! We are looking forward to our Easter Cocktail Evening together.

Sue March
Nerida Deganis

iwclpresident@gmail.com
deganisnerida@gmail.com

ADVANCE NOTICE - CHRISTMAS FAIR!!

SUNDAY, 12 DECEMBER

FREE TABLES FOR IWCL MEMBERS

CHARITY TABLES

COFFEE BAR

Save your goodies! Start creating!**OPEN DOORS**

There are International Women's Clubs in most major cities throughout the world. If you are moving house or visiting for an extended period, you can find out from Jonsi who to contact in the IWC in your new location. She is our Outreach Co-Ordinator and has the Open Doors' World Directory. Get in touch with Jonsi to find out more.

**Jonsi Andrews**

iwclmembershipsecretary@gmail.com

THE IWCL BOARD IS PLEASED TO INVITE YOU TO THE



IWCL NEW YEAR COCKTAIL

On 28 April from 18.30 until 21.00

HOTEL DE LA PAIX

Via Cattori 18, 6900 LUGANO

Will be hosted in the big room downstairs

Join us to wish your friends all the best for 2021

IWCL members will enjoy the New Year Cocktail offered by the Club, which includes: welcome drink with refills (drinks are chosen by the Club, if you wish to purchase other refreshments you are welcome to do so at your own expense), finger food and vegetarian lasagna. Companions or friends of our ladies are welcome and will pay at the entrance a fee of CHF 40 p.p.

REGISTRATION IS COMPULSORY: contact Sabrina Nicod by 16 April (note due to the Easter Holiday Sabrina prefers to receive emails, anyone wishing to enroll by phone may leave a message on her answering machine)

(iwclevelandgroup@gmail.com)

Mobile: +4179 642 40 18

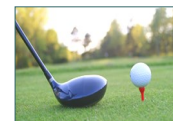
The Board

Cancellation Policy applies: Members that do not inform Sabrina a minimum of 24 hours in advance that they will not attend this event, or any who have registered for this event and **then simply do not show up will be charged CHF 40.- for themselves plus an additional CHF 40.- for any guest(s) they have registered.**

GOLF

Due to Covid restrictions, there will be no golf for the foreseeable future. Thank you.

Marlene Mugglin 091 967 15 47 079 423 68 47 tourservices.lugano@freesurf.ch



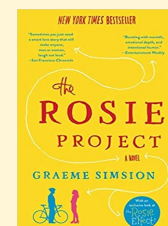
BOOK CLUB

When: Tuesday, 20 April

Book: *The Rosie Project* by Graeme Simsion

Next: Tuesday, 18 May, "Blindness" by José Saramago

Time: 10.00 - 12.00



Book club continues via Zoom. For further information concerning the Reading Group or the selected books please put BOOK CLUB in the subject line of your email, thank you.

Nicole Crabtree

076 679 08 65

nicolecrabtree.food@gmail.com

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

091 994 39 41

info@counselor.ch

LET'S CHAT IS GOING HIKING!



This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. (Please note we must always respect the Swiss FOPH COVID-19 guidelines). The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting!

Maria de la Cámara

079 263 04 65

maría.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

OPERA EVENING: WEDNESDAY, 28 APRIL, 18.00

PUCCINI and MOZART WITH CHARLOTTA HULDT

We are very happy to invite you to the opera!

A member of IWCS, Charlotta Huldt, is a well known Swedish opera singer, actress, director and dancer.

She has invited us to a lecture and to hear her singing Puccini, Mozart and more.

Charlotta says: "Listen to my concert while you eat your pizza or pasta and drink a glass of Chianti red wine."

We invite you to relax and enjoy this very talented opera singer. Below are the details you will need.

**** Please note that this concert is on the same evening as our scheduled "New Year Cocktail"**

so that those of you who are still reluctant to venture into company can have something

to enjoy at home in the meantime.

28 April at 18.00

Marie Stenulv and Sue March are inviting you to a scheduled Zoom meeting.

Topic: Opera with Charlotta Huldt

Time: 28 April, 18.00 Lugano and Stockholm

Join Zoom Meeting

[https://us02web.zoom.us/j/86571380225?](https://us02web.zoom.us/j/86571380225?pwd=WUtvWZEeFhrSkdiaFNkVIFUZUIHUT09)

[pwd=WUtvWZEeFhrSkdiaFNkVIFUZUIHUT09](https://us02web.zoom.us/j/86571380225?pwd=WUtvWZEeFhrSkdiaFNkVIFUZUIHUT09)

Meeting ID: 865 7138 0225

Passcode: 672429



ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other! Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.



We will go on with our activities in the Art Group respecting the social distancing policy. Due to the current circumstances with Covid19 we can't expand the group with any more members, but I will be happy to create a waiting list, so please contact me.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

KNITTING GROUP

Our group is currently meeting regularly on Zoom, if you would like to join this group please contact me to be added to the invitation.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

LADIES' LUNCH

As soon as the restaurants are open again, I will contact members by email to organise a lunch. Hopefully it will take place in April or, at the latest, May.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

BRIDGE, ANYONE?

The Bridge group is led by Donatella Vanoni and is for players of all abilities. The group play online so, if you would like to join in, please contact Donatella for more information on how to participate.



Dona Vanoni

079 620 49 33

donavanoni@yahoo.com

MAH JONG

Due to the Covid restrictions we are NOT playing Mahjong on a regular basis - therefore please contact us for further details! ... but still on **Thursday afternoons** from 14.30 – 17.00 (at Hotel Pestalozzi or another place to be defined).



This is a game of Chinese origin, using small engraved tiles for tables of three to four players.

It is funny, challenging and interesting. Please come along to try.

Ruth Sergi-Baumann

079 607 82 62 (also Whatsapp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

CHARITY ACTIVITY

Thursday, APRIL 22:

Visit to the Goldmine in Sessa and a lunch & wine tasting at Ristorante Selvatica in Banco

Price: Goldmine & winetasting: 55CHF

Winetasting only: 40CHF

(Fee to be paid to Elgin at day of the event)

AARDT

Associazione Archivi Riuniti
delle Donne Ticino

www.archividonneticino.ch

DETAILS

Our plan is to meet at the parking lot of the goldmine in Sessa at **10AM**. We will be taken into the mine by English speaking guides in groups of 8 people. The tour will last for about 1¼ hour.

Afterwards we will drive to Ristorante Selvatica in Banco where we are expected at **12:30PM** for a wine tasting accompanied by a light lunch.

Our club member *Nerida Deganis* will present us with 4 different wines from the vineyard "Villadoria" while we enjoy a lunch of Asparagus Risotto, a Mousse al Parmigiana Reggiano and a hazelnut crumble.

Due to the ongoing COVID situation we are, of course, facing some uncertainties and should the scheduled date not be possible then we hope to postpone the activity to later in the year.

LOCATION

GOLDMINE:

MINIERA D'ORO DI SESSA

Via miniera, La Costa di,
6977 Sessa
079-127-2080

RISTORANTE SELVATICA

Via Maria Boschetti Alberti 9
6981 Banco
091-224-5353

GETTING THERE

For those of you who don't come by car, you can take the trenino from Lugano to Magliaso station. We will pick you up and drop you back off after the lunch. Please let us know if you wish to be picked up.

IMPORTANT

The visit to the **goldmine** is not suitable for people who suffer from cardiovascular disorder/ diseases, diabetes, claustrophobia or seizures. The visit is not possible in case of serious motor difficulties. Please wear proper clothing and shoes (12°C temperatures inside the mine). Once inside the mine you will be obligated to wear a helmet with headlamp.

SIGN UP

Please join us in this fun activity by emailing, texting or calling Iris or Pam prior to April 15.

CLUB CANCELLATION POLICY APPLIES

We look forwards to hearing from you.

Iris Frowein Nouwen: iris@ifinteriors.com 076-746-9231

SAVE THE DATE

Our next activity will be a visit to Chapel Maria degli Angeli on Mt. Tamaro, guided by one of the architects of Mario Botta's team followed by a picnic on Thursday May 20.

We hope that you can join us for this too!

LANGUAGE CLASSES



Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi has restarted. Meetings take place online on Wednesday mornings at 09.30. Ladies interested should contact Isabella.

Contact details: 079 375 24 14

Italian Conversation for intermediate level with Maria Teresa Paladino. Meetings take place every Wednesday, on Skype at 16.30.

Contact Details: 091 994 39 41 info@counselor.ch

Spanish conversation with Elisabet Subirana will take place online, Thursdays at 13.30.

Contact details: 079 253 56 98 esubirana@bluewin.ch)

English Conversation Lessons will take place on Zoom on Monday, 19 and 26 April. To keep up-dated, please join Karen's Whatsapp chat group.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30 at the Café Venezia, Castagnola.

Contact details: 079 541 92 02 linflags@bluewin.ch

French Conversation with Claude Perrinjaquet Boni on Wednesday, 21 April from 14.00 to 15.00 at the Hotel Pestalozzi.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Louise Forget every Tuesday from 14.00 at LAC.

Contact details: loforget13@gmail.com

STARTING A NEW GROUP WITHIN IWCL

We are always open to new ideas that you might have for groups or events that will interest our members. If you have an interest or passion that you can share with us, please don't hesitate to contact me and we will go through the formal procedures for setting up a new IWCL group.



Sue March

iwclpresident@gmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
OUR NEXT MONTHLY MEETING WILL TAKE PLACE ON 4 MAY AT THE HOTEL PESTALOZZI (SUBJECT TO COVID-19 REGULATIONS)					1 Italian p.10 Spanish p.10 Mah Jong p.8	2
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24	25	26 English	27 French	28 Italian English Cocktail Party p.6 Opera p.7	29 Italian Spanish Mah Jong	30

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Karen Claus	076 224 90 01	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
 Mailing **Lydia Chapman**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
 091 923 42 69
 waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
 079 607 8262
 ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
 6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**
 077 924 16 76 or iwclpresident@gmail.com
 or our Membership Secretary, **Jonsi Andrews**
 091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
 Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Club	Nicole Crabtree	prekol@hotmail.com	076 679 08 65
Bridge	Dona Vanoni	donavanoni@yahoo.com	079 620 49 33
Café Français	Louise Forget	loforget13@gmail.com	091 234 28 35
Coffee Morning	Sue March	marchsue@hotmail.com	077 924 16 76
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Maria de la Camara	maria.delacamara	079 263 04 65
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Garden Group	Velina Wüst	vel.wuest@gmail.com	091 994 65 32
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Italian Conversation (Beg.)	Piera Serra	pieraserra@gmail.com	079 913 68 04
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	mtlugano@gmail.com	079 919 38 98
Solo Travellers	Maura Koopman	teupi@yahoo.com	079 576 61 44
Spanish	Elisabet Subirana	esubiranacata@gmail.com	079 253 56 98
Walking	Marlene Mugglin	tourservices.lugano@sunrise.ch	091 967 15 47
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

*If you have changes to the above information, please contact Sue March at iwclvicepresident@gmail.com