

JUNE 2021

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 290

"By members, for members; together in friendship for over 30 years."



MONTHLY MEETING BRUNCH

Tuesday, 1 June

LIDO Lugano at 11.30

Viale Castagnola 6, 6900 Lugano



Please join us for a unique Monthly Meeting brunch at LIDO Lugano.

As we are unable to dance right now we thought we would treat you to a brunch with an amazing view. This event is free for Club members.

**We will be seated at tables of 4 due to the COVID regulations
and will be served food at the table.**

We have a limited number of guests so priority will be given to members.

Registration is compulsory:

Sabrina Nicod: iwclevelandgroup@gmail.com or mobile: +41 79 642 40 18

If you need directions feel free to ask Sabrina when you sign up for the Brunch

Please note that COVID safety rules apply, we strongly recommend that members follow government guidelines by using one of their free covid tests to check if they are negative, prior to attending any IWCL event. The Club will follow government guidelines in terms of masking, social distancing and number of guests. We appreciate everyone's efforts to stay as safe as possible when 'in person' events recommence."

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A MESSAGE FROM YOUR PRESIDENT

I would like to begin by saying a serious and heartfelt thank you to the members of the IWCL Board who have all worked so well together throughout these months of lockdown, to keep your Club alive, vibrant and busy. We hope you like your new Directories, shortly to arrive by post.

We have had such excellent input from you, our members, in terms of offering presentations, groups and participation in our zoom activities, so a sincere thank you to you too, for keeping our Club active and lively.

Within our membership, there have been so many small instances of kindness and sisterhood, too numerous to count; cards, emails, flowers, messages of support, shopping trips, phone calls and visits. Thank you to everyone who has been involved in taking care of one another within IWCL when times have been tough.

Now, we are all moving into a new phase of health and safety; fully vaccinated, we can go out to meet each other again and pick up the threads of our 'other' lives. In September our Charity Committee will commence the activities that they have had to put on hold for so long, and our Club events will begin anew and in-person, although always in accordance with government guidelines.

As you know, we will be reviewing our fees for 2022 in September. We are hoping that a change will not be necessary because we will be able to hold all our events in the second half of the year, so nobody misses out!

We are starting the process with a celebration of the end of lockdown! To close our Club year, we are delighted to invite you all to a wonderful Brunch at Al Lido on 1 June! It will be wonderful to get together again. We have missed the warmth of personal meeting and greeting that our Club offers, and I, for one, will be looking forward to seeing you all for a happy celebration!

Have a happy, safe and healthy summer, everyone! See you soon!

Love and Blue Skies,

Sue x

2021 MONTHLY MEETINGS

7 September

5 October

9 November

7 December

WELCOME BACK COCKTAIL PARTY

We are hoping to organise a cocktail party in September subject, of course, to Covid regulations. It will give us an opportunity to catch up with old friends after the summer break as well as the opportunity to make new ones.

We shall let you know as soon as we have fixed a date.

The Board



THANK YOU!

We would like to thank Lydia Chapman Lehneis for her stalwart work as mailing co-ordinator for the last four years. It's a really essential role within the IWCL, but quite hidden, and Lydia has never let us down. We wish her well as she leaves Lugano to start a new life in Spain. She will be greatly missed.

We are delighted to welcome Iris Frowein (currently also our Charity Chair) to the team as our new mailing co-ordinator, taking over from Lydia in September. Thanks to Iris for volunteering for this role.



THANK YOU SEEKING NEW GROUP LEADER

We would like to thank Nicole Crabtree for all her hard work running the Book Club for more than 10 years. Her enthusiasm and vitality added greatly to the success of this group.

If you are an avid reader, perhaps you would like to volunteer to take over this group in September. If so, please contact us for more details. Thank you for your support.



The Board

ADVANCE NOTICE - CHRISTMAS FAIR!

SUNDAY, 12 DECEMBER
FREE TABLES FOR IWCL MEMBERS
CHARITY TABLES
COFFEE BAR

Save your goodies! Start creating!



CANCELLATION POLICY (CP)

Interest Group leaders work very hard to organise their events. It is, therefore, expected that all members respect the Club's Cancellation Policy. If you sign up for an event which you are later unable to attend you will be billed for your share of the costs, unless you are able to find a suitable substitute within the designated time limit. Thank you for your understanding and cooperation.



OPEN DOORS

There are International Women's Clubs in most major cities throughout the world. If you are moving house or visiting for an extended period, you can find out from Jonsi who to contact in the IWC in your new location. She is our Outreach Co-Ordinator and has the Open Doors' World Directory. Get in touch with Jonsi to find out more.

Jonsi Andrews

iwclmembershipsecretary@gmail.com



LEARN HOW TO USE ZOOM OR SKYPE TO ACCESS IWCL ACTIVITIES

Dear ladies, we are wondering whether any of you would like to learn how to use Zoom or Skype so that you don't have to miss out on any of our Club activities? It's very easy to do, even if you are technophobic!

We can take you through a few easy steps, then you will be able to connect with us on your phone, laptop or computer, and join our meetings, groups and coffee mornings.

Don't miss out! Get in touch with Sabrina, Christine or Sue, who will be very happy to help you.



INSPIRE US IN SPRING!

We know how many of you have skills and talents, and we thank those of you who have already shared them with us. If you have enjoyed QiGong, Meditation, Egyptian Amulets, Hypnosis or any of the other sessions kindly offered by our members, please consider offering a masterclass, or a zoom presentation for an hour yourself. Many of us are keen to learn new things and to enrich our lockdown lives - there's so much you can teach us!



Alternatively, let us know if there is something you would like to learn or discover together with fellow members on zoom. No promises, but we will try to find someone to support it if there is enough interest.

Let's inspire each other in Spring! Contact Renata, our Club Secretary, if you have something to share.

Renata Del Grande

iwclsecretary@gmail.com

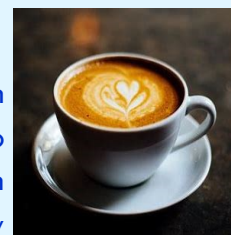
ZOOM COFFEE MORNING!

At last! The Return of "The Real Coffee Morning!"

Come and meet some other members, in person, for a get-together and a chat.

When: Friday, 18 June from 10.00 onwards

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Pane e Zucchero, Cassarate. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other. Masks and social distancing rules apply.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Stay safe, stay strong

Love, **Sue xxx**

iwclpresident@gmail.com

CHARITY ACTIVITY

Due to the ongoing Covid situation, our activity from June will be suspended until a later date.

On September 17th, we have scheduled our next event. A silent auction followed by an Opera concert performed by Lusila Mazi. We hope that this event will be able to take place. We are still looking for donations for the silent auction. If you have any items that you would like to donate, please contact Iris at iris@ifinteriors.com or 076 746 92 31.

Many thanks!

AARDT

Associazione Archivi Riuniti
delle Donne Ticino

www.archividonneticino.ch

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at:

6900editoriwcl@gmail.com

Please note: you must use a private FB account and NOT a commercial one. Many thanks.



STARTING A NEW GROUP WITHIN IWCL

We are always open to new ideas that you might have for groups or events that will interest our members. If you have an interest or passion that you can share with us, please don't hesitate to contact me and we will go through the formal procedures for setting up a new IWCL group.



Sue March

iwclpresident@gmail.com

KNITTING GROUP

Our group is currently meeting regularly on Zoom, if you would like to join this group please contact me to be added to the invitation.



Pam Blakey

091 980 45 07

076 229 22 50

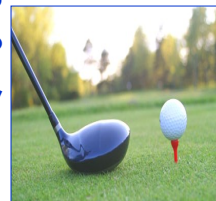
pam.blakey@yahoo.com

GOLF

We meet as usual at 11.00 every Wednesday starting from 1 June at the Golf Club "Monticello" near Como (first EXIT autostrada A9 to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63.

Tel. 0039 031 928 055. The green fee for 9 holes = Euro 36.- during the week.

Marlene Mugglin 091 967 15 47 079 423 68 47 tourservices.lugano@freesurf.ch



“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.

Maria Teresa Paladino

091 994 39 41

info@counselor.ch



LET'S CHAT IS GOING HIKING!

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. (Please note we must always respect the Swiss FOPH COVID-19 guidelines). The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's getting hiking and chatting.



Maria de la Cámara

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

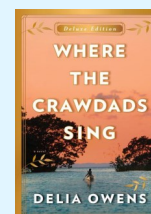
hannekesillekens@gmail.com

BOOK GROUP

When: Tuesday, 22 June

Book: “Where the Crawdads Sing” by Delia Owens

Time: 10.00 - 12.00



Book Group continues via Zoom. Please let Sue know in advance if you plan to attend as we have only 14 places and we need to give names to the hotel. Thank you.

Temporary contact: Sue March

077 924 16 76

marchsue@hotmail.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other! Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.



We will go on with our activities in the Art Group respecting the social distancing policy. Due to the current circumstances with Covid19 we can't expand the group with any more members, but I will be happy to create a waiting list, so please contact me.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

LADIES' LUNCH

As soon as the restaurants are open again, I will contact members by email to organise a lunch.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

BRIDGE, ANYONE?

The Bridge group is led by Donatella Vanoni and is for players of all abilities. The group play online so, if you would like to join in, please contact Donatella for more information on how to participate.



Dona Vanoni

079 620 49 33

donavanoni@yahoo.com

MAH JONG

Due to the Covid restrictions we are NOT playing Mahjong on a regular basis - therefore please contact us for further details! ... but still on **Thursday afternoons** from 14.30 – 17.00 (at Hotel Pestalozzi or another place to be defined).



This is a game of Chinese origin, using small engraved tiles for tables of three to four players.

It is funny, challenging and interesting. Please come along to try.

Ruth Sergi-Baumann

079 607 82 62 (also Whatsapp)

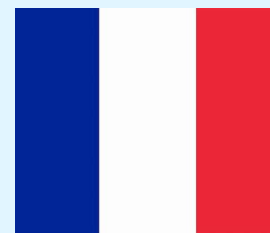
ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

LANGUAGE CLASSES



Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com

Italian conversation for beginners with Isabella Zardi has restarted. Meetings take place online on Wednesday mornings at 09.30. Ladies interested should contact Isabella.

Contact details: 079 375 24 14

Italian Conversation for intermediate level with Maria Teresa Paladino. Meetings take place every Wednesday, on Skype at 16.30.

Contact Details: 091 994 39 41 info@counselor.ch

Spanish conversation with Elisabet Subirana will take place online, Thursdays at 13.30.

Contact details: 079 253 56 98 esubirana@bluewin.ch

English Conversation Weather permitting, we will meet for the last time this season at 10.00 on 7 June at Ristorante Agora, via Orti 8, in the Agora building next to The City Hotel and piazza Molino Nuovo. We will also discuss informal chat groups during the summer.

Contact details: 076 224 90 01 karendaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30 at the Café Venezia, Castagnola.

Contact details: 079 541 92 02 linflags@bluewin.ch

French Conversation with Claude Perrinjaquet Boni on Wednesday, 16 June from 14.00 to 15.00 at the Hotel Pestalozzi. Please register as it is necessary to give names to the hotel in advance. Thank you.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Louise Forget every Tuesday from 14.00 at LAC.

Contact details: loforget13@gmail.com

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THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
 Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
 091 923 42 69
 waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
 079 607 8262
 ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
 6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**
 077 924 16 76 or iwclpresident@gmail.com
 or our Membership Secretary, **Jonsi Andrews**
 091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
 Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group			
Bridge	Dona Vanoni	donavanoni@yahoo.com	079 620 49 33
Café Français	Louise Forget	loforget13@gmail.com	091 234 28 35
Coffee Morning	Sue March	marchsue@hotmail.com	077 924 16 76
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Maria de la Camara	maria.delacamara	079 263 04 65
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Garden Group	Velina Wüst	vel.wuest@gmail.com	091 994 65 32
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg.)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Italian Conversation (Beg.)	Piera Serra	pieraserra@gmail.com	079 913 68 04
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	vernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	mtlugano@gmail.com	079 919 38 98
Spanish	Elisabet Subirana	esubiranacata@gmail.com	079 253 56 98
Walking	Marlene Mugglin	tourservices.lugano@sunrise.ch	091 967 15 47
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

*If you have changes to the above information, please contact Sue March at iwclvicepresident@gmail.com