

SEPTEMBER 2021 INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 291

"By members, for members; together in friendship for over 30 years."

IWCL MONTHLY MEETING

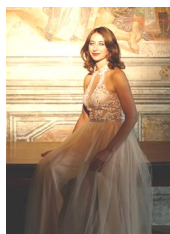
Tuesday, 7 September at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 - 10.15 Coffee/Tea

10.15 - 10.30 Club Announcements

10.30 - 11.30 Speaker: Lusila Mazi



Known for her warmly lyrical, dramatically present timbre, communicative expression and instinctive musicality, Canadian soprano Lusila Mazi has performed in opera and recital stages across the USA, Europe and Canada at venues such as Opera America New York, Schubert Geburtshaus Vienna, and Canadian Opera Company. She returned to Florence to reprise the role of

La Contessa Almaviva in Mozart's *Le Nozze di Figaro* at Conservatorio di Musica Luigi Cherubini, and debuted **Donna Elvia** from Mozart's *Don Giovanni* in an evening of opera scenes and arias. In Tuscany she has performed **Suor Angelica** in Puccini's *Suor Angelica* with Connecticut Lyric Opera's Greve Music Festival in Greve-in-Chianti under the mentorship of acclaimed soprano Katia Ricciarelli. This July, Ms Mazi made her debut in the role of **Violetta Valery** in Verdi's *La Traviata* at Teatro Sociale Bellinzona. She will perform an evening of **bel canto, romanticismo, and verismo** arias and scenes for a charity gala for the International Women's Club of Lugano.

Ms. Mazi is passionate about **bel canto, romanticismo, and verismo** tradition, particularly for their revival. Ms. Mazi is completing postgraduate studies in Master of Advanced Studies in Music Performance an Interpretation programme specialising in **bel canto, romanticismo and verismo** repertory at Scuola universitaria di Musica del Conservatorio della Svizzera Italiana in Lugano and in ERASMUS European Opera Academy at Conservatorio di Music Luigi Cherubini in Florence. She is working on title roles of **Violetta Valery** in Verdi's *La Traviata*, **Anna Bolena** in Donizetti's *Anna Bolena*, **Donna Elvira** in Mozart's *Don Giovanni*, **Elvira** in Verdi's *Ernani*, and **Adrianna Lecouvreur** in Cilea's *Adrianna Lecouvreur*. She completed studies at Scuola dell'Opera Italiana Fiorenza Cedolins (SOI), with the generous support of the Canada Council for the Arts under the Professional Development for Artists programme. In SOI, she performed **Fiordiligi** in Mozart's *Così fan tutte* at Palazzo dell'Accademia Filarmonica di Torino in Turin, Italy and at Associazione degli Amici del Loggione del Teatro della Scala in Milan.

Ms. Mazi will be presenting the inception of bel canto tradition and its transformation and development into romanticismo and verismo opera, through composers Bellini, Rossini, Donizetti, Verdi and Puccini, specifically under the umbrella of dramatic coloratura soprano repertoire. She will discuss how her project of *La Traviata* Opera in Concerto uses unique, operatic voices to bring opera in intimate theatres with focus on the voice, music and emotions conveyed to the audience. All'Opera!

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A MESSAGE FROM YOUR PRESIDENT

Welcome back!

I hope you have had a wonderful summer, visiting friends and family, travelling, sunbathing, gardening, relaxing, swimming or any other activity that has made you happy. Equally, I hope that you are glad to be back in Lugano and looking forward to the new season with IWCL.

It was great to see so many of you during the summer, at our Brunch at Al Lido, the Summer Aperitivo at Ciani and the Cocktail at Concordia; three very different but excellent venues which gave us the opportunity to spend time together at last.

I am looking forward to our first 'in-person' Monthly Meeting for a long time on 7th, when the lovely Lusila Mazi will tell us all about her youth orchestra project in Lugano.

On the 17th, we hold our first charity event, an exciting silent auction followed by a concert from Lusila. On the 22nd, we have our 'Welcome Back' Cocktail at Villa Sassa – and we hope to see you all at these events. More details can be found further on in your Newsletter.

I have been thinking about the ways in which our Club has continued to thrive throughout the last 18 months, thanks to you, our members. As well as all the Monthly Meeting speakers prepared to address us via Zoom, we owe a debt of thanks to the group leaders who continued their activities each week and month so that we could have language conversation groups, Book Group, Mindfulness, Sisterhood, Coffee Morning, Walking, Hiking and so on.

In addition, you were able to offer us sessions of Egyptology, Beer Tasting, Cocktail Making, Cookery, Opera, QiGong, Meditation, Art, Hypnotherapy and a course in how to use Zoom! What a multi-talented lot you are! Thank you for sharing your expertise with us and thanks to all the participants!

Now we can move forward together with strength and gratitude into an exciting new season with IWCL. See you soon, Love Sue X

SEPTEMBER MONTHLY MEETING**IMPORTANT INFORMATION – PLEASE READ CAREFULLY**

We will be adhering to the regulations of the Hotel Pestalozzi, so at the time of going to press, places at the September Monthly Meeting are strictly limited. It is essential that members sign up IN ADVANCE.

The usual coffee and croissants will be served, but must be taken sitting down, as you are not able to chat in groups near the buffet. Wearing of masks and social distancing must obviously be respected as they would be anywhere!

We have a wonderful speaker, and it's a great opportunity to get together again, so let's make the most of it safely. Please sign up with Sue: iwclpresident@gmail.com

CANCELLATION POLICY (CP)

Interest Group leaders work very hard to organise their events. It is, therefore, expected that all members respect the Club's Cancellation Policy. If you sign up for an event which you are later unable to attend you will be billed for your share of the costs, unless you are able to find a suitable substitute within the designated time limit. Thank you for your understanding and cooperation. **The Board**

**THE IWCL BOARD IS PLEASED TO INVITE YOU TO
A WELCOME BACK COCKTAIL**

Wednesday, 22 September – Villa Sassa from 18.30 to 20.30

Via Tesserete 10, 6900 Lugano

<https://villasassa.ch/en/>



Join us to catch up, to sip a glass of wine and to wish each other “Welcome back after the Summer holiday.” Due to restrictions in place when we set the date of the event, places are limited. It’s compulsory to sign up, please contact: Sabrina Nicod: iwclevengroup@gmail.com (079 642 40 18)

Members will enjoy this event for free. We include a selection of wines, juice or water; two drinks per person, and finger food. Any additional drinks may be purchased at your own expense.

Cancellation policy will apply, and please remember to follow COVID guidelines in place at the time of the event.

We are very much looking forward to seeing you soon.

IWCL Board

2021 MONTHLY MEETINGS

5 October

9 November

7 December

ADVANCE NOTICE - CHRISTMAS FAIR!

SUNDAY, 12 DECEMBER
FREE TABLES FOR IWCL MEMBERS
CHARITY TABLES COFFEE BAR
Save your goodies! Start creating!



OPEN DOORS

There are International Women’s Clubs in most major cities throughout the world. If you are moving house or visiting for an extended period, you can find out from Jonsi who to contact in the IWC in your new location. She is our Outreach Co-Ordinator and has the Open Doors’ World Directory. Get in touch with Jonsi to find out more.



Jonsi Andrews

iwclmembershipsecretary@gmail.com

LADIES' LUNCH (CP)

Finally we can start, after a long break, with the Ladies' Lunch. I propose the grotto Valle in Caslano. You also can do a walk around the "Caslano mountain" it's about one hour and an easy walk.

WHEN: Tuesday, 14 September

MEETING POINT: For the walkers at the parking place of the grotto at 11.00
If you join us only for the lunch - 12.15

WHERE: Grotto Valle, via Valle 29, 6987 Caslano

MENU: (Standard grotto menus)

Gnocchi del grotto with panna and pancetta CHF 19.-

or tagliatelle con funghi CHF 19.-

Polenta con coniglio CHF 25.- or funghi CHF 27.-

Beverages not included



Normally the grotto doesn't open at noon for lunch, therefore we should be at least 6-8 persons so please be aware that the cancellation policy applies when you have reserved a place.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

COFFEE MORNING

New Venue: Ristorante Pizzeria Brevà

When: Friday, 17 September from 10.00 onwards

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevà, just past Pane e Zucchero, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other. Masks and social distancing rules apply.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Klaus

karenclaus600@gmail.com

PICNIC IN THE PARK!

Thursday, 9 September - 17.00 in Parco Ciani



Ladies, we keep hearing that you love the opportunity to get together informally so we're inviting you all to a picnic!

We will meet on the grass opposite the little library/coffee shop in Parco Ciani. Bring your blanket or chair to sit on and your own picnic treats. We will have a lovely, social get-together in a beautiful spot with no stress. Family and friends are welcome!

Christine and Sue look forward to seeing you there. If the weather is inclement we will contact you regarding a change of date/venue, so please let us know you are coming along.

iwclpresident@gmail.com iwclvicepresident@gmail.com

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at:

6900editoriwcl@gmail.com

Please note: you must use a private FB account and NOT a commercial one. Many thanks.



STARTING A NEW GROUP WITHIN IWCL

We are always open to new ideas that you might have for groups or events that will interest our members. If you have an interest or passion that you can share with us, please don't hesitate to contact me and we will go through the formal procedures for setting up a new IWCL group.



Sue March

iwclpresident@gmail.com

KNITTING GROUP

This group meets to KIP (Knit in Public) at Cafe Ceresiana (opposite Migros), from 14.30 - 16.30. This month we shall be meeting on Monday, 13 and 27 September. Experienced and novice knitters are welcome so we can share our expertise. If you are a newcomer to the group please call me in advance to confirm your attendance.



Pam Blakey

091 980 45 07

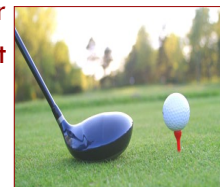
076 229 22 50

pam.blakey@yahoo.com

GOLF

We meet as usual at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A9 to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63.

Tel. 0039 031 928 055. The green fee for 9 holes = Euro 36.- during the week.



Marlene Mugglin 091 967 15 47 079 423 68 47 tourservices.lugano@freesurf.ch

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

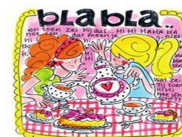
Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino 091 994 39 41 info@counselor.ch

LET'S CHAT IS GOING HIKING!

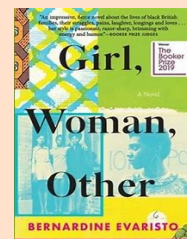
This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. (Please note we must always respect the Swiss FOPH COVID-19 guidelines). The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting.



Maria de la Cámara 079 263 04 65 maria.delacamara@gmail.com
Hanneke Sillekens 076 220 93 19 hannekesillekens@gmail.com

BOOK GROUP

When: Tuesday, 21 September
Where: 10.00 - 12.00 at the Hotel Pestalozzi
Book: “Girl, Woman Other” by Bernadine Evaristo
 October book: “Meet me at the Museum” by Anne Youngson



We have two new Group Leaders for our Book Group, Hanneke Sillekens and Margarita Vicentini. Please let them know if you plan to attend.

Esra will lead the discussion this month – the group is open to all Club members and we particularly welcome new participants.

iwclbookgroup@gmail.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other! Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.



We will go on with our activities in the Art Group respecting the social distancing policy.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

WELCOME TO OUR NEW MEMBER



Rosanna Farinella Tarallo

Via Aldesago 48

6974 Aldesago - Lugano

091 923 33 68/079 474 29 02

rosanna.farinella@gmail.com

BRIDGE, ANYONE?

The Bridge group is led by Donatella Vanoni and is for players of all abilities. The group play online so, if you would like to join in, please contact Donatella for more information on how to participate.



Dona Vanoni

079 620 49 33

donavanoni@yahoo.com

MAH JONG



Due to the Covid restrictions we are NOT playing Mahjong on a regular basis - therefore please contact us for further details ... but still on **Thursday afternoons** from 14.30 – 17.00 (at the Hotel Pestalozzi or another place to be defined).



This is a game of Chinese origin, using small engraved tiles for tables of three to four players.

It is fun, challenging and interesting. Please come along to join us any Thursday afternoon - just check first that the game is taking place.

Ruth Sergi-Baumann

079 607 82 62 (also Whatsapp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

CHARITY ACTIVITY

Thursday, 16 September

19.00: Silent auction with drinks and finger foods followed by a concert of arias performed by Soprano Lusila Mazi at 20:30 at Hotel Pestalozzi.

Price: CHF 25.- per person to be paid at the entrance.

(Price includes 1 beverage consumption)

All friends and family are welcome.

AARDT

**Associazione Archivi Riuniti
delle Donne Ticino**

www.archividonneticino.ch



SOPRANO LUSILA MAZI

Known for her warmly lyrical, dramatically present timbre, communicative expression and instinctive musicality, Canadian soprano Lusila Mazi has performed in opera and recital stages across USA, Europe, and Canada at venues such as Opera America New York, Schubert Geburtshaus Vienna, and Canadian Opera Company. She returned to Florence to reprise the role of La Contessa Almaviva in Mozart's *Le Nozze di Figaro* at Conservatorio di Musica Luigi Cherubini, and debuted Donna Elvira from Mozart's *Don Giovanni* in an evening of opera scenes and arias.

In Tuscany she has performed Suor Angelica in Puccini's *Suor Angelica* with Connecticut Lyric Opera's Greve Music Festival in Greve-in-Chianti under the mentorship of acclaimed soprano Katia Ricciarelli.

SILENT AUCTION ITEMS

We are happy to present these and more items at the silent auction. We would like to thank our members for the generous donations!

1. 5 Day stay in Casa Mariposa in Ballena, Costa Rica by Iris Frowein
2. Bio revitalization facial at Caracalla beauty salon by Birgid Giorgetti
3. One sculpture by Irene Frolich
4. Carwash voucher for Autolavaggio Autop by Elizabet Ak
5. Piece of pearl jewellery by Makiko Shiraishi
6. Painted ceramic bowl by Irma Kennaway
7. Silk Hermes scarf by Iris Frowein
8. 3 Half day ceramic class on the wheel by Iris Frowein
9. 2 Paintings from Karen Biasca
10. Painted portrait on demand by Donatella Vanoni
11. Piece of jewellery by Tara Kalsi
12. 45 Minutes session of a relaxing hypnotism introduction by Stephanie Listen
13. 1 Month unlimited online Yoga classes by Anne Prieur
14. Spa treatment at the View spa of Hotel the View by Pam Blakey
15. 2 Cases of wine by Nerida Deganis

We hope to add a few more items to the list before our auction date

GIVE

If some of you feel like helping us to reach our goal by making a financial contribution, then please feel free to make your donation to the following bank account:

Charity IBAN:

CH93 0900 0000 6508 8389 5

Account: 65-88389-5

International Women's Club

6900 Lugano

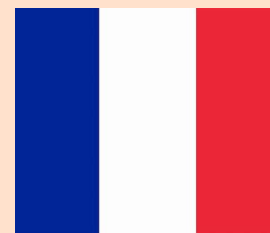
Reference of the charity name: AARDT

SIGN UP

Please sign up with Iris Frowein before September 10th at 076 746 92 31 or iris@ifinteriors.com

(Please note that all COVID safety rules will apply. The club will follow government guidelines in terms of masking, social distancing and number of guests.)

LANGUAGE CLASSES



Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com

Italian conversation for beginners with Isabella Zardi has restarted. Meetings take place online on Wednesday mornings at 09.30. Ladies interested should contact Isabella.

Contact details: 079 375 24 14

Italian Conversation for intermediate level with Maria Teresa Paladino. Meetings take place every Wednesday, on Skype at 16.30.

Contact Details: 091 994 39 41 info@counselor.ch

Spanish conversation with Elisabet Subirana will take place online, Thursdays at 13.30.

Contact details: 079 253 56 98 esubirana@bluewin.ch)

English Conversation We will meet at 10.00 on 6, 13, 20 and 27 September at Ristorante Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30 at the Café Venezia, Castagnola.

Contact details: 079 541 92 02 linflags@bluewin.ch

French Conversation (now combined with Louise Forget's group) with Claude Perrinjaquet Boni every Tuesday from 14.00 at LAC.

Contact details: 079 487 89 92 cm.boni@gmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Our next meeting is on Tuesday, 5 October at the Hotel Pestalozzi				1 Italian p.9 English p.9 Golf p.6	2 Italian p.9 Spanish p.9 Mah Jong p.7	3
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THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
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Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwcl@gmail.com

Ann Lutz

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

If you would like more information about the Club please contact either our President **Sue March**
077 924 16 76 or iwclpresident@gmail.com
or our Membership Secretary, **Jonsi Andrews**
091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
	Margarita Vicentini		
Bridge	Dona Vanoni	donavanoni@yahoo.com	079 620 49 33
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Maria de la Camara	maria.delacamara	079 263 04 65
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwclevengroup@gmail.com	079 642 40 18
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Garden Group	Velina Wüst	vel.wuest@gmail.com	091 994 65 32
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg.)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Italian Conversation (Beg.)	Piera Serra	pieraserra@gmail.com	079 913 68 04
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	mtlugano@gmail.com	079 919 38 98
Spanish	Elisabet Subirana	esubiranacata@gmail.com	079 253 56 98
Walking	Marlene Mugglin	tourservices.lugano@sunrise.ch	091 967 15 47
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

*If you have changes to the above information, please contact Sue March at iwclvicepresident@gmail.com