

**DUE TO NEW COVID REGULATIONS YOU ARE REQUIRED TO
 BRING A COVID PASS PLUS IDENTIFICATION TO THE
 MONTHLY MEETING AND ALL OTHER IWCL ACTIVITIES. ***

IWCL MONTHLY MEETING

Tuesday, 5 October at the Hotel Pestalozzi
 Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano
 09.30 - 10.15 Coffee/Tea
 10.15 - 10.30 Club Announcements
 10.30 - 11.30 Speaker: Elizabet Ak



My name is Elizabet Ak, I was born in Istanbul 45 years ago and lived there for 13 years, after which I moved with my family to Germany. There I finished the middle school and then I began my Apprenticeship for 3 years as a Dental Assistant. I was lucky to continue my work experience in the same studio.

In 1996 the love of my life brought me to Lugano. I immediately went to language school for 3 months and then found a job as a dental assistant. My first son was born in 1999, my daughter in 2002 and my youngest son in 2005. I stopped working to be a mama and stayed with my children full-time and I am very happy and lucky that I was able to do this.

Summer 2014 was the first time that I was "alone" for two weeks; my children went to summer camp. I decided to do something for myself during this time! I went to England, Brighton, to go to school and learn English. The next summer I went to London and, in summer 2016, I went to Dublin. After these experiences, I decided to do something to practise and improve my English. I found the IWCL. I am so happy about this Club, not only because I can improve my English, but because I have met very nice and interesting people here that I consider friends now.

In 2018 I met, on our 30th anniversary in Menaggio, a member who is a dentist, who gave me the opportunity, after 20 years' interruption, to work with her. I'm so grateful to her. I'm still working here in Cassarate.

For my presentation, I want to tell you about the Aramaic People; about our roots. I will show you pictures from my grandparents' village in South-East Turkey, near the Syrian border, where I spent many happy summer holidays. I show you our alphabet, the numbers, we will sing together Happy Birthday in Aramaic, you will have a dialog in Aramaic with the other ladies at the meeting. I'm sure you will enjoy all that. I'm looking forward to seeing you.

INDEX OF CONTENTS

Advance Notice	2
Art	5
Advertising	7
Board Members	7
Book Group	4
Breathe, Relax, Feel	4
Bridge	5
Calendar	7
Calendar Coordinator	8
Cancellation Policy	2
Coffee Morning	3
Contact Details	8
Covid Information	2
Golf	4
Interest Groups	8
IWCL Facebook	3
Knitting Group	3
Ladies' Lunch	3
Language Classes	6
Let's Chat in English	4
Mah Jong	5
Monthly Meetings	2
Open Doors	2
Start a New Group	3
Welcome	5

*** IMPORTANT INFORMATION – PLEASE READ CAREFULLY**

Dear Ladies,

As you may know already, **from 13 September** onwards we will be following new rules when attending club events.

Full information on this link (members with no internet access can contact the Canton Ticino hotline for information 0800 144 144)

<https://www.bag.admin.ch/bag/en/home/das-bag/aktuell/medienmitteilungen.msg-id-85035.html>

In order to protect the safety of our members, the IWCL Board is obliged to extend the COVID certificate check to all club activities, indoor and outdoor regardless of the number of participants. We therefore kindly ask you to have the following documents on hand when you join each gathering, including group activities:

ID or passport

COVID certificate in paper or on the dedicated app:

<https://apps.apple.com/ch/app/covid-certificate/id1565917320?l=en>

If you need any information on how to obtain a COVID certificate, please refer to the official information from the Federal Council:

<https://www.bag.admin.ch/bag/en/home/das-bag/aktuell/medienmitteilungen.msg-id-85035.html>

Thank you for your kind cooperation

Sabrina Nicod

(on behalf of the IWCL Board)

2021 MONTHLY MEETINGS

9 November

7 December

ADVANCE NOTICE - CHRISTMAS FAIR!

SUNDAY, 12 DECEMBER

FREE TABLES FOR IWCL MEMBERS

CHARITY TABLES COFFEE BAR

Save your goodies! Start creating!

**OPEN DOORS**

There are International Women's Clubs in most major cities throughout the world. If you are moving house or visiting for an extended period, you can find out from Jonsi who to contact in the IWC in your new location. She is our Outreach Co-Ordinator and has the Open Doors' World Directory. Please contact Jonsi to find out more.



Jonsi Andrews

iwclmembershipsecretary@gmail.com

CANCELLATION POLICY (CP)

Interest Group leaders work very hard to organise their events. It is, therefore, expected that all members respect the Club's Cancellation Policy. If you sign up for an event which you are later unable to attend you will be billed for your share of the costs, unless you are able to find a suitable substitute within the designated time limit. Thank you for your understanding and cooperation.

The Board

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at:

6900editoriwcl@gmail.com

Please note: you must use a private FB account and NOT a commercial one. Many thanks.



STARTING A NEW GROUP WITHIN IWCL

We are always open to new ideas that you might have for groups or events that will interest our members. If you have an interest or passion that you can share with us, please don't hesitate to contact me and we will go through the formal procedures for setting up a new IWCL group.



Sue March

iwclpresident@gmail.com

KNITTING GROUP

This group meets to KIP (Knit in Public) at Cafe Ceresiana (opposite Migros), from 14.30 - 16.30. **We shall not be meeting this month** but hope to meet again in November. Experienced and novice knitters are welcome so we can share our expertise. If you are a newcomer to the group please call me in advance to confirm your attendance.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

LADIES' LUNCH (CP)

There will be no Ladies' Lunch this month.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

COFFEE MORNING

New Venue: Ristorante Pizzeria Brevia

When: Friday, 22 October from 10.00 onwards

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevia, just past Pane e Zucchero, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other. Masks and social distancing rules apply.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Klaus

karenclaus600@gmail.com

GOLF

We meet as usual at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A9 to Milano after Como) exit "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63.

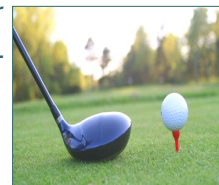
Tel. 0039 031 928 055. The green fee for 9 holes = Euro 36.- during the week.

Marlene Mugglin

091 967 15 47

079 423 68 47

tourservices.lugano@freesurf.ch



“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.

Maria Teresa Paladino

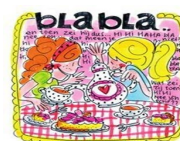
091 994 39 41

info@counselor.ch



LET'S CHAT IS GOING HIKING!

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. (Please note we must always respect the Swiss FOPH COVID-19 guidelines). The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting.



Maria de la Cámara

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

BOOK GROUP

When: Tuesday, 21 October

Where: 10.00 - 12.00 at the Hotel Pestalozzi

Book: “Meet me at the Museum” by Anne Youngson

Next meeting: 16 November - “Florios of Sicily” by S. Austi



This group is open to all Club members and we particularly welcome new participants. If you would like to sign up, please contact Margarita or Hanneke.

Margarita Vincentini & Hanneke Sillekens

iwclbookgroup@gmail.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other! Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.



We will go on with our activities in the Art Group respecting the social distancing policy.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

OUR NEW MEMBER

Anna Colombo

Via G. Vicari 10

6900 Lugano

091 943 1731/079 224 6294

colomboc.a@bluewin.ch



Born here in Ticino, Anna describes herself as curious and sporty. She enjoys travelling, music, books, walking, swimming and good eating!

BRIDGE, ANYONE?

The Bridge group is looking for a new Group leader. If you are interested to take on this role, please contact Sue for more information.

Thank you.

**MAH JONG**

Due to the Covid restrictions we are NOT playing Mahjong on a regular basis - therefore please contact us for further details ... but still on **Thursday afternoons** from 14.30 – 17.00 (at the Hotel Pestalozzi or another place to be defined).

This is a game of Chinese origin, using small engraved tiles for tables of three to four players.

It is fun, challenging and interesting. Please come along to join us any Thursday afternoon - just check first that the game is taking place.

Ruth Sergi-Baumann

079 607 82 62 (also Whatsapp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch



LANGUAGE CLASSES



Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi has restarted. Meetings take place online on Wednesday mornings at 09.30. Ladies interested should contact Isabella.

Contact details: 079 375 24 14

Italian Conversation for intermediate level with Maria Teresa Paladino. Meetings take place every Wednesday, on Skype at 16.30.

Contact Details: 091 994 39 41 info@counselor.ch

Spanish conversation with Elisabet Subirana will take place online, Thursdays at 13.30.

Contact details: 079 253 56 98 esubirana@bluewin.ch)

English Conversation We will meet at 10.00 on 11, 18 and 25 October at Ristorante Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30 at the Café Venezia, Castagnola.

Contact details: 079 541 92 02 linflags@bluewin.ch

French Conversation (now combined with Louise Forget's group) with Janine Lassere every Tuesday from 14.00 - 15.00 at LAC.

Contact details: lasserrejanine@me.com

French Conversation with Claude Perrinjaquet Boni at the Hotel Pestalozzi from 14.00 - 15.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Our next meeting is on Tuesday, 9 November at the Hotel Pestalozzi						1
2	3	4	5 Monthly Meeting p.1 French p.6	6 Italian p.6 English p.6 Golf p.4	7 Italian p.6 Spanish p.6 Mah Jong p.5	8
9	10	11 English p.6	12 French	13 Italian English Golf	14 Italian Spanish Mah Jong	15
16	17	18 English	19 French Book Group p.4	20 Italian English French p.6 Golf	21 Italian Spanish Mah Jong	22 Coffee p.3
23	24	25 English	26 French	27 Italian English Golf	28 Italian Spanish Mah Jong	29

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

INFORMATION ABOUT OUR CLUB

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please

contact either our President **Sue March**

077 924 16 76 or iwclpresident@gmail.com

or our Membership Secretary, **Jonsi Andrews**

091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
	Margarita Vicentini		
Bridge	Dona Vanoni	donavanoni@yahoo.com	079 620 49 33
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Maria de la Camara	maria.delacamara	079 263 04 65
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
French Conversation	Janine Lasserre	lasserrejanine@me.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Garden Group	Velina Wüst	vel.wuest@gmail.com	091 994 65 32
Golf	Marlene Mugglin	toursservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg.)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Italian Conversation (Beg.)	Piera Serra	pieraserra@gmail.com	079 913 68 04
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	vernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	mtlugano@gmail.com	079 919 38 98
Spanish	Elisabet Subirana	esubiranacata@gmail.com	079 253 56 98
Walking	Marlene Mugglin	toursservices.lugano@sunrise.ch	091 967 15 47
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

***If you have changes to the above information, please contact Sue March at:
iwclpresident@gmail.com**