

DECEMBER 2021
INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 294

"By members, for members; together in friendship for over 30 years."

DUE TO NEW COVID REGULATIONS YOU ARE REQUIRED TO BRING A COVID PASS PLUS IDENTIFICATION TO THE MONTHLY MEETING AND ALL OTHER IWCL ACTIVITIES.

CHRISTMAS FAIR

Sunday, 12 December

10.00 - 18.00 Hotel Pestalozzi

Buy some lovely Christmas Goodies!

Bargains galore!

Café area to sit and chat!

Support our Charity and our members' businesses!

Fantastic tables include:

*jewellery * wine* local honey * pottery artworks * pearls * glassware *
clothing books * charity * decorations
beauty products * baking * knitwear
paper craft * and more ...*

Tea, coffee and a croissant offered, 10.00 - 11.00

Wine or Prosecco offered, 16.30 - 17.30



December Monthly Meeting

Tuesday, 7 December

11.30 onwards

Hotel Pestalozzi Three-Course Christmas Lunch

The lunch is fully booked, and we have a waiting list. Please let Sue know if you have a confirmed place but are unable to attend so that it may be given to someone on the waiting list and you will not be charged.

The final vote-count for the Board will take place during the lunch. Please make sure you have sent or given in your ballot slip.

You will receive a personal confirmation email once you have reserved your place.

Please don't turn up without a confirmation.

All Covid restrictions apply.

Cancellation policy applies (CHF 38.-)



MERRY CHRISTMAS AND HAPPY NEW YEAR!

What a strange year this has been. As a Club, we began by keeping our distance, only meeting by Zoom; now we are ending with a lovely Christmas Lunch and Dinner all together. There have been so many twists and turns along the way – groups starting to get together outside, coffee mornings with masks on, limited numbers and social distancing – but still our IWCL has kept going strong.

As we move towards the end of 2021, I would like to express my gratitude and thanks to all those members who have kept the faith, kept attending the zoom and group meetings on Skype, kept sending their support and kept having fun with us even at a distance.

The best thing for me, though, has been seeing so many members again in person and hearing you expressing your delight at being able to meet up at last as the 'proper' IWCL, seeing friends, doing the normal activities and feeling the sense of sisterhood that we get from being together. It's great to know that the Club is returning to its role as a big part of so many lives.

On behalf of the Board and Chairs, I would like to wish all our members a very happy Christmas and a joyful New Year. We look forward to seeing you all in 2022.

Love from Sue X

PHOTOS FOR WEBSITE

If anyone takes photos of a Club event, it would be great if they could send them to Ruth Sergi who is in charge of website liaison so that they may be put on display.

ruthsergi@bluewin.ch

**MOVED HOUSE?
NEW EMAIL?**

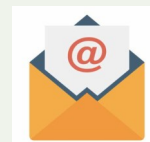
Please keep us up to date! Send your new information to Cat:

iwclhospitality@gmail.com

She will keep our database current.

We are preparing the next Directory – deadline for any changes is the end of March.

Thank you!

**CLUB DUES FOR 2022 (CHF 100.- or CHF 125.- with postal NL)****Payments are due by the end of January 2022**

To send money to the IWCL Post Account you may transfer funds from your bank to:

International Women's Club Lugano, 6900 Lugano,

IBAN: CH76 0900 0000 6900 6056 1

Bic CODE: POFICHBEXX

Post finance Bern or via your Posta account to:

Account Number: 69-6056-1

PLEASE USE YOUR REGISTERED IWCL NAME SO THAT WE MAY TRACK YOUR PAYMENT

If you have any problems or concerns about making your payment by Posta or on-line banking, please contact Jan Stanford at: **iwcltreasurer@gmail.com**

**NEW CONTACT DETAILS / NEW MEMBER**

Daniela Blaha's new email address is: **dj.blaha@bluewin.ch**

Irina Dianova's new address is: 26 via Canevascini, 6900 Lugano

Marianne Florijn's new address is: Via Pico 19, 6900 Lugano

**Nicole Unternaehrer**

Piazza Alta 7

6933 Muzzano

079 916 18 07

nicoleunter@icloud.com

After 25 years abroad, Ticinese born Nicole has returned to her roots. She describes herself as friendly, enthusiastic and reliable. Interested in the arts, she enjoys travelling, hiking and golf.

OUR IWCL CANCELLATION POLICY (CP) ... AND WHAT IT MEANS FOR YOU

Please read carefully – thank you

We are delighted to offer our members a wide range of trips, visits and events. You will be aware that for many of them, especially Cultural Visits, Parties and Cocktails, we have a Cancellation Policy (CP) which applies when you sign up. In future, we will be adding the cost to the Club for an individual to participate in an event e.g. **(CP CHF 38.-)**

This costing occurs for many reasons; because the organisers have to buy tickets well in advance to take advantage of a group rate; to hire a guide; to buy fresh produce or to secure a venue. It's essential that we know how many people to expect, so we can also fix a price!

When you sign up to attend an event, you are effectively giving your word that you will pay for your place. The Club honours your word by purchasing tickets on your behalf. Sometimes, we have a waiting list of ladies who can take your place if you are unable to attend, but quite often, we don't.

It isn't the business of the event organiser to find someone to cover for you if there is no waiting list – that's your job! The Club will have bought your ticket in good faith, and you will be expected to pay for it whether you turn up or not.

If you sign up for an event, PLEASE make a note in your diary. The LAC doesn't send you a reminder if you have bought tickets to a ballet... and the volunteer event organiser probably doesn't have time to do this either! We just expect you to turn up (as you would to the ballet...)

If you find, for whatever reason, that you are unable to take up a place that you signed for, please let the event organiser know – it seems like basic courtesy – and there might be a chance that there's someone on the waiting list! Otherwise, find someone to take your place, or you will be charged.

So – if you sign up and fail to show up, please don't be surprised or offended if you receive an email and a payment slip from our Treasurer. You shouldn't expect the other members of the Club to cover the cost of your error, after all.

Save the date

NEW YEAR COCKTAIL
JANUARY 13. 2022
HOTEL DE LA PAIX

SPRING PARTY
AL LIDO LUGANO
MAY 20. 2022

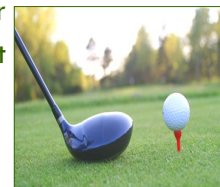
Join us!

IWCL BOARD

GOLF

We meet as usual at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A9 to Milano after Como) exit "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63.

Tel. 0039 031 928 055. The green fee for 9 holes = Euro 36.- during the week.



Marlene Mugglin 091 967 15 47 079 423 68 47 tourservices.lugano@freesurf.ch

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino 091 994 39 41 info@counselor.ch

LET'S CHAT IS GOING HIKING!

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. (Please note we must always respect the Swiss FOPH COVID-19 guidelines). The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting.



Maria de la Cámara 079 263 04 65 maria.delacamara@gmail.com
Hanneke Sillekens 076 220 93 19 hannekesillekens@gmail.com

BOOK GROUP

When: Tuesday, 14 December
Where: 10.00 - 12.00 at the Hotel Pestalozzi
Book: “The Midnight Library” by Matt Haig - presented by Sue
 Next book: “Hamnet” by Maggie O’Farrell



This group is open to all Club members and we particularly welcome new participants. If you would like to sign up, please contact Margarita or Hanneke.

Margarita Vincentini & Hanneke Sillekens iwclbookgroup@gmail.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other! Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.



We will go on with our activities in the Art Group respecting the social distancing policy.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

KNITTING GROUP

This group meets to KIP (Knit in Public) at Cafe Ceresiana (opposite Migros), from 14.30 - 16.30. We shall be meeting this month on Monday, 6 December. Experienced and novice knitters are welcome so we can share our expertise. If you are a newcomer to the group please call me in advance to confirm your attendance.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

OPEN DOORS

There are International Women's Clubs in most major cities throughout the world. If you are moving house or visiting for an extended period, you can find out from Jonsi who to contact in the IWC in your new location. She is our Outreach Co-Ordinator and has the Open Doors' World Directory. Please contact Jonsi to find out more.



Jonsi Andrews

iwclmembershipsecretary@gmail.com

MAH JONG



Due to the Covid restrictions we are NOT playing Mahjong on a regular basis - therefore please contact us for further details ... but still on **Thursday afternoons** from 14.30 – 17.00 (at the Hotel Pestalozzi or another place to be defined).



This is a game of Chinese origin, using small engraved tiles for tables of three to four players.

It is fun, challenging and interesting. Please come along to join us any Thursday afternoon - just check first that the game is taking place.

Ruth Sergi-Baumann

079 607 82 62 (also WhatsApp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

INVITATION (CP & IE*)



**CANDLELIGHT CHRISTMAS DINNER AT THE MONCUCCHETTO
VINEYARD PRIVATE RESTAURANT**

Our special “ladies only” Christmas dinner will take place this year on Tuesday, 14 December 2021 at the very special **private restaurant** at the **Moncucchetto vineyard**, Via Crivelli Torricelli 27, 6900 Lugano (behind the Moncucco hospital). Please note that due to limited places, each member may bring **one** guest. Our evening will begin with an aperitivo at 19.30 followed by dinner at 20.00.

The cost for the evening will be CHF 95.– per person (excluding wine at dinner – cost per glass: CHF 8.–).

Registration on the sign-up sheet or directly with Christine for the dinner is binding and there will be no confirmation. No payment beforehand is required, payment directly at the dinner.

Please let me know in advance if you wish to have any special seating arrangements.

No shows will be charged the full cost of the dinner. Deadline for reservations is Thursday, 9 December.

Please contact: **Christine Petersen** by email at: petersen@virak.com or you may send a message by phone: 078 854 24 68. ***COVID19 safety guidelines apply***

Menu

Aperitivo con stuzzichini di benvenuto al Moncucchetto

Tagliere di salumeria e formaggi nostrani

Quinoa con ceci all'uccelletto

Perla di cereali con leggera fonduta delle alpi

Gambero black tiger al pil pil

Terrina di lepre alle pere con salsa Chartreuse

Primo piatto

Gnocchetti di pasta fresca con zucca su crema bianca delicata e rosa di prosciutto

Piatto Principale

Filetto di maialino nero ai ribes con boccioli e funghi d'autunno con patate al rosmarino

Dessert

Tortino tiepido di cioccolato fondente con crema al cioccolato bianco

Panettone

Bevande incluse

Vino Bianco dell'Arco sull' Aperitivo

Acqua

Caffé

**THE IWCL BOARD IS PLEASED TO INVITE YOU
TO THE IWCL NEW YEAR COCKTAIL**



On Thursday, 13 January from 18.30 - 21.00
HOTEL DE LA PAIX , Via Cattori 18, 6900 LUGANO

Will be hosted in the big room downstairs

Join us to wish your friends all the best for 2022

IWCL members will enjoy the New Year Cocktail offered by the Club, which includes: welcome drinks (drinks are chosen by the Club, if you wish to purchase other refreshments you are welcome to do so at your own cost), finger food and vegetarian risotto. Companions or friends of our Ladies are welcome and will pay a fee of CHF 40.– p.p. at the entrance

REGISTRATION IS COMPULSORY: kindly contact Sabrina Nicod by 31 December (note due to the Christmas Holiday Sabrina prefers to receive an email, anyone wishing to enroll by phone may leave a message on her answering machine)

iwclevengroup@gmail.com or +41 79 642 40 18

The Board

CP: Cancellation Policy applies: Members that do not inform Sabrina a minimum of 24 hours in advance that they will not attend this event, or any who have registered for this event and then simply do not show up will be charged CHF 40.- for themselves plus an additional CHF 40.- for any guest(s) they have registered.

COFFEE MORNING

Friday, 17 December from 10.00 onwards at Ristorante Pizzeria Brevia

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevia, just past Pane e Zucchero, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other. Masks and social distancing rules apply.

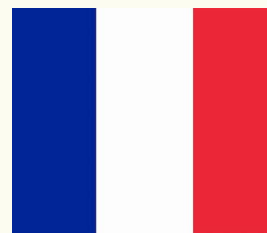


There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Klaus

karenclaus600@gmail.com

LANGUAGE CLASSES



Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi. Unfortunately, lessons have been suspended until further notice.

Contact details: 079 375 24 14

Italian Conversation for intermediate level with Maria Teresa Paladino. Meetings take place every Wednesday, on Skype at 16.30.

Contact Details: 091 994 39 41 info@counselor.ch

Spanish conversation with Elisabet Subirana will take place online, Thursdays at 13.30.

Contact details: 079 253 56 98 esubirana@bluewin.ch)

English Conversation We will meet at 10.00 on 6 and 13 December at Ristorante Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30 at the Café Venezia, Castagnola.

Contact details: 079 541 92 02 linflags@bluewin.ch

French Conversation (now combined with Louise Forget's group) with Nine Lassere every Tuesday from 14.30 - 15.30 at LAC.

Contact details: lasserrejanine@me.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini café, via Funicolare 2, Lugano (in front of the entrance to the garden of the Hotel Villa Castagnola) on 15 December from 14.00 - 15.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
OUR NEXT MEETING IS ON MONDAY, 11 JANUARY 2022 AT THE HOTEL PESTALOZZI				1	2	3
4	5	6 English p.10 KIP p.7	7 Monthly Meeting p.2 French p.10	8 Italian p.10 English p.10 Golf p.6	9 Italian p.10 Spanish p.10 Mah Jong p.7	10
11	12 Christmas Fair p.1	13 English	14 French Book Group p.6 Christmas Dinner p.8	15 Italian English French p.10 Golf	16 Italian Spanish Mah Jong	17 Coffee p.9
18	19	20	21 French	22 Italian English Golf	23 Italian Spanish Mah Jong	24
25 	26	27	28 French	29 Italian English Golf	30 Italian Spanish Mah Jong	31 

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

INFORMATION ABOUT OUR CLUB

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**
077 924 16 76 or iwclpresident@gmail.com
or our Membership Secretary, **Jonsi Andrews**
091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
	Margarita Vicentini		
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Maria de la Camara	maria.delacamara	079 263 04 65
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
French Conversation	Nine Lasserre	lasserrejanine@me.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Garden Group	Yelina Wüst	vel.wuest@gmail.com	091 994 65 32
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Italian Conversation (Beg.)	Piera Serra	pieraserra@gmail.com	079 913 68 04
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Spanish	Elisabet Subirana	esubiranacata@gmail.com	079 253 56 98
Walking	Marlene Mugglin	tourservices.lugano@sunrise.ch	091 967 15 47
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

***If you have changes to the above information, please contact Sue March at:**
iwclpresident@gmail.com