

NOVEMBER 2021 INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 293

"By members, for members; together in friendship for over 30 years."

**DUE TO NEW COVID REGULATIONS YOU ARE REQUIRED TO
BRING A COVID PASS PLUS IDENTIFICATION TO THE
MONTHLY MEETING AND ALL OTHER IWCL ACTIVITIES. ***

IWCL MONTHLY MEETING

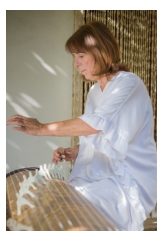
Tuesday, 9 November at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 - 10.15 Coffee/Tea 10.15 - 10.30 Club Announcements

10.30 - 11.30 Speaker: Claudia Roque Erland

THE JAPANESE KOTO - TOUCHING THE SOUL WITH MUSIC



Way back in 1983, while living in Misawa, Japan with my first husband (with the US Navy), I saw an offer on base – "Free Koto Lessons!". The Japanese Koto, the traditional 13 stringed zither like instrument, was only familiar to me from a few local concerts. My musical training was in the piano and glockenspiel, but I hadn't played either in ages. So of course I immediately signed up for the free Koto lessons!

The very kind and patient Koto Sensei (teacher), Ubukata Gagen, spoke no English, and my Japanese was not extensive, but along with 3 others from the base, we dove in headfirst. I only had one year left there, but I learned as much as I could. Upon our return to the US (Washington, DC), I thought, well, that was fun, but I won't do that again. However, after six months I found I truly missed playing. So I called the Japanese Embassy, they referred me to a local Koto Sensei, and the rest is history.

The Koto is about 6 feet long, the strings are now tetron (originally silk), with movable bridges. It is played with plectrums called 'otsume' (honourable claws), on the first three fingers of the right hand. The strings can also be plucked using the other fingers, and there are a number of different techniques that can be used to enhance the sounds. The strings are traditionally tuned to a Pentatonic, 5 tone scale, named Hira Joshi. To make it even more challenging, the music is written in Japanese!

The Koto can be adapted to almost any genre of music - very traditional Japanese, accompanied by traditional singing; part of a large group of varied instruments playing contemporary compositions; even a collaboration with an Irish Harpist! I didn't realise it when I began, but the Koto world is remarkably vibrant. Along the way, I've played at the Smithsonian Institution in Washington, DC, The East Asia Society in NYC, in London, UK, Sydney, AUS, Prague, CZ, Boston, MA, and many other venues. My most exciting audience was the former Emperor Akihito and Empress Michiko at the Japanese Ambassador's Residence in Washington!

I hope you'll enjoy hearing about Koto: the history and a few technical details. I will play excerpts from classical music up to the latest contemporary compositions. I've found that the simplicity of the Koto, with its clear sounds, is very good for the soul – at least for my soul! I'm excited to share my passion with everyone in IWCL – I hope you will enjoy it as much as I do!

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*** IMPORTANT INFORMATION – PLEASE READ CAREFULLY**

In order to protect the safety of our members, the IWCL Board is obliged to extend the COVID certificate check to all club activities, indoor and outdoor regardless of the number of participants. We therefore kindly ask you to have the following documents on hand when you join each gathering, including group activities:

ID or passport

COVID certificate in paper or on the dedicated app:

<https://apps.apple.com/ch/app/covid-certificate/id1565917320?l=en>

2021 MONTHLY MEETINGS

7 December

PHOTOS FOR WEBSITE

If anyone takes photos of a Club event, it would be great if they could send them to Ruth Sergi who is in charge of website liaison so that they may be put on display.

ruthsergi@bluewin.ch

**CLUB DUES FOR 2022 (CHF 100.- or CHF 125.- with postal NL)****Payments are due by the end of January 2022**

To send money to the IWCL Post Account you may transfer funds from your bank to:

International Women's Club Lugano, 6900 Lugano,

IBAN: CH76 0900 0000 6900 6056 1

Bic CODE: POFICHBEXX

Post finance Bern or via your Posta account to:

Account Number: 69-6056-1

**PLEASE USE YOUR REGISTERED IWCL NAME SO THAT WE MAY TRACK YOUR PAYMENT**

If you have any problems or concerns about making your payment by Posta or on-line banking, please contact Jan Stanford at: iwcltreasurer@gmail.com

BALLOT FORMS

As you may remember, voting takes place at our December Monthly Meeting for the 2022 Board. You should receive your personalised ballot form by the second week of November. Please be aware that you may **only** use your numbered ballot to submit a vote. If you lose or forget your form, unfortunately your vote will not be counted. You may either send it to a member of the Nomination Committee or hand it in at the December Monthly Meeting; **it may not be sent by email**. Thank you for your support.

The Board

Sue March (President)



Sue March was born in the UK and has lived abroad for the past 22 years. She moved to Lugano with her husband seven years ago, and joined IWCL before she even arrived! Currently serving on the Board as President, she is thoroughly and passionately involved in the life of our Club. She runs the Cooking Group and Cultural Events. She would be honoured to continue her service into 2022 as your President. An English Literature graduate, Sue has always been a teacher, working in a wide range of academic centres across Europe. With professional qualifications in Education and Drama, she has taught Theatre Arts and worked as a drama therapist, a producer and a theatre director. As a qualified counsellor, Sue's focus is on individual support, and she tries to bring a sense of personal warmth, openness and friendship into all her work within IWCL. She speaks English, French, Italian and some Dutch. She has three grownup children, two grand children and a mad cat! She represents the caring, forward-looking and inclusive spirit of our Club.

Christine Petersen (Vice President)



Christine moved to Lugano from Geneva in 2011 to settle here. She has served as Treasurer of the IWCL from 2014 -2019, and is standing for Vice President again in 2022. Internationally focused, Christine founded VIRAK, a Swiss based training and consulting company in 2002, having previously worked for many years as a Project Manager around Europe. Christine is Danish/Norwegian, spent her childhood in West Africa and the U.K., and speaks Danish, Norwegian, English, French, Italian and German. She is an experienced manager and a highly detail-oriented professional. Christine represents continuity, efficiency and the multicultural spirit of the Club.

Jan Stanford (Treasurer)



Jan Stanford has lived in Ticino for many years with her husband bringing up a family of two boys. She lives in the Malcantone, speaks Italian and has been a member of the Club for the last 3 years. She has worked in the accounting department of both Franklin University and The American School in Switzerland (TASIS) and in the last 10 years before retirement, she managed the Human Resource department of over 300 employees at TASIS which included being responsible for contracts and salaries. She is both trustworthy and reliable and is excited to be able to use her skills as Treasurer for the benefit of the club members.

Renata Del Grande (Executive Secretary)



Renata was born and raised in Lugano as a bilingual Italian and German speaker. As a language student, she lived for some time in Texas and worked on an intercultural programme for the 'American Field Service,' which inspired her enthusiasm for travel and new cultural experiences. After returning to Switzerland, Renata joined the national airline, Swissair, as an operations manager and spent time in Dakar (Senegal) and Rome before being promoted to the Geneva management team. Her work has always been focussed on communications and customer relations. As a senior staff trainer, she ran and facilitated communication and service seminars and workshops for her trainees. People are Renata's main interest in life; she also loves opera, ballet, art and literature. Since returning to live in Lugano post-retirement, Renata has been an active member of the Club. She speaks Italian, German, French, English and Spanish; she represents international experiences and traditional values and would be honoured to serve again on the Board as Executive Secretary.

OPEN DOORS

There are International Women's Clubs in most major cities throughout the world. If you are moving house or visiting for an extended period, you can find out from Jonsi who to contact in the IWC in your new location. She is our Outreach Co-Ordinator and has the Open Doors' World Directory. Please contact Jonsi to find out more.



Jonsi Andrews

iwclmembershipsecretary@gmail.com

CANCELLATION POLICY (CP)

Interest Group leaders work very hard to organise their events. It is, therefore, expected that all members respect the Club's Cancellation Policy. If you sign up for an event which you are later unable to attend you will be billed for your share of the costs, unless you are able to find a suitable substitute within the designated time limit. Thank you for your understanding and cooperation.

The Board

KNITTING GROUP

This group meets to KIP (Knit in Public) at Cafe Ceresiana (opposite Migros), from 14.30 - 16.30. We shall be meeting this month on 8 and 22 November. Experienced and novice knitters are welcome so we can share our expertise. If you are a newcomer to the group please call me in advance to confirm your attendance.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

LADIES' LUNCH (CP)

There will be no Ladies' Lunch this month.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

COFFEE MORNING

New Venue: Ristorante Pizzeria Brevia

When: Friday, 19 November from 10.00 onwards

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevia, just past Pane e Zucchero, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other. Masks and social distancing rules apply.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Klaus

karenclaus600@gmail.com

Save the date

NEW YEAR COCKTAIL
JANUARY 13, 2022
HOTEL DE LA PAIX

SPRING PARTY
AL LIDO LUGANO
MAY 20, 2022

Join us!

IWCL BOARD

CHARITY ACTIVITY

Wednesday, November 17:

Visit to the AARDT, Associazione Archivi Riuniti Della Donne Ticino
(the beneficiary of the charity funds for this year)

Price: CHF 10.-

(Fee to be paid to Iris or Pam on day of the event)

AARDT



Associazione Archivi Riuniti
delle Donne Ticino
www.archividonneticino.ch

DETAILS

We will meet at the Archive at 10:30 for coffee and cake. Afterwards Andrea will make a short presentation followed by a tour of the Archive.

Due to the ongoing COVID situation you are required to bring a COVID pass or a recent negative COVID test plus identification.

LOCATION

AARDT
Via S. Salvatore 3
6900 Massagno

SIGN UP

Please join us in this activity by emailing, texting or calling Iris before Monday, 15 November.

CLUB CANCELLATION POLICY APPLIES

We look forwards to hearing from you.

Iris Frowein Nouwen: iris@ifinteriors.com

076 746 92 31

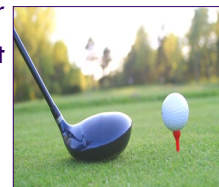
Pam Blakey: pam.blakey@yahoo.com

076 229 22 50

GOLF

We meet as usual at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A9 to Milano after Como) exit "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63.

Tel. 0039 031 928 055. The green fee for 9 holes = Euro 36.- during the week.



Marlene Mugglin

091 967 15 47

079 423 68 47

tourservices.lugano@freesurf.ch

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



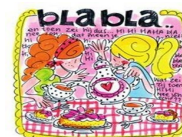
Maria Teresa Paladino

091 994 39 41

info@counselor.ch

LET'S CHAT IS GOING HIKING!

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. (Please note we must always respect the Swiss FOPH COVID-19 guidelines). The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting.



Maria de la Cámara

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

BOOK GROUP

When:

Tuesday, 16 November

Where:

10.00 - 12.00 at the Hotel Pestalozzi

Book:

“Meet me at the Museum” by Anne Youngson

Next meeting: “The Midnight Library” by Matt Haig



This group is open to all Club members and we particularly welcome new participants. If you would like to sign up, please contact Margarita or Hanneke.

Margarita Vincentini & Hanneke Sillekens

iwclbookgroup@gmail.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other! Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.



We will go on with our activities in the Art Group respecting the social distancing policy.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

EXHIBITION 'PERSONNAGES'

FONDAZIONE BRAGLIA

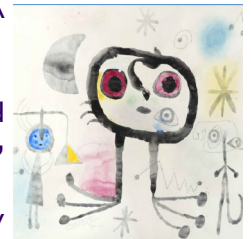
Riva Antonio Caccia 6a

Thursday, 25 November 14.30

We are delighted to offer members of IWCL another opportunity to visit the BRAGLIA Foundation and to view another of their exhibitions with an English-speaking guide.

This time, the gallery is showing some of the collected works of Gabriele and Anna BRAGLIA, under the title '**Personnages – Werefkin to Miro, Warhol to Paladino.**'

We will meet outside the gallery at 14.20. The cost of the visit, which is subsidised by the Club, is CHF 15.- per person, which includes entrance and your share of the fee for the guide. Please sign up with Sue by 20 November.



Sue March

iwclpresident@gmail.com

MAH JONG



Due to the Covid restrictions we are NOT playing Mahjong on a regular basis - therefore please contact us for further details ... but still on **Thursday afternoons** from 14.30 – 17.00 (at the Hotel Pestalozzi or another place to be defined).



This is a game of Chinese origin, using small engraved tiles for tables of three to four players.

It is fun, challenging and interesting. Please come along to join us any Thursday afternoon - just check first that the game is taking place.

Ruth Sergi-Baumann

079 607 82 62 (also Whatsapp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

INVITATION (CP & IE*)**CANDLELIGHT CHRISTMAS DINNER AT THE MONCUCCHETTO
VINEYARD PRIVATE RESTAURANT – NEW VENUE!!!**

Our special “ladies only” Christmas dinner will take place this year on Tuesday, 14 December 2020 at a **new venue** this year: the very special **private restaurant** at the **Moncucchetto vineyard**, Via Crivelli Torricelli 27, 6900 Lugano (behind the Moncucco hospital). Please note that due to limited places, each member may bring **one** guest.

Our evening will begin with an aperitivo at 19.30 followed by dinner at 20.00.

The cost for the evening will be CHF 95.– per person (excluding wine at dinner – cost per glass: CHF 8.–).

Registration on the sign-up sheet or directly with Christine for the dinner is binding and there will be no confirmation. No payment beforehand is required, payment directly at the dinner.

Please let me know in advance if you wish to have any special seating arrangements.

No shows will be charged the full cost of the dinner. Deadline for reservations is Thursday, 9 December.

Please contact: **Christine Petersen** by email at: petersen@virak.com or you may **send a message** by phone: 078 854 24 68

COVID19 safety guidelines apply

CHRISTMAS FAIR - HOTEL PESTALOZZI

SUNDAY, 12 DECEMBER, 10.00 – 18.00

Please sign up with Sue asap for your **FREE** table: iwclpresident@gmail.com

Great opportunity to declutter!



Buy some fab Christmas goodies!

Coffee and croissants offered from 10.00 - 11.00

Prosecco offered from 16.30 -17.30

Charity Table to support our own cause!

Cafe area to sit, chat and take a coffee or a glass of wine!



December Monthly Meeting

Tuesday, 7 December

11.30 onwards

Hotel Pestalozzi (CP)

Three-Course Christmas Lunch

We will have our usual Board vote, but this year, due to COVID restrictions, we are unable to hold our Pot Luck Lunch. Instead, we invite members to come together for a Festive Christmas Lunch offered by the Club.

The menu is below, obviously with a vegetarian option available, but no individual changes to the menu can be arranged. Let Sue know well in advance, however, if you have special dietary requirements.

MENU

One glass of Prosecco/Water/Coffee offered
(Other beverages at your own expense)

Mixed Starter Plate – caprese salad, cheese quiche, smoked salmon,
Gorgonzola cream puffs, mushroom croutons

Main Course – Roast Turkey with mushroom sauce, oven potatoes, spinach with butter **OR** Soya/vegetable balls with tomato and herb sauce, rice, spinach with butter.

Dessert – Panettone with vanilla sauce

Places are limited to 50, so please sign up with Sue as soon as possible at:
iwclpresident@gmail.com

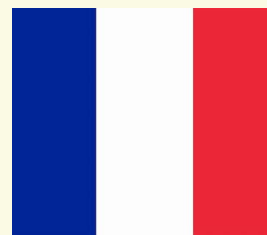
You will receive a personal confirmation email once you have reserved your place.

Please don't turn up without a confirmation.

All Covid restrictions apply.

Cancellation policy applies.

LANGUAGE CLASSES



Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi has restarted. Meetings take place online on Wednesday mornings at 09.30. Ladies interested should contact Isabella.

Contact details: 079 375 24 14

Italian Conversation for intermediate level with Maria Teresa Paladino. Meetings take place every Wednesday, on Skype at 16.30.

Contact Details: 091 994 39 41 info@counselor.ch

Spanish conversation with Elisabet Subirana will take place online, Thursdays at 13.30.

Contact details: 079 253 56 98 esubirana@bluewin.ch)

English Conversation We will meet at 10.00 on 8, 15 and 22 November at Ristorante Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30 at the Café Venezia, Castagnola.

Contact details: 079 541 92 02 linflags@bluewin.ch

French Conversation (now combined with Louise Forget's group) with Nine Lassere every Tuesday from 14.00 - 15.00 at LAC.

Contact details: lasserrejanine@me.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini café, via Funicolare 2, Lugano (in front of the entrance to the garden of the Hotel Villa Castagnola) on 17 November from 14.00 - 15.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4	5
6	7	8 English p.10 KIP p.4	9 Monthly Meeting p.1 French p.10	10 Italian p.10 English p.10 Golf p.6	11 Italian p.10 Spanish p.10 Mah Jong p.7	12
13	14	15 English	16 French Book Group p.6	17 Italian English French p.10 Golf Charity p.5	18 Italian Spanish Mah Jong	19 Coffee p.4
20	21	22 English KIP	23 French	24 Italian English Golf	25 Italian Spanish Mah Jong Exhibition p.7	26
27	28	29	30 French	OUR NEXT MONTHLY MEETING AND CHRISTMAS LUNCH WILL TAKE PLACE ON TUESDAY, 7 DECEMBER AT THE HOTEL PESTALOZZI FROM 11.30 ONWARDS		

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

INFORMATION ABOUT OUR CLUB

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**

077 924 16 76 or iwclpresident@gmail.com

or our Membership Secretary, **Jonsi Andrews**

091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
	Margarita Vicentini		
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Maria de la Camara	maria.delacamara	079 263 04 65
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
French Conversation	Nine Lasserre	lasserrejanine@me.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Garden Group	Yelina Wüst	vel.wuest@gmail.com	091 994 65 32
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Italian Conversation (Beg.)	Piera Serra	pieraserra@gmail.com	079 913 68 04
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Spanish	Elisabet Subirana	esubiranacata@gmail.com	079 253 56 98
Walking	Marlene Mugglin	tourservices.lugano@sunrise.ch	091 967 15 47
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

***If you have changes to the above information, please contact Sue March at:**
iwclpresident@gmail.com