

NOVEMBER 2022

INTERNATIONAL WOMEN'S CLUB OF LUGANO

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Issue 303

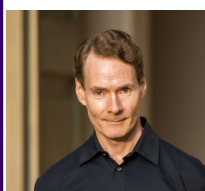
“By members, for members; together in friendship for over 30 years.”

IWCL MONTHLY MEETING

Tuesday, 8 November at the Hotel Pestalozzi
Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 - 10.15 Refreshments 10.15 - 10.30 Club Notices
10.30 - 11.30 Speaker: Patrick Carroll

“The only walls are those you build around yourself or permit others to build around you.”



Patrick Carroll sees the world – and lives it – as a place where “the only walls are those you build around yourself or permit others to build around you.”

By his own admission, Patrick spent as much – if not more – time in the hallowed halls of the British Museum during his studies of Law three blocks away at the University of London. Unlike his peers, he never perceived his Law degree as a passport to the regal legal life and said “Yes” when asked to join Harvey Nicholls, at the time London’s premiere luxury store whose customer base included the Royal Family and the first wave of wealthy sheiks from the Gulf. Poached from there by the Italian barons of Bond Street, the move to via Montenapoleone quickly followed. The damage was done; Italy had cast its spell and Patrick set about casting some of it back. Collaborating as an Advisor for over two decades with leading global business consultants to curate videos and deliver presentations for Top Management at Italy’s largest Banks, he draws on his nurtured passion for contemporary art to broaden others’ perspectives with insights into cultural and sociological themes of universal interest, often providing laser-focused Top Managers with fresh food for thought.

Patrick is a veteran collaborator at FAI, Italy’s equivalent of England’s National Trust, whose mission is to help the citizens of today and tomorrow enjoy the nation’s cultural assets. The zen-like atmosphere emanating from the US Minimalist and Environmental Art at FAI-Villa Panza in Varese where he is based invites calm reflection on the passing of time, the centrality of light, the wonder of color and the silent majesty of nature. For many years, he contributed as a columnist in the city’s monthly society magazine with the aim of stimulating new ways of seeing the world.

“It Wasn’t Always Black” is a presentation that continues in that tradition. From a single point of reference, it aims to demonstrate the power of art to undermine some of our certainties and ask more questions. Our perceptions are honed – or cloaked – by context. There are many forces at play: the world has not always appeared to us in the same way throughout the ages. Patrick will talk with us broadly about perception - and how seeing can cause some certainties to shift. Even in your wardrobe.

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2022 MONTHLY MEETINGS

6 December

CLUB DUES FOR 2023 (CHF 100.- or CHF 125.- with postal NL)**Payments are due by the end of January 2023**

Since there is a new Swiss payment system, we encourage you to pay directly from your bank account.

Account / Payable to CH76 0900 0000 6900 6056 1

INTERNATIONAL WOMEN'S GROUP 6900 Lugano

Reference: RF11 RF36 MEMB ERSB IPDU ES

Additional information: Yearly Membership Dues

If you need to pay with cash, please contact Renata and she will send you a copy of the new payment slip.

PLEASE USE YOUR REGISTERED IWCL NAME SO THAT WE MAY TRACK YOUR PAYMENT

If you have any problems or concerns about making your payment
please contact Jan Stanford at: iwcltreasurer@gmail.com

THANK YOU FOR SIGNING UP!

As you know, we have to book and pay for our big events in advance. It is really helpful that you have all been signing up with Sabrina beforehand. Please continue to do so as we announce the next events – and we look forward to seeing you there!

PUBLICISE YOUR EVENTS IN OUR NEWSLETTER ...

We welcome announcements from members of their events and will always try to publicise them in the IWCL Newsletter if possible. Please note that your event must be free and in English. Send the details to Sue: iwclpresident@gmail.com before the editorial deadline

(the 10th of the month prior to the Newsletter being published – October for November, for example.)

You might enjoy listening to a podcast hosted and produced by Christine Petersen : A Toolkit for a Better Life. This podcast talks about how our bodies and our minds work, and gives you tips and tricks for understanding yourself, being happier in yourself and living a better life. You can find the podcast on Spotify, Apple Podcast and Castbox. You can also find it on the website: www.atoolkitforabetterlife.com

YOUR CLUB NEEDS YOU

We are currently looking for **new Group Leaders for French, German, Gardening and Cooking.**

If you would be interested in running one of these groups, please contact Sue for more information.



Sue March (President)



Sue March was born in the UK and has lived abroad for the past 23 years. She moved to Lugano with her husband eight years ago, and joined IWCL before she even arrived! Currently serving on the Board as President, she is thoroughly and passionately involved in the life of our Club. She runs the Cooking Group and Cultural Events. She would be honoured to continue her service into 2023 as your President. An English Literature graduate, Sue has always been a teacher, working in a wide range of academic centres across Europe. With professional qualifications in Education and Drama, she has taught Theatre Arts and worked as a drama therapist, a producer and a theatre director. As a qualified counsellor, Sue's focus is on individual support, and she tries to bring a sense of personal warmth, openness and friendship into all her work within IWCL. She speaks English, French, Italian and some Dutch. She has three grownup children, two grand children and a mad cat! She represents the caring, forward-looking and inclusive spirit of our Club.

Christine Petersen (Vice President)



Christine moved to Lugano from Geneva in 2011 to settle here. She has served as Treasurer of the IWCL from 2014 -2019, and is standing for Vice President again in 2023. Internationally focused, Christine founded VIRAK, a Swiss based training and consulting company in 2002, having previously worked for many years as a Project Manager around Europe. Christine is Danish/Norwegian, spent her childhood in West Africa and the U.K., and speaks Danish, Norwegian, English, French, Italian and German. She is an experienced manager and a highly detail-oriented professional. Christine represents continuity, efficiency and the multicultural spirit of the Club.

Jan Stanford (Treasurer)



Jan Stanford has lived in Ticino for many years with her husband bringing up a family of two boys. She lives in the Malcantone, speaks Italian and has been a member of the Club for the last 4 years. She has worked in the accounting department of both Franklin University and The American School in Switzerland (TASIS) and in the last 10 years before retirement, she managed the Human Resource department of over 300 employees at TASIS which included being responsible for contracts and salaries. She is both trustworthy and reliable and is excited to be able to use her skills as Treasurer for the benefit of the club members.

Renata Del Grande (Executive Secretary)



Renata was born and raised in Lugano as a bilingual Italian and German speaker. As a language student, she lived for some time in Texas and worked on an intercultural programme for the 'American Field Service,' which inspired her enthusiasm for travel and new cultural experiences. After returning to Switzerland, Renata joined the national airline, Swissair, as an operations manager and spent time in Dakar (Senegal) and Rome before being promoted to the Geneva management team. Her work has always been focussed on communications and customer relations. As a senior staff trainer, she ran and facilitated communication and service seminars and workshops for her trainees. People are Renata's main interest in life; she also loves opera, ballet, art and literature. Since returning to live in Lugano post-retirement, Renata has been an active member of the Club. She speaks Italian, German, French, English and Spanish; she represents international experiences and traditional values and would be honoured to serve again on the Board as Executive Secretary.

CHARITY PROPOSAL 2023

Our Charity Committee would consist of Yvonne Amiconi as Chair, Cindy Korfmann, Christina Laubi, Mouna Eitouni and Francesca Leuthold. Of course, the support of all members of IWCL would be both necessary and highly appreciated.

Our proposal is for IWCL to support the **CASA DEI CIECHI**, Via Torricelli 45, Lugano as our charity beneficiary for 2023.

The **CASA DEI CIECHI** forms part of the "Associazione Melograno" which for 110 years has offered "un cammino di luce," a path of light, to those who are either totally blind or with failing eyesight.

STAC, "La Società Ticinese per l'Assistenza dei Ciechi di Lugano" operates under Montessori ideology and principles with professionalism, dedication and kindness.

There is accommodation for day visitors and long term patients. They accept blind and partially sighted clients, with or without Alzheimer's, by medical referral. They have a long waiting list, a beautiful building, an extensive garden and above all a fantastic staff.... but insufficient funds.

More information can be found in their newly edited booklet (May 2022) published by STAC. The title of the booklet is "Ci Sarà Sempre Una Luce," which is indeed their mission statement!

If the proposal were to be voted for by the Club members, we would determine, in conjunction with the STAC Directors, an appropriate project which we could take on; for example, a complete updating of their mixed media resources (audio books, braille documents, tactile items) or the creation of a new sensory indoor garden or the purchasing of stimulatory tactile and musical artefacts.

We would present our project in more detail, along with our ideas for fund-raising, early in the New Year at a Monthly Meeting.

The Charity Committee

***IWCL: "TOGETHER IN FRIENDSHIP FOR OVER
30 YEARS" - LET'S KEEP IT THAT WAY!***

As Winter approaches, and the weather changes, some of us go out less. We might not meet us as often as before, so please remember to check on your friends if you haven't seen them at Club activities for a while. Our IWCL is a 'sisterhood' - let's try to look after each other and make sure we are all ok.

WELCOME TO OUR NEW MEMBERS



Ilona Pongracz

Via Giovanni Ferri

6900 Lugano

091 825 33 03

076 566 63 42

info@ethika.ch

Swiss born, Ilona and her partner, came to Ticino to enjoy the quality of life. Her interests are music (opera), literature, nature (walking), animals (dogs). She describes herself as entrepreneurial, tenacious and a perfectionist. She spent 30 years in Geneva, where she worked for the International Red Cross as a fundraiser and created Ethika (helping charities raise funds for activities).

Olena Masneva

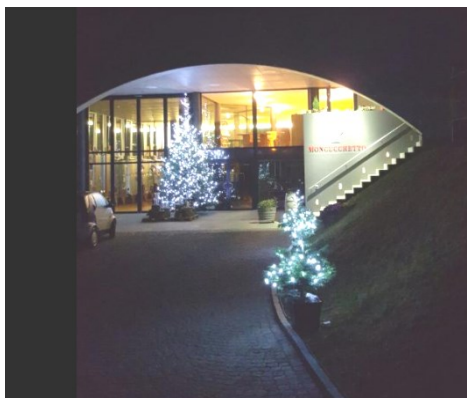
Via Viganello 2

6900 Lugano

+41 703 6037 81

olena.masneva@gmail.com

Her three self descriptive words...Diplomat, Journalist and Ukrainian. Ukrainian born Olena came to Ticino as a refugee from the current war in her country. She is interested in reading, writing and social media.



INVITATION (CP)

CANDLELIGHT CHRISTMAS DINNER AT THE MONCUCCHETTO VINEYARD PRIVATE RESTAURANT

Our special "ladies only" Christmas dinner will take place this year on Tuesday 13 December 2022 at the very special **private restaurant** at the **Moncucchetto vineyard**, Via Crivelli Torricelli 27, 6900 Lugano (behind the Moncucco hospital).

Please note that due to limited places, each member may bring one guest.

Our evening will begin with an aperitivo at 19.00 followed by dinner at 19.45.

The cost for the evening will be CHF 95.– per person (excluding wine at dinner).

The registration on the sign-up sheet or directly with Christine for the dinner is binding and there will be no confirmation. No payment beforehand is required, payment directly at the dinner.

Please let me know in advance if you wish to have any special seating arrangements.

No shows will be charged the full cost of the dinner. Deadline for reservations is Thursday 8 December.

Please contact:

Christine Petersen by email at: petersen@virak.com or send a message by phone: 078 854 24 68.

**PLEASE DONATE ITEMS FOR THE IWCL CHARITY TABLE
AT OUR CHRISTMAS FAIR**

PLEASE DONATE YOUR PRE-LOVED, BEAUTIFUL, SALEABLE ITEMS
TO THE CHARITY TABLE AT THE IWCL CHRISTMAS FAIR
ON 24 NOVEMBER AT HOTEL PESTALOZZI
THERE WILL ALSO BE A BOOK TABLE, SO PLEASE DONATE SOME LOVELY NOVELS
(written in English, of course!)

THEY CAN BE LEFT WITH SUE, CLAUDE OR AT THE HOTEL RECEPTION
ANY TIME AFTER 15 NOVEMBER THANK YOU IN ADVANCE

IWCL Christmas fair

Thursday, 24th November
Hotel Pestalozzi 14.00-20.00

Stalls, crafts, gifts, cafe.

PROGRAMME

14.00 - hot coffee and biscuits

16.00 - tea and cakes

18.00 - aperitivo and bubbles

Free admission

Water offered throughout the day



NEW MUSIC APPRECIATION GROUP

I know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?



This is the group for you!! I want to create an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

Please sign up to this 'Music Appreciation Group' so that we can keep each other informed about all the musical events taking place in Lugano. I look forward to hearing from you, and I will get back to you soon with some ideas!

Malu Natali

078 715 13 12

positivo9945@gmail.com

IWCL PHOTOS NOW ON DROPBOX

We are moving all the photos from our IWCL events to Dropbox for easy viewing and downloading. This means that you can at any time go to the link:

<https://www.dropbox.com/sh/oon9x7eyidui009/AAB9s3cAlgxiBt3prgifWPFMa?dl=0>

and click on any of the years to see photos from the events that happened that year.

When you click on any photo, then you can download the photo to your computer, or simply view it.

The work to transfer the photos will take time to complete so please be patient. We hope you enjoy the photos as much as we do!

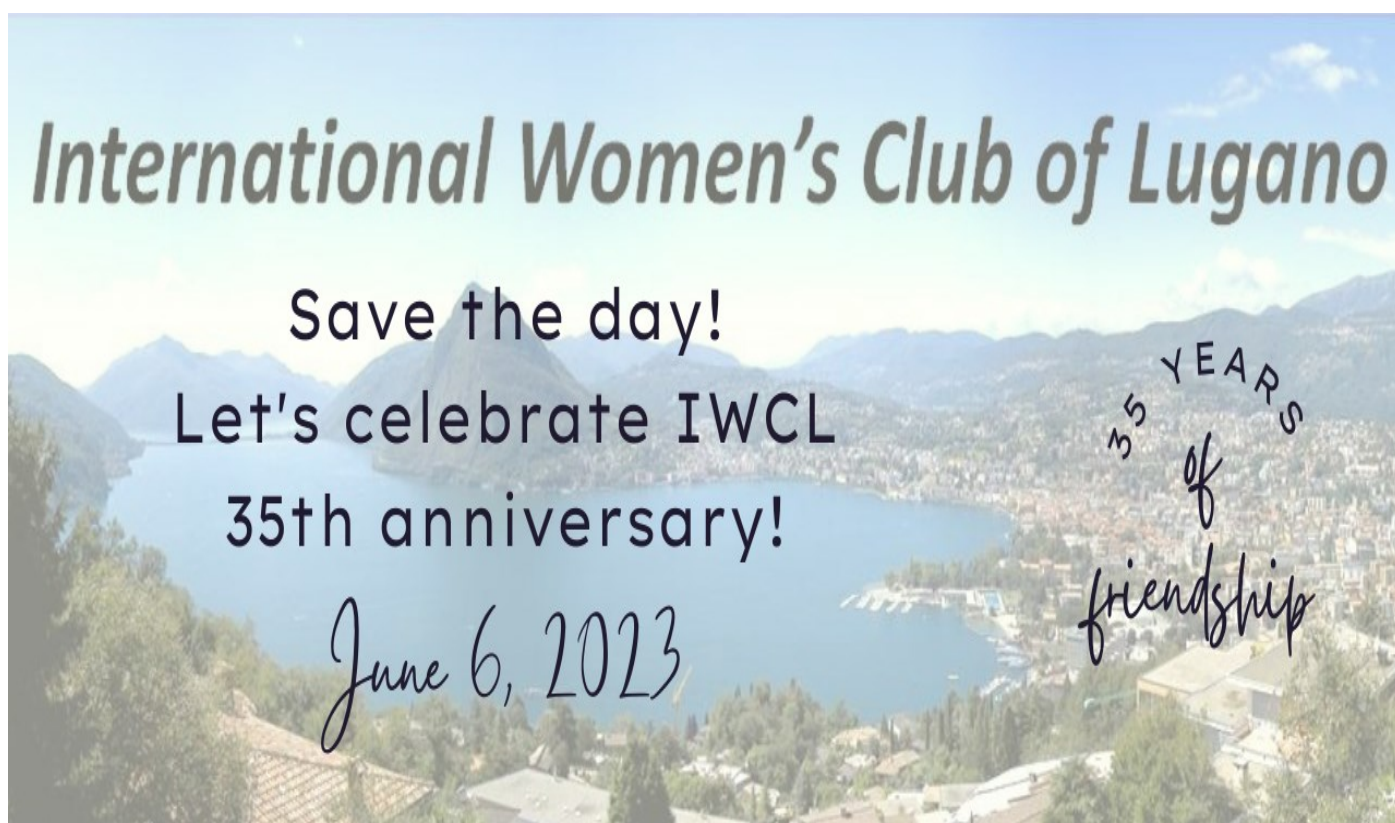
Christine Petersen, Vice President

BIRTHDAYS IN OUR DIRECTORY

Some of our members recently proposed that we have a section in our annual Directory which shows members' birthdays. It's a very nice idea. Please note that we only wish to include "days", not "dates"!

For example, we would like to include "MEMBER X – 17 January; MEMBER Y – 24 January, etc," but with no years attached! This is so that those ladies who wish to remain discreet about their age can continue to be so!

Therefore, if you DO NOT WISH to have your birthday included in our next year's Directory (2023) please can you contact our Treasurer, Jan, who is going to organise this for us: iwcltreasurer@gmail.com



COOKING GROUP (CP)

We have a beautiful, new, purpose-built venue, **La Cascina, Via Cremignone 4G in Sorengo!**

Come and check out the view, the facilities, the superb kitchen and dining area!

"RACLETTE! THE REAL DEAL!"

TUESDAY, 15 NOVEMBER - 18.30 onwards

Our Cooking Group is open to ALL MEMBERS each month – the only requirements are to reserve your place early and to clear up afterwards!! Come and join us so we can learn, cook and eat together. We continue our exciting Cooking Group adventures in November with a Real Raclette Evening, proposed by Liz and Rosemary.



We will continue to have a carefully timed 'first come, first served' approach to reserving a place, with a waiting list made from ladies who contact me by phone, email or sign-up sheet when the initial list is full.

Starter:

Beef carpaccio, cuchaule (saffron bread), Moutarde de Benichon

Main:

Raclette, boiled potatoes, pickled onions, gherkins, mushrooms, etc

Dessert:

Meringues and double cream from Gruyère

Bricelets, Cuquettes, Anis Bisquits

Cherries in Kirsch

Wine and Water Included

When: Tuesday, 15 November, 18.30 onwards

Where: La Cascina, Via Cremignone 4G, Sorengo

Cost: Up to CHF 40.- per participant (usually less.) Our cancellation policy applies.

Parking: There is ample free parking. A short, two-minute walk uphill is rewarded by the great location. There is a drop-off point (as we had at Viganello) if you are carrying heavy items. You will receive more details when you reserve your place.

Required: Tea towel, apron, willingness to ensure the kitchen is spotless before we leave!

To book your place or for more information (we can accommodate up to 12 people) please contact Sue.

Sue March

077 924 16 76

iwclpresident@gmail.com

ADVERTISEMENT

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Dear Friends,

I am definitely moving back to Milan. For this reason I am organising a "garage sale" in my apartment on 3 and 4 December from 10.00 to 12.00 and from 15.00 to 18.00 My address is:

Silvia Cavanna

Via Agostino Soldati, 8 - Lugano 6900

Phone 076 404 10 46

A lot of nice things are waiting for you at a very cheap price!

See you soon

Silvia



IWCL DANCE PARTY

✱ Bring your dancing shoes and your friends!

December 9
18:30 to 23:30

Caffè dell'Aeroporto, Agno
✱ CHF 25pp (1 drink and food)

Join us ready to dance, or just to chat with your friends.

Price includes one drink and aperitivo style food (it'll be filling and will include sweet treats).

IWCL members and guests will benefit from the same rate offering you the chance to bring along your other half or friends at a budget which is easy on the wallet.

We hope you will support this new Board initiative by inviting your loved ones to come along.

Date: Friday, 9 December

Location: Caffè dell'Aeroporto,

Time: 18.30 to 23.30 / check-in from 18.30 to 19.00

Please note that food will be served from the beginning, not all night long. If you plan to arrive late, let us know in advance, as we will be dancing the night away.

Cancellation policy applies for no shows

Price: CHF 25pp

Cash and exact change are much appreciated

Deadline: Tuesday, 6 December

Sue March

077 924 16 76

iwclpresident@gmail.com

CULTURAL VISIT (CP - CHF20)**PAUL KLEE**

LAC – Lugano Arte e Cultura Piazza Bernardino Luini 6, Lugano Centro

THURSDAY, 17 November, 11.00...

followed by Ladies' Lunch (please see separate lunch information below)

MASI Lugano presents an extraordinary collection of drawings and etchings by Paul Klee from the Sylvie and Jorge Helft collection, currently located at LAC. The collection, being exhibited all together in a museum for the first time, boasts around seventy works including pencil, pen and pastel drawings, watercolours, etchings and lithographs that cover a lengthy period of the artist's career, from 1914 to his death. Patiently assembled from the 1970s onwards, this coherent group of works eloquently highlights the power and the importance of drawing, line drawing in particular, in Klee's art.



This is an expensive exhibition, so instead of a 'person' guide, we will use individual audio-guides instead. We get a reduced group entry rate, so the total cost will be 20ChF per person to include the audio guide. We will purchase the group ticket in advance, so please sign up for the exhibition with Sue by 10 November and kindly remember that this is a CP event. We will meet in the LAC foyer at 10.50. Please book separately with Lilo for the Ladies' Lunch.

Sue March

077 924 16 76

iwclpresident@gmail.com

**LADIES' EARLY CHRISTMAS LUNCH
AT JO FISHBAR, LUGANO**

Thursday, 17 November at 13.00

Dear Ladies,

Will gather at JO Fishbar for an early Christmas Lunch, please join us!

Date: 17 November
Time: 13.00
Address: JO fishbar, Piazza Cioccaro 12, 6900 Lugano
Google map to location: <https://goo.gl/maps/RcvcEgLrpb6GXGi6>
Parking: The closest parking is Autosilo Motta, in Lugano
Sample menu: <https://www.jo-fishbar.com/menus>



Please join by writing to:

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

Some of us will take part in the visit to the Paul Klee exhibit that morning, details above. Please remember to contact Sue March directly if you wish to join the group at MASI at LAC, Piazza Bernardino Luini 6, 6900 Lugano <https://www.masilugano.ch/en/1188/paul-klee>

GOLF

We will meet as usual at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A(to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 36.- during the week.

**Marlene Mugglin**

091 967 15 47

079 423 68 47

tourservices.lugano@freesurf.ch

PHOTOS FOR WEBSITE

If anyone takes photos of a Club event, it would be great if they could send them to Ruth Sergi so that they may be put on display.

ruthsergi@bluewin.ch

**LET'S CHAT IS GOING HIKING!**

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting.

**Maria de la Cámara**

079 263 04 65

maría.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

MAH JONG

Do you like to play board games? Why not try MAHJONG? About 16 years ago we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different).

You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62 (also Whatsapp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other! Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.



We will go on with our activities in the Art Group respecting the social distancing policy.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

"BREATHE, RELAX, FEEL!"

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on 15 November, when our discussion of the timeless classic 'Tess of the d'Urbervilles,' by Thomas Hardy, will be led by Sue. Come and join us even if you haven't read the book! You might be tempted! Our December book is: *"The Bookish Life of Nina Hill "* by Abbi Waxman



November is our 'choosing month' so please give some thought to which books you would like to read and/or lead for the following year. Kindly send a brief synopsis to Hanneke before the meeting. She will collate all our ideas in advance, so that we can vote knowledgeably. Remember that, by suggesting a book, you are not committing to leading the group's discussion, unless you wish to do so. Even if you can't make it to the November group, you will be able to vote for your choices - just keep an eye out for Book Group emails!

There will be a Book Group table at the IWCL Christmas Fair this year, on 24 November, so please think about donating those pre-loved novels to raise money for our next charity beneficiary. The books can be left at Pestalozzi reception at any point.

And finally, December's book will be 'The Bookish Life of Nina Hill.' At Book Group in December we will also have our 'Secret Santa Party.' Choose a book that you love (not necessarily a new copy) to wrap and gift anonymously for Christmas to another Book Group participant, in a special festive meeting on 13 December. We look forward to seeing you all soon. Happy reading!

Hanneke Sillekens

iwclbookgroup@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

CULTURAL VISIT (CP)

CULTURAL VISIT TREMONA-CASTELLO ARCHAEOLOGICAL PARK AND MUSEUM

Tuesday, 22 November: 10.30 onwards

The small village of Tremona has become famous for its archaeological excavations which have been carried out since 2000. Teams of archaeologists and volunteers have uncovered the well preserved remains of a hilltop settlement which, with its remarkable finds, provides unique insights into the past of the region. Most of all, archaeology shows us what life was like in a medieval village. Excavations have revealed how the villagers lived and died, how their houses were built and what conditions were like for both peasants and the lord of the castle.



The archaeological park offers a detailed reconstruction of the daily life of a rural village during medieval times, through a route illustrated by panels in two languages (Italian and French). We will have translators at hand for anyone who requires this. We will see the strategic role the settlement had during the past, and discover the daily life led by the inhabitants, through interesting characters and themes, such as the blacksmith and his workshop, the activities of village women, the houses, crops and food.

We will meet in the carpark at Tremona (Via al Castello) at 10.30. The archaeological park is reachable within 15 minutes by foot, following the trail leaving from Tremona. Good shoes and warm, waterproof clothing are advised. We will be met by Dr Alfio Martinelli, who many of you met when he spoke so eloquently at our October Monthly Meeting. He began the research; he will explain the site and lead our tour.

If the weather is bad, I will call you in the morning and we will reschedule our visit!

Please contact Sue to reserve your place.

Sue March

077 924 16 76

iwclpresident@gmail.com

‘LET’S LEARN LATIN!’

(...the dancing, not the language!)

Wednesdays, 10.00 - 11.30, Hotel Pestalozzi

Our very successful Latin Dance Group continues weekly from September! Blanca, our own Chilean Senorita, will teach us some more spicy Latin moves as we prepare for another performance at the Christmas Party! No need for any experience, just enthusiasm, comfortable clothes and shoes. The only cost will be your share of the room rental, payable in advance, which will be CHF 35.- or CHF 40.- depending on the number of participants.



The classes will begin on Wednesday, 14 September, and weekly as follows. Places are limited so please contact Blanca in person to reserve yours!

Always Wednesdays from 10.00 to 11.30 - 12 sessions in total.

2, 9, 15, 23 and 30 November

7 December

Blanca Giovannari

076 817 77 52

Blanca.giovannari333@gmail.com

OPEN DOORS

There are International Women's Clubs in most major cities throughout the world. If you are moving house or visiting for an extended period, you can find out from Jonsi who to contact in the IWC in your new location. She is our Outreach Co-Ordinator and has the Open Doors' World Directory. Please contact Jonsi to find out more.



Jonsi Andrews

iwclmembershipsecretary@gmail.com

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.

Pam Blakey 091 980 45 07 076 229 22 50

pam.blakey@yahoo.com



CANCELLATION POLICY (CP)

Interest Group leaders work very hard to organise their events. It is, therefore, expected that all members respect the Club's Cancellation Policy. If you sign up for an event which you are later unable to attend you will be billed for your share of the costs, unless you are able to find a suitable substitute within the designated time limit. Thank you for your understanding and cooperation.

The Board

COFFEE MORNING

New Venue: Ristorante Pizzeria Brevia

When: Friday, 18 November

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevia, just past Pane e Zuccherio, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Klaus

karenclaus600@gmail.com



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com

Italian conversation for beginners with Isabella Zardi will take place at her house in Breganzona. Ladies interested should contact Isabella."

Contact details: 079 375 24 14

Spanish conversation recommences weekly from Tuesday, 19 April with Blanca Giovannari at the LAC Cafe. Please contact her if you would like to participate. Initially, all ability levels are welcome.

Contact details: 076 817 77 52 Blanca.giovannari333@gmail.com

English Conversation We will meet at 10.00 on Monday, 7, 14, 21 and 28 November at Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo.

Contact details: 076 224 90 01 karendaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Jan Stanford on Wednesday, 16 and 30 November. Venue: La Cascina in Sorengo.

Contact details: 076 681 08 42 iwcltreasurer@gmail.com

French Conversation with Claude Perrinjaquet Boni at the new venue "La Cascina" in Sorengo on Wednesday, 9 November from 14.00 - 15.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

German Conversation (If you would to organise this group, please contact Sue. Thank you.)

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			Spanish p.16 1	English p.16 2 Golf p.12 Dance p.14	Italian p.16 3 Mah Jong p.2	4
5	6	English p.16 7	Monthly Mtg. p.1 8 Spanish	English 9 French p.16 Golf Dance	Italian 10 Mah Jong	11
12	13	English 14	Spanish 15 Book Group p.12 Cooking p.9	English 16 Golf Dance	Italian 17 Mah Jong Paul Klee p.11 Ladies' Lunch p.11	Coffee p.15 18
19	20	English 21	Spanish 22 Cultural Visit p.14	English 23 Golf Dance	Italian 24 Mah Jong Christmas Fair p.6	25
26	27	English 28	Spanish 29	English 30 Golf Dance	OUR LAST MEETING IN 2022 IS A POTLUCK LUNCH ON 6 DECEMBER AT THE HOTEL PESTALOZZI	

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
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Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com
Events	Sabrina Nicod	079 642 40 18	iwcleveninggroup@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

INFORMATION ABOUT OUR CLUB

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**

077 924 16 76 or iwclpresident@gmail.com

or our Membership Secretary, **Jonsi Andrews**

091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
	Elizabeth Ak	iwcleveninggroup@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg.)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Latin Dancing	Blanca Giovannari	Blanca.giovannari333@gmail.com	076 817 77 52
Liaison	Waltraud Vitaliano	waltraud.vitaliano@gmail.com	
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	rocio_cuervo@hotmail.com	
Music	Malu Natali	positivo9945@gmail.com	078 715 13 12
Spanish Conversation	Blanca Giovannari	Blanca.giovannari333@gmail.com	076 817 77 52
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

*If you have changes to the above information, please contact Sue March at:
iwclpresident@gmail.com