

OCTOBER 2022

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 302

"By members, for members; together in friendship for over 30 years."

IWCL MONTHLY MEETING

Tuesday, 4 October at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 - 10.15 Refreshments

10.15 - 10.30 Club Notices

10.30 - 11.30 Speaker: Alfio Martinelli

"UNCOVERING THE PAST IN MENDRISIO"



Alfio Martinelli is a Swiss-Italian archaeologist who studied Archaeology and Old English at Nottingham University where he graduated in 1985.

In 1991 Alfio Martinelli, curious at the place name of "Castello" (Castle) took a walk in the area and noticed lines of stones hidden underneath thick vegetation indicating the possibility of a settlement, which eventually emerged as dwellings and workshops among the wood's plants and trees.

In 2000 he founded ARAM (Associazione Ricerche Archeologiche del Mendrisiotto) an association for archeological research in Ticino. Up to 2019, joined by Italian colleagues and with the invaluable help of over 100 volunteers, ARAM excavated the multi-period site of Tremona-Castello situated in the Italian speaking part of Switzerland (Canton Ticino) a few miles from Mendrisio. He will talk of and illustrate the fascinating site, which members of IWCL visited years ago.

The settlement of Tremona-Castello, with an altitude of 650m, is perfectly situated to dominate the main routes from Como and Varese towards Riva San Vitale, Monte Ceneri and the Alpine passes. It had been continuously inhabited for about 6000 years, from the Neolithic period up to the 15th century, until it was abruptly abandoned following a devastating attack. The last inhabitants left within a few decades for reasons which are not yet clear.

Ever since the site has been left undisturbed for centuries, overgrown by plants and woods leaving no trace except for a name on the maps.

The view from the top of the hill on a clear day is breath-taking. To the South-East you can see the Baradello Tower and as you follow the horizon towards the West you see the plain, passing through the centre of Seprio, extending towards Varese.

On a windy day when the sky is clear, you can even see the brand new skyscrapers of Milan. Without taking anything away from the beauty of the place, which had certainly exerted its undoubted charms in the past, such a strategic position could not have gone unnoticed, particularly in times when controlling and observing the routes of communication marked the difference between prosperity and paucity, domination and submission, life or death for the communities that lived there.

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2022 MONTHLY MEETINGS

8 November

6 December

CHARITY PROPOSALS FOR 2023

The Board has already received one charity proposal for next year, but all members are able to propose a charity according to protocols explained in our bylaws. These can be found at the beginning of your Directory. If you wish to make a proposal, please contact Renata:

iwclsecretary@gmail.com

She will send you copies of the relevant documents, which should then be returned to her before the October Monthly Meeting on Tuesday, 4 October.

Please don't hesitate to contact a member of the IWCL Board if you need any more information.

THANK YOU FOR SIGNING UP!

As you know, we have to book and pay for our big events in advance. It is really helpful that you have all been signing up with Sabrina beforehand. Please continue to do so as we announce the next events – and we look forward to seeing you there!

PUBLICISE YOUR EVENTS IN OUR NEWSLETTER ...

We welcome announcements from members of their events and will always try to publicise them in the IWCL Newsletter if possible. Please note that your event must be free and in English. Send the details to Sue: iwclpresident@gmail.com before the editorial deadline

(the 10th of the month prior to the Newsletter being published – October for November, for example.)

You might enjoy listening to a podcast hosted and produced by Christine Petersen : A Toolkit for a Better Life. This podcast talks about how our bodies and our minds work, and gives you tips and tricks for understanding yourself, being happier in yourself and living a better life. You can find the podcast on Spotify, Apple Podcast and Castbox. You can also find it on the website: www.atoolkitforabetterlife.com

***WE WANT YOU ...
NEW GROUP LEADERS WANTED***

Ladies, we have recently received several requests and suggestions from members for a German Conversation Group. We would love someone to start up this group again. Please do consider offering your skills for an hour a week to some enthusiastic fellow members.



As many of you know, our lovely member Nine Laserre is leaving us to return to Vevey with her husband. She will be greatly missed, not least because she leaves a space for another French Conversation Group Leader. If you might be able to help with this group, please contact Sue.

We are also looking for a new group leader for the Garden Group, if you are interested please contact us.

The Board

iwclpresident@gmail.com

INVITATION TO NOMINATE BOARD MEMBERS

To keep the Club vital and strong, our Board positions must be filled for the coming year (2023). In accordance with the Bylaws, nominations for these positions may be submitted by any member. You may nominate another member or yourself. Please ensure, however, that the person you nominate is willing to take on the position you are proposing. If you are interested in standing for election, please contact Sue beforehand to discuss the commitment and work involved.

Please send your nominations to one of the ladies of the Nominating Committee **BEFORE 10 OCTOBER**.

Yvonne Barbero

Via Ceresio 17

6963 Pregassona

Waltraud Vitaliano-Jansen

Via Trevano 7

6900 Lugano

Please complete and cut out this coupon and send it to one of the Nominating Committee members. Alternatively, you may bring it with you to the October Monthly Meeting.

I WISH TO NOMINATE:

_____ PRESIDENT

_____ VICE PRESIDENT

_____ SECRETARY

_____ TREASURER

ENGLISH CONVERSATION

Jan Stanford is offering a new English Conversation Group to Club members and the residents of Sorengo at La Cascina on Wednesday, 12 October at 14.30. Jan's full contact details are on page 16.

Address (you cannot drive up to the location): La Cascina, Via Cremignone 4g, 6924 Sorengo

Public transportation FLP <https://flpsa.ch/index/en/> stop on request Sorengo it's just a few minutes walk, driving/parking it's a 1 minute walk up hill to La Cascina. Free parking (blue disc) in front of the Casarico complex, or pay parking in the municipal parking lot just on the left side of the free parking.



ENGLISH CONVERSATION
LA CASCINA, SORENGO

IWCL: "TOGETHER IN FRIENDSHIP FOR OVER 30 YEARS" - LET'S KEEP IT THAT WAY!

As Winter approaches, and the weather changes, some of us go out less. We might not meet us as often as before, so please remember to check on your friends if you haven't seen them at Club activities for a while. Our IWCL is a 'sisterhood' - let's try to look after each other and make sure we are all ok.

CLUB ACCOUNTS AND STATISTICS 2021

2021 Income

Income	2021	2020	Difference
Member Fees current year	19'408.97	22'833.15	-3'424.18
Initiation Fee	0.00	690.00	-690.00
Advertising	0.00	0.00	0
Miscellaneous income	100.00	0.00	+100.00
Special events	0.00	3'000.00	-3'000.00
Contingency fund	0.00	0.00	0.00
Printed Newsletter	600.00	325.00	+275.00
Total Income	20'108.97	26'848.15	-6'739.18
Charity	5'015.00	385.50	+4'629.50

Expenses	2021	2020	Difference
Charity and donation	100.00	5'000.00	-4'900.00
Membership Directory	1'841.65	1'841.65	0.00
Office expenses	7'407.94	5'743.07	+1'664.87
Special events	10'699.60	7'873.55	+2'826.05
Meeting expenses	5'662.49	2'429.00	+3'233.49
Post bank costs	389.77	216.07	+173.70
Culturale Events	150.00	-259.87	+409.87
Miscellaneous	1'380.80	62.55	+1'318.25
Tax	0.00	0.00	0.00
Total expenses	27'632.25	22'906.02	+4'726.23

2021 Office expenses

Office Expenses	2021	2020	Difference
Postage	806.95	547.90	+259.05
Office material newsletter	1'554.15	893.35	+660.80
Insurance	231.10	231.10	0.00
Office supplies	212.55	652.63	-440.08
Accounting/legal expenses	1'500.00	1'500.00	0.00
Internet Related expenses	2'303.19	1'918.09	+385.10
Office expenses	6'607.94	5'743.07	+864.87

2021 Assets

Assets	2021	2020	Difference
Petty Cash	0.00	0.00	0.00
Current account	27'028.94	15'442.47	+11'586.47
Savings account	0.00	21'771.95	-21'771.95
Web site	750.00	1'200.00	-450.00
Charity account	5'708.26	635.01	+5'073.25
Prepayments	231.10	231.10	0.00
TOTAL ASSETS	33'718.30	39'280.53	-5'562.23



*International
Women's Club
of Lugano*

Membership Statistics

Total members:

- 2018 – 235
- 2019 – 230
- 2020 – 259
- 2021 – 192
- 2022 - 180

Members joined:

- 2018 – 37
- 2019 – 40
- 2020 – 37
- 2021 – 8
- 2022 - 16

Members left :

- 2018 – 24
- 2019 – 20
- 2020 – 24
- 2021 – 59
- 2022 - 28

Age groups 2022

(number of members):

- 20-30: 0
- 30-40: 12
- 41-50: 25
- 51-60: 50
- 61-70: 59
- 71-80: 14
- 81-91: 2
- No age: 18

Nationalities end 2022 – 180 members

Australia – 2

Austria – 3

Belgium – 3

Brazil - 1

Britain – 22

Canada – 2

Chile – 1

Denmark – 1

Holland – 4

Egypt - 1

Portugal – 1

South Africa – 1

Spain - 2

Sweden – 3

Switzerland – 64

USA – 16

NEW MUSIC APPRECIATION GROUP

I know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.



BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?

This is the group for you!! I want to create an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

Please sign up to this 'Music Appreciation Group' so that we can keep each other informed about all the musical events taking place in Lugano. I look forward to hearing from you, and I will get back to you soon with some ideas!

Malu Natali

078 715 13 12

positivo9945@gmail.com

IWCL PHOTOS NOW ON DROPBOX

We are moving all the photos from our IWCL events to Dropbox for easy viewing and downloading. This means that you can at any time go to the link:

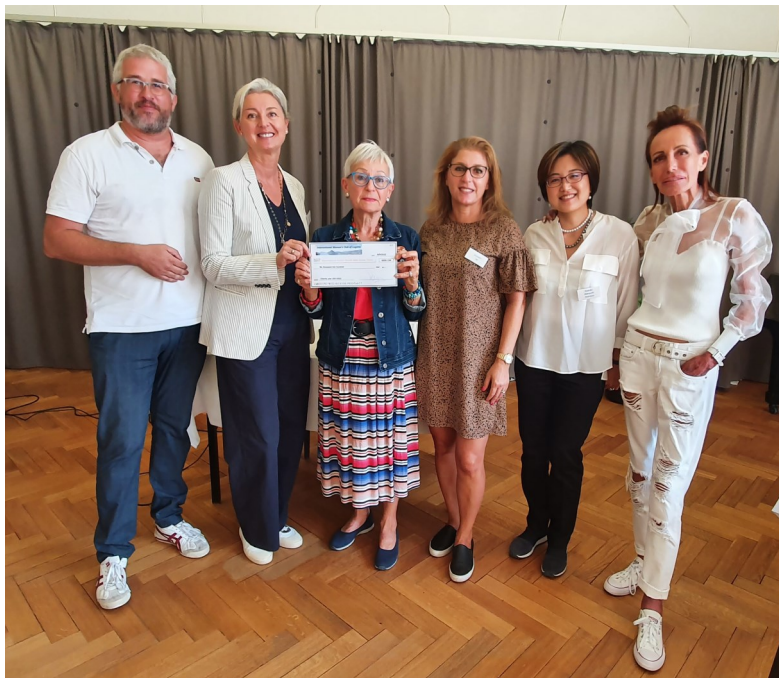
<https://www.dropbox.com/sh/oon9x7eyidui009/AAB9s3cAlqxiBt3prqifWPFMa?dl=0>

and click on any of the years to see photos from the events that happened that year.

When you click on any photo, then you can download the photo to your computer, or simply view it.

The work to transfer the photos will take time to complete so please be patient. We hope you enjoy the photos as much as we do!

Christine Petersen, Vice President



IWCL Charity Committee

AARDT

Associazione Archivi Riuniti
delle Donne Ticino
www.archividonneticino.ch

BENEFICENZA

Negli scorsi giorni l'International Womens Club Lugano ha consegnato 6.200 franchi agli Archivi riuniti delle donne Ticino, associazione le cui attività l'IWCL ha deciso così di sostenere.

WELCOME TO OUR NEW MEMBERS

Rosanna De Lazzer-Orth

Via Ronchi 15, 6821 Rovio
043 355 90 22/079 54 104 33
rosanna.de-lazzer@lazzer.ch



Born in Mexico City, Rosanna holds both Mexican and Swiss citizenship. Rosanna and her husband relocated in May from the Zurich area...looking forward to warmer weather and the Latin flair of Ticino. Her three chosen self-descriptive words are open, creative and assertive. She keeps busy with painting, writing, reading and mind puzzles and enjoys travelling, cultural events, trying new restaurants, nature walks and water activities.

Camilla Poletti

Via Chiodenda 9b, 6982 Agno
091 605 10 44/076 347 04 04
camilla.poletti21@gmail.com

Describing herself as dynamic, sociable and generous of herself, Camilla has returned to Ticino after 33 years in Romandie, Geneva, Nyon etc. Born in Bergamo and holding Swiss citizenship, she is interested in essential oils, Bach flowers, energies, flowers and plants. Cooking, interior decorating, dogs, birds and fashion are a few of the things she enjoys.

Annelies Storm

Via Gaggini Da Bissone 14, 6900 Lugano
076 292 23 02
annelisah29@icloud.com

Dutch born in Rotterdam, Annelies describes herself as optimistic, sporty and curious. Enjoying the pleasant Mediterranean lifestyle in Ticino she follows her interests and hobbies: hiking, biking, writing, photography, reading and travelling.

COOKING GROUP (CP)

We have a beautiful, new, purpose-built venue, **La Cascina, Via Cremignone 4G in Sorengo!**

Come and check out the view, the facilities, the superb kitchen and dining area!

“A REAL ITALIAN EVENING” - Tuesday, 11 October, 18.30 onwards

Our Cooking Group is open to **ALL MEMBERS** each month – the only requirements are to reserve your place early and to clear up afterwards!! Come and join us so we can learn, cook and eat together. We continue our exciting Cooking Group adventures in October with a **Real Italian Menu**, proposed by **Dania and Marina**.



We will continue to have a carefully timed ‘first come, first served’ approach to reserving a place, with a waiting list made from ladies who contact me by phone, email or sign-up sheet when the initial list is full.

Starter:	Risotto Milanese style
Main:	Bollito misto (beef, veal, tongue, chicken and cotechino) with salsa verde, vegetables and mostarda
Dessert:	Tiramisu

Wine and Water Included

When:	Tuesday, 11 October, 18.30 onwards
Where:	La Cascina, Via Cremignone 4G, Sorengo
Cost:	Up to CHF 40.- per participant (usually less.) Our cancellation policy applies.
Parking:	There is ample free parking. A short, two-minute walk uphill is rewarded by the great location. There is a drop-off point (as we had at Viganello) if you are carrying heavy items. You will receive more details when you reserve your place.
Required:	Tea towel, apron, willingness to ensure the kitchen is spotless before we leave!

To book your place or for more information (we can accommodate up to 12 people) please contact Sue.

Sue March

077 924 16 76

iwclpresident@gmail.com

DANISH EVENING AT LA CASCINA WITH OUR COOKING GROUP IN SEPTEMBER



Busy, fun and delicious!
Thank you Christine for hosting a wonderful evening. All are welcome at our Cooking Group events ... just remember to sign up early as places are limited!

Hello everyone!

It's that time of year again when your IWCL Board begins to prepare our Club Christmas activities. As usual, we are planning to hold our traditional Christmas Fair, just a little bit earlier this year!

Please get in touch with me soon as possible to **RESERVE YOUR TABLE**. As you know, spaces are limited, and it's always a very popular event.

We will be at the Hotel Pestalozzi with our cafe, our Prosecco, the usual friendly faces - so please save the date even if you don't want to take a table. A lovely flyer will follow., but here are the basic details.

IWCL CHRISTMAS FAIR

Hotel Pestalozzi 14.00-20.00

Email Sue:

Thursday, 24 November

PLACES ARE LIMITED SO RESERVE YOUR TABLE ASAP!

iwclpresident@gmail.com

IWCL Christmas fair

*Thursday, 24th November
Hotel Pestalozzi 14.00-20.00*

*Stalls, crafts, gifts, cafe.
PROGRAMME*

14.00 - hot coffee and biscuits

16.00 - tea and cakes

18.00 - aperitivo and bubbles

Free admission

Water offered throughout the day



**PLEASE DONATE ITEMS FOR THE IWCL CHARITY TABLE
AT OUR CHRISTMAS FAIR**

PLEASE DONATE YOUR PRE-LOVED, BEAUTIFUL, SALEABLE ITEMS
TO THE CHARITY TABLE AT THE IWCL CHRISTMAS FAIR
ON 24 NOVEMBER AT HOTEL PESTALOZZI

THEY CAN BE LEFT WITH SUE, CLAUDE OR AT THE HOTEL RECEPTION
ANY TIME AFTER 15 NOVEMBER

CULTURAL VISIT (CP)

**The Capucine Convent of Santa Maria del Bigorio
Monday, 17 October**



We are thrilled offer a guided tour to step back in time and visit the Capuchin Friars's convent in Bigorio. Please note that the friars do not speak English, our guide will speak Italian and we will help with the translating.

Time: 10.30
Visit: 1h / 1h 15 minutes
Lunch: 12.00
Price: About CHF 40 pp (menu available upon reservation) water included
Wine and coffee are extra.

The Capucine Convent of Santa Maria del Bigorio is located on a terraced hill at 728 m above sea level, surrounded by chestnuts. It dominates the beautiful landscape of the region around Lugano and nearby Lombardy. The visit is free of charge; however, we have a limit of 20 guests, therefore our cancellation policy will apply (CP). No shows will be charged CHF 10.- which will be donated to our charity

To join please write or call no later than October 4, we have a minimum number of people to reach to have lunch at the Convent so, please also clearly state if you are staying for lunch along dietary restrictions:

Convento Santa Maria dei Frati Cappuccini

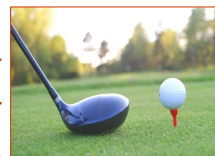
Via Convento 42, 6954 Bigorio – Capriasca
website (Italian only): <https://bigorio.ch>

Parking on site link to google map: <https://goo.gl/maps/PvVvFCFhQVuuyx7j6>

Walking to the Convent taking the Via Crucis from Tesserete: <https://www.schweizmobil.ch/en/hiking-in-switzerland/services/places-of-interest/sehenswuerdigkeit-0532.html>

GOLF

We will meet as usual at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A(to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 36.- during the week.



Marlene Mugglin 091 967 15 47 079 423 68 47 tourservices.lugano@freesurf.ch

PHOTOS FOR WEBSITE

If anyone takes photos of a Club event, it would be great if they could send them to Ruth Sergi so that they may be put on display.

ruthsergi@bluewin.ch



LET'S CHAT IS GOING HIKING!

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting.



Maria de la Cámara 079 263 04 65 maria.delacamara@gmail.com
Hanneke Sillekens 076 220 93 19 hannekesillekens@gmail.com

BOOK GROUP

When: Tuesday, 18 October

Where: 10.00 - 12.00 at the Hotel Pestalozzi

Book: *The Vanishing Half* by Britt is a multi-generational family saga that tackles prickly issues of racial identity and bigotry and conveys the corrosive effects of secrets and dissembling



November book: *"Tess of the d'ubervilles"* by Thomas Hardy

This group is open to all Club members and we particularly welcome new participants. If you would like to sign up, please contact Hanneke or Sue.

Hanneke Sillekens
Sue March

077 924 16 76

iwclbookgroup@gmail.com
iwclpresident@gmail.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other! Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.



We will go on with our activities in the Art Group respecting the social distancing policy.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

"BREATHE, RELAX, FEEL!"

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

091 994 39 41

info@counselor.ch

MAH JONG

Do you like to play board games? Why not try MAHJONG?



About 16 years ago we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different).

You are very welcome to participate - please contact us for further information!

All COVID restrictions of course apply.

Ruth Sergi-Baumann

079 607 82 62 (also Whatsapp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

International Women's Club of Lugano

Save the day!
Let's celebrate IWCL
35th anniversary!

June 6, 2023

35 YEARS
of
friendship

'LET'S LEARN LATIN!'

(...the dancing, not the language!)

Wednesdays, 10.00 - 11.30, Hotel Pestalozzi

Our very successful Latin Dance Group continues weekly from September! Blanca, our own Chilean Senorita, will teach us some more spicy Latin moves as we prepare for another performance at the Christmas Party! No need for any experience, just enthusiasm, comfortable clothes and shoes. The only cost will be your share of the room rental, payable in advance, which will be CHF 35.- or CHF 40.- depending on the number of participants.



The classes will begin on Wednesday, 14 September, and weekly as follows. Places are limited so please contact Blanca in person to reserve yours!

Always Wednesdays from 10.00 to 11.30 - 12 sessions in total.

5, 12 and 19 October
2, 9, 15, 23 and 30 November
7 December

Blanca Giovannari

076 817 77 52

Blanca.giovannari333@gmail.com

OPEN DOORS

There are International Women's Clubs in most major cities throughout the world. If you are moving house or visiting for an extended period, you can find out from Jonsi who to contact in the IWC in your new location. She is our Outreach Co-Ordinator and has the Open Doors' World Directory. Please contact Jonsi to find out more.



Jonsi Andrews

iwclmembershipsecretary@gmail.com

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.

Pam Blakey 091 980 45 07 076 229 22 50

pam.blakey@yahoo.com



CANCELLATION POLICY (CP)

Interest Group leaders work very hard to organise their events. It is, therefore, expected that all members respect the Club's Cancellation Policy. If you sign up for an event which you are later unable to attend you will be billed for your share of the costs, unless you are able to find a suitable substitute within the designated time limit. Thank you for your understanding and cooperation.

The Board

COFFEE MORNING

New Venue: Ristorante Pizzeria Brevia

When: Friday, 21 October

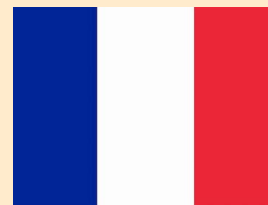
We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevia, just past Pane e Zuccherio, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Klaus

karenclaus600@gmail.com



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com

Italian conversation for beginners with Isabella Zardi has restarted. Meetings take place online on Wednesday mornings at 09.30. Ladies interested should contact Isabella.

Contact details: 079 375 24 14

Spanish conversation recommences weekly from Tuesday, 19 April with Blanca Giovannari at the LAC Cafe. Please contact her if you would like to participate. Initially, all ability levels are welcome.

Contact details: 076 817 77 52 Blanca.giovannari333@gmail.com

English Conversation We will meet at 10.00 on Monday, 3, 10, 17, 24 and 31 October at Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo.

Contact details: 076 224 90 01 karendaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Jan Stanford on Wednesday, 12 October at 14.30. Venue: La Cascina in Sorengo.

Contact details: 076 681 08 42 iwcltreasurer@gmail.com

French Conversation with Claude Perrinjaquet Boni at the new venue "La Cascina" in Sorengo on Wednesday, 19 October from 14.00 - 15.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

German Conversation (If you would to organise this group, please contact Sue. Thank you.)

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		English p.16 ³	Monthly Mtg. p.1 Spanish p.16 ⁴	Italian p.16 ⁵ English p.16 Golf p.12 Dance p.14	Italian p.16 ⁶ Mah Jong p.13	⁷
8	9	English ¹⁰	Spanish Cooking p.9 ¹¹	Italian ¹² English Golf Dance	Italian Mah Jong ¹³	¹⁴
15	16	English ¹⁷ Cultural Visit p.11	Spanish Book Group p.12 ¹⁸	Italian ¹⁹ English French p.16 Golf Dance	Italian Mah Jong ²⁰	²¹ Coffee p.15
22	23	English ²⁴	Spanish ²⁵	Italian ²⁶ English Golf	Italian Mah Jong ²⁷	²⁸
29	30	English ³¹	OUR NEXT MONTHLY MEETING WILL TAKE PLACE ON 8 NOVEMBER AT THE HOTEL PESTALOZZI			

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com
Events	Sabrina Nicod	079 642 40 18	iwcleveninggroup@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

INFORMATION ABOUT OUR CLUB

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**

077 924 16 76 or iwclpresident@gmail.com

or our Membership Secretary, **Jonsi Andrews**

091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
	Elizabeth Ak	iwcleveninggroup@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg.)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Latin Dancing	Blanca Giovannari	Blanca.giovannari333@gmail.com	076 817 77 52
Liaison	Waltraud Vitaliano	waltraud.vitaliano@gmail.com	
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	rocio_cuervo@hotmail.com	
Music	Malu Natali	positivo2945@gmail.com	078 715 13 12
Spanish Conversation	Blanca Giovannaari	Blanca.giovannari333@gmail.com	076 817 77 52
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

***If you have changes to the above information, please contact Sue March at:
iwclpresident@gmail.com**