

DECEMBER 2022
INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 304

"By members, for members; together in friendship for over 30 years."

"Please note that if our Cancellation Policy applies to any event that you sign up for, you will be expected to pay the individual cost to the Club if you do not turn up."

IWCL CHRISTMAS LUNCH

Tuesday, 6th December

11.00 at Hotel PESTALOZZI

(CP CHF 35)

in lieu of the Monthly Meeting

Sadly, COVID is again prevalent in Lugano, and since our members' safety is paramount, we will yet again forgo our Pot Luck Christmas Lunch this year in favour of a sit-down, served meal.

We are delighted to invite our members to come together for a delicious lunch to celebrate the start of the festive season. Please choose from -

Meat Menu:-

- * Prosecco and a glass of red or white wine
- * Aperitivo platter of smoked salmon, cheese quiche, caprese salad, Gorgonzola cream puffs, zucchini fritter
- * Main of roast turkey with mushroom sauce, roast potatoes, buttered spinach
- * Dessert of panettone with vanilla sauce
- * Table water

Vegetarian Menu:-

- * Prosecco and a glass of red or white wine
- * Aperitivo platter with pizzette, cheese quiche, caprese salad, Gorgonzola cream puffs, zucchini fritter
- * Cheese and zucchini strudel, mushroom sauce, rice, buttered spinach
- * Dessert of panettone with vanilla sauce
- * Table water
- ***Coffee and additional beverages at your discretion***

As last year, places are limited because safe space is at a premium. You **MUST** sign up with Sue in advance, and choose from the meat or vegetarian menus above:-

Email- iwclpresident@gmail.com

DEADLINE TO SIGN UP IS 25 NOVEMBER

You will receive a confirmation email in response - PLEASE don't turn up without a confirmation, as this is embarrassing for all concerned.

We look forward to seeing you all soon.

Best wishes from IWCL Board.

2023 MONTHLY MEETINGS

10 January 7 February 7 March 4 April 9 May 6 June

CLUB DUES FOR 2023 (CHF 100.- or CHF 125.- with postal NL)**Payments are due by the end of January 2023**

Since there is a new Swiss payment system, we encourage you to pay directly from your bank account.

Account / Payable to CH76 0900 0000 6900 6056 1

INTERNATIONAL WOMEN'S GROUP 6900 Lugano

Reference: RF11 RF36 MEMB ERSB IPDU ES

Additional information: Yearly Membership Dues

If you need to pay with cash, please contact Renata and she will send you a copy of the new payment slip.

PLEASE USE YOUR REGISTERED IWCL NAME SO THAT WE MAY TRACK YOUR PAYMENT

If you have any problems or concerns about making your payment
please contact Jan Stanford at: iwcltreasurer@gmail.com

PUBLICISE YOUR EVENTS IN OUR NEWSLETTER ...

We welcome announcements from members of their events and will always try to publicise them in the IWCL Newsletter if possible. Please note that your event must be free and in English. Send the details to Sue: iwclpresident@gmail.com before the editorial deadline

(the 10th of the month prior to the Newsletter being published – October for November, for example.)

You might enjoy listening to a podcast hosted and produced by Christine Petersen : A Toolkit for a Better Life. This podcast talks about how our bodies and our minds work, and gives you tips and tricks for understanding yourself, being happier in yourself and living a better life. You can find the podcast on Spotify, Apple Podcast and Castbox. You can also find it on the website: www.atoolkitforabetterlife.com

NEW GERMAN LANGUAGE GROUP

Improve your German language skills! We will work with texts, photos, drawings, imagination and fantasy to become more fluent and correct in speaking.

Level: Depending on the participants, we will find the way to combine pleasure and improvement.

As a teacher of adult language courses, I have a great experience.

Where: Ristorante Al Vecchio Torchio, in Viganello

When: Every first and third Monday of each month, at 10.00

Our first meeting will be on 16 January 2023

What to bring: Paper, pen and colored pencils

Interested: Send an email to: danielamannu@hotmail.com



IWCL: "TOGETHER IN FRIENDSHIP FOR OVER 30 YEARS" - LET'S KEEP IT THAT WAY!

As Winter approaches, and the weather changes, some of us go out less. We might not meet us as often as before, so please remember to check on your friends if you haven't seen them at Club activities for a while. Our IWCL is a 'sisterhood' - let's try to look after each other and make sure we are all ok.

THANK YOU FOR SIGNING UP!

As you know, we have to book and pay for our big events in advance. It is really helpful that you have all been signing up with Sabrina beforehand. Please continue to do so as we announce the next events – and we look forward to seeing you there!

OUR IWCL CANCELLATION POLICY (CP)

... AND WHAT IT MEANS FOR YOU

Please read carefully – thank you.

We are delighted to offer our members a wide range of trips, visits and events. You will be aware that for many of them, especially Cultural Visits, Parties and Cocktails, we have a **Cancellation Policy (CP)** which applies when you sign up. In future, we will be adding a note of the cost to the Club for an individual to participate in an event (e.g. CP CHF 38).

This costing occurs for many reasons; because the organisers have to buy tickets well in advance to take advantage of a group rate; to hire a guide; to buy fresh produce or to secure a venue. It's essential that we know how many people to expect, so we can also fix a price!

When you sign up to attend an event, you are effectively giving your word that you will pay for your place. The Club honours your word by purchasing tickets on your behalf. Sometimes, we have a waiting list of ladies who can take your place if you are unable to attend, but quite often, we don't.

It isn't the business of the event organiser to find someone to cover for you if there is no waiting list – that's your job! The Club will have bought your ticket in good faith, and you will be expected to pay for it whether you turn up or not.

If you sign up for an event, PLEASE make a note in your diary. The LAC doesn't send you a reminder if you have bought tickets to a ballet... and the volunteer event organiser probably doesn't have time to do this either! We just expect you to turn up (as you would to the ballet...)

If you find, for whatever reason, that you are unable to take up a place that you signed for, please let the event organiser know – it seems like basic courtesy – and there might be a chance that there's someone on the waiting list! Otherwise, find someone to take your place, or you will be charged. So – if you sign up and fail to show up, please don't be surprised or offended if you receive an email and a payment slip from our Treasurer. You shouldn't expect the other members of the Club to cover the cost of your error, after all.

The Board

INVITATION (CP-CHF 95)**CANDLELIGHT CHRISTMAS DINNER AT THE MONCUCCHETTO VINEYARD PRIVATE RESTAURANT**

Our special "ladies only" Christmas dinner will take place this year on Tuesday 13 December 2022 at the very special **private restaurant** at the **Moncucchetto vineyard**, Via Crivelli Torricelli 27, 6900 Lugano (behind the Moncucco hospital).

Please note that due to limited places, each member may bring one guest.

Our evening will begin with an aperitivo at 19.00 followed by dinner at 19.45.

The cost for the evening will be CHF 95.– per person (excluding wine at dinner).

The registration on the sign-up sheet or directly with Christine for the dinner is binding and there will be no confirmation. No payment beforehand is required, payment directly at the dinner.

Please let me know in advance if you wish to have any special seating arrangements.

No shows will be charged the full cost of the dinner.

Deadline for reservations is Friday, 9 December. Please contact:

Christine Petersen by email at: petersen@virak.com or send a message by phone: 078 854 24 68.

MENU 1

Stuzzichini di benvenuto in finger food

Millefoglie di vitello e lardo con gelatina al maraschino e tavolozza di colori

Manzo in due cotture con soffice di patate all'extravergine e verdure di stagione

Delizia al fondente con arachidi al fumo e fiocchi di sale

Caffè e panettone

MENU VEGETARIANO

Stuzzichini di benvenuto in finger food

Sfoglia croccante con indivia brasata e salsa al burro bianco

Flan vegetale con soffice di patate all'extravergine e verdure di stagione

Delizia al fondente con arachidi al fumo e fiocchi di sale

Caffè e panettone

PLEASE LET ME KNOW YOUR MENU PREFERENCE IN ADVANCE

WELCOME TO OUR NEW MEMBERS



Germaine Monica Rusch

Via Ressiga 2 B
6983 Magliaso
076 369 94 35

Describing herself as cheerful, honest and imaginative, Germaine enjoys languages, literature, drawing, swimming and music. Born in Zurich, she has lived, studied and worked in England, Lucerne, Geneva, Basel. Having spent many years vacationing in the Lugano area with her partner, she has now settled in Ticino.



Flavia Casati

Via Bellavista 3
6946 Ponte Capriasca
076 394 06 74
flavia.casati@bluewin.ch

Holding Swiss citizenship, Amsterdam born, Flavia describes herself as sociable, reliable and amicable. Coming to Ticino to finish her degree at Franklin College. She enjoys hiking, cooking and cinema.

PLEASE SHOW RESPECT TO OUR GUEST SPEAKERS

As you all know, our keynote speakers each month are volunteers, giving us the benefit of their time and knowledge at our Monthly Meetings. It's up to us, therefore, to show that we appreciate them.

Please can we all make sure that we do the following:-

Try to arrive on time, or if you're late, come in quietly if the presentation has begun.

Turn off your mobile phone for the duration of the presentation.

Avoid chatting with your neighbour during the presentation and
coffee/tea will no longer be served once the presentation has begun.

Thank you, ladies.

ADVANCE NOTICE - SAVE THE DATE

Announcing ... **an Irene Frohlich 'Happening'**

Hi ladies, I'm proposing a special surprise evening at my home:

- Where:** Via Cassarinetta 2, 6900 Lugano (next to Hotel Delfino, at Bus stop 2, Santa Birgitta)
- When:** Tuesday, 10th January at. 18.30, finishes ca 21.00
- What:** it will be a surprise, but will include sharing my 40 year old passion for QiGong - where you will be invited to try self-massage and some meditative movement that transform stress into vitality and breathing into relaxation.



I will also share with you my new passion for a bit of magic, with my latest artistic material: crazy fun hats made of Moos Gummi! You will be invited to try them on and take most colorful photos!

There will be some nibbles and harmless drinks. It's free of charge but you can contribute to our new charity and if you wish bring some finger food.

Register directly with Irène: 076 334 55 50

NEW MUSIC APPRECIATION GROUP

I know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?



This is the group for you!! I want to create an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

Please sign up to this 'Music Appreciation Group' so that we can keep each other informed about all the musical events taking place in Lugano. I look forward to hearing from you, and I will get back to you soon with some ideas!

Malu Natali

078 715 13 12

positivo9945@gmail.com

IWCL PHOTOS NOW ON DROPBOX

We are moving all the photos from our IWCL events to Dropbox for easy viewing and downloading. This means that you can at any time go to the link:

<https://www.dropbox.com/sh/oon9x7eyidui009/AAB9s3cAlgxiBt3prgifWPFMa?dl=0>

and click on any of the years to see photos from the events that happened that year.

When you click on any photo, then you can download the photo to your computer, or simply view it. The work to transfer the photos will take time to complete so please be patient. We hope you enjoy the photos as much as we do!

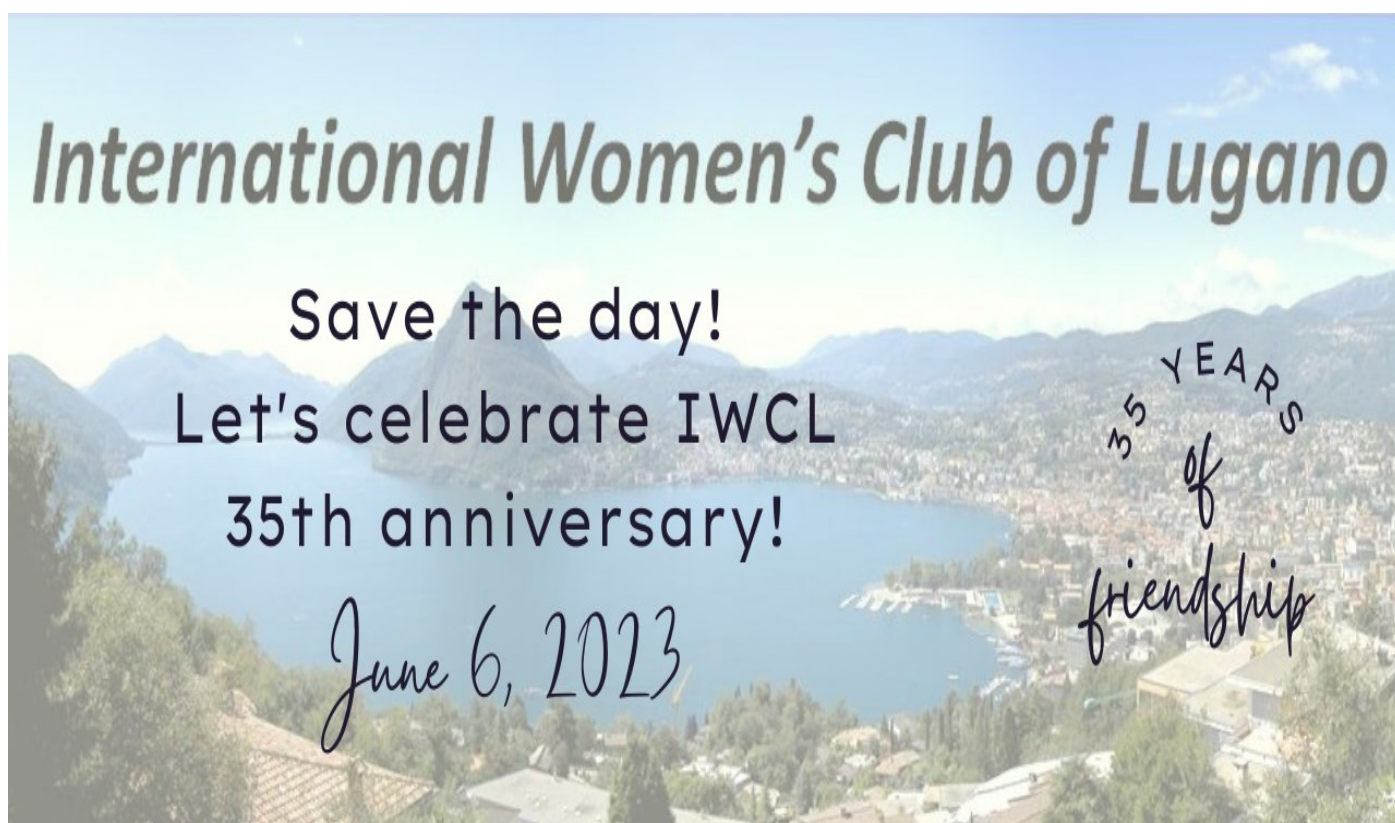
Christine Petersen, Vice President

BIRTHDAYS IN OUR DIRECTORY

Some of our members recently proposed that we have a section in our annual Directory which shows members' birthdays. It's a very nice idea. Please note that we only wish to include "days", not "dates"!

For example, we would like to include "MEMBER X – 17 January; MEMBER Y – 24 January, etc," but with no years attached! This is so that those ladies who wish to remain discreet about their age can continue to be so!

Therefore, if you DO NOT WISH to have your birthday included in our next year's Directory (2023) please can you contact our Treasurer, Jan, who is going to organise this for us: iwcltreasurer@gmail.com



The IWCL Board is pleased to invite you to the



IWCL NEW YEAR COCKTAIL **(CP*)**

On January 26 from 18:30 till 21.00

HOTEL DE LA PAIX, Via Cattori 18, 6900 LUGANO

Join us to wish your friends all the best for 2022

IWCL members will enjoy the New Year Cocktail offered by the Club, which includes: welcome drinks (drinks are chosen by the club, if you wish to purchase other refreshments you are welcome to do so at your own cost), finger food and vegetarian risotto. Companions or friends of our Ladies are welcome and will pay at the entrance a fee of CHF 50 p.p.

REGISTRATION IS COMPULSORY: kindly contact Sabrina Nicod by **January Monthly Meeting** (note due to the Christmas Holiday Sabrina prefers to receive an email, anyone wishing to enroll by phone may leave a message on her answering machine)

e-mail: iwclevengroup@gmail.com Mobile: +41 79 642 40 18

The Board

***CANCELLATION POLICY APPLIES:**

Members that do not inform Sabrina a minimum of 24 hours in advance that they will not attend this event, or any who have registered for this event and then simply do not show up will be charged CHF 50.- for themselves plus an additional CHF 50.- for any guest(s) they have registered.

COOKING GROUP (CP)

We have a beautiful, new, purpose-built venue, **La Cascina, Via Cremignone 4G in Sorengo!**
Come and check out the view, the facilities, the superb kitchen and dining area!

“Special Festive Pot Luck”



Monday, 12th December - 18.30 onwards

Our Cooking Group is open to **ALL MEMBERS** each month – the only requirements are to reserve your place early and to clear up afterwards!! Come and join us so we can learn, cook and eat together. We continue our exciting Cooking Group adventures in December with a **Christmas Pot Luck Party.**

Bring your favourite Christmas dish to share
Wrap a kitchen item for our Secret Santa Swap
Festive music (maybe games ...?)
Wine and water offered

- When:** Monday, 12 December, 18.30 onwards
Where: La Cascina, Via Cremignone 4G, Sorengo
Parking: There is ample free parking. A short, two-minute walk uphill is rewarded by the great location. There is a drop-off point (as we had at Viganello) if you are carrying heavy items. You will receive more details when you reserve your place.
Required: Tea towel, apron, willingness to ensure the kitchen is spotless before we leave!

To book your place or for more information (we can accommodate up to 12 people) please contact Sue.

Sue March

077 924 16 76

iwclpresident@gmail.com



IWCL DANCE PARTY

Bring your dancing shoes and your friends!

December 9
18:30 to 23:30

Caffè dell'Aeroporto, Agno
CHF 25pp (1 drink and food)

Join us ready to dance, or just to chat with your friends.

Price includes one drink and aperitivo style food (it'll be filling and will include sweet treats).

IWCL members and guests will benefit from the same rate offering you the chance to bring along your other half or friends at a budget which is easy on the wallet.

We hope you will support this new Board initiative by inviting your loved ones to come along.

Date: Friday, 9 December

Location: Caffè dell'Aeroporto,

Time: 18.30 to 23.30 / check-in from 18.30 to 19.00

Please note that food will be served from the beginning, not all night long. If you plan to arrive late, let us know in advance, as we will be dancing the night away. **Cancellation policy applies for no shows**

Price: CHF 25pp

Cash and exact change are much appreciated

Deadline: Tuesday, 6 December

Sue March

077 924 16 76

iwclpresident@gmail.com

GOLF

We will meet as usual at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A(to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 36.- during the week. **Please check with Marlene if they are playing this month.**

**Marlene Mugglin**

091 967 15 47

079 423 68 47

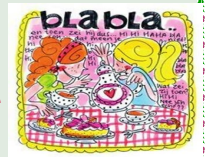
tourservices.lugano@freesurf.ch

PHOTOS FOR WEBSITE

If anyone takes photos of a Club event, it would be great if they could send them to Ruth Sergi so that they may be put on display.
ruthsergi@bluewin.ch

**LET'S CHAT IS GOING HIKING!**

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme. Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's getting hiking and chatting.

**Maria de la Cámara**

079 263 04 65

maría.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

MAH JONG

Do you like to play board games? Why not try MAHJONG? About 16 years ago we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different).

You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62 (also Whatsapp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other!

Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.

We will go on with our activities in the Art Group respecting the social distancing policy.



Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

"BREATHE, RELAX, FEEL!"

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

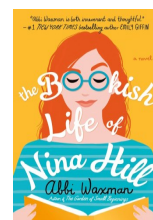
091 994 39 41

info@counselor.ch

BOOK GROUP

Thank you to everyone who voted for the books we will read in Book Group for the next six months. If there is anyone else who would like the list in advance, please just let us know.

We welcome members old and new to Book Group this month on 13 December at Hotel Pestalozzi, for our discussion based on 'The Bookish Life of Nina Hill,' by Abbi Waxman. Come and join us even if you haven't read the book! You might be tempted!



We will have some Christmassy treats, and our 'Secret Santa Party.' Choose a book that you love (not necessarily a new copy) to wrap and gift anonymously for Christmas to another Book Group participant, in this special festive meeting.

We look forward to seeing you all soon. Happy reading!

Hanneke Sillekens

Sue March

iwclbookgroup@gmail.com

iwclpresident@gmail.com

077 924 16 76

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.

Pam Blakey 091 980 45 07 076 229 22 50 pam.blakey@yahoo.com



COFFEE MORNING

New Venue: Ristorante Pizzeria Brevà

When: Friday, 16 December

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevà, just past Pane e Zucchero, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Klaus

karendlaus600@gmail.com

'LET'S LEARN LATIN!'

(...the dancing, not the language!)

Wednesdays, 10.00 - 11.30, Hotel Pestalozzi

Our very successful Latin Dance Group continues. Blanca, our own Chilean Senorita, will teach us some more spicy Latin moves as we prepare for another performance at the Christmas Party! No need for any experience, just enthusiasm, comfortable clothes and shoes. The only cost will be your share of the room rental, payable in advance, which will be CHF 35.- or CHF 40.- depending on the number of participants.



Places are limited so please contact Blanca in person to reserve yours!

Always Wednesdays from 10.00 to 11.30 - (12 sessions in total)

7 December

Blanca Giovannari

076 817 77 52

Blanca.giovannari333@gmail.com



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com

Italian conversation for beginners with Isabella Zardi will take place at her house in Breganzona. Ladies interested should contact Isabella."

Contact details: 079 375 24 14

Spanish conversation weekly with Blanca Giovannari at the LAC Cafe. Please contact her if you would like to participate. Initially, all ability levels are welcome.

Contact details: 076 817 77 52 Blanca.giovannari333@gmail.com

English Conversation We will meet at 10.00 on Monday, 12 and 19 December at Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Jan Stanford on Wednesday, 14 December. Venue: La Cascina in Sorengo.

Contact details: 076 681 08 42 iwcltreasurer@gmail.com

French Conversation with Claude Perrinjaquet Boni at the new venue "La Cascina" in Sorengo on Wednesday, 21 December from 14.00 - 15.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

German Conversation begins on 16 January 2023 (full details on page 2).

YOUR CLUB NEEDS YOU



We are currently looking for **new Group Leaders for French, Gardening and Cooking.**

If you would be interested in running one of these groups, please contact Sue for more information.



Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
					1 Italian p.14 Mah Jong p.11	2
3	4	5	6 Monthly Mtg. p.1 Spanish p.14	7 English p.14 Dance p.13	8 Italian Mah Jong	9 Dance Party p.10
10	11	12 English p.14 Cooking p.9	13 Spanish Book Group p.12 Christmas Dinner p.4	14 English	15 Italian Mah Jong	16 Coffee p.13
17	18	19 English	20 Spanish	21 English French p.14	22 Italian Mah Jong	23
24	25	26	27 Spanish	28 English	29	30

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com
Events	Sabrina Nicod	079 642 40 18	iwcleveninggroup@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

INFORMATION ABOUT OUR CLUB

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**

077 924 16 76 or iwclpresident@gmail.com

or our Membership Secretary, **Jonsi Andrews**

091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
	Elizabeth Ak	iwcleveninggroup@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
German Conversation	Daniela Mannu	danielamann@hotmail.com	
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Latin Dancing	Blanca Giovannari	Blanca.giovannari333@gmail.com	076 817 77 52
Liaison	Waltraud Vitaliano	waltraud.vitaliano@gmail.com	
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	roocio_cuervo@hotmail.com	
Music	Malu Natali	positivo2945@gmail.com	078 715 13 12
Spanish Conversation	Blanca Giovannaari	Blanca.giovannari333@gmail.com	076 817 77 52
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

*If you have changes to the above information, please contact Sue March at:
iwclpresident@gmail.com