

APRIL 2023

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 308

"By members, for members; together in friendship for over 30 years."

"Please note that if our Cancellation Policy (CP) applies to any event that you sign up for, you will be expected to pay the individual cost to the Club if you do not turn up."

IWCL MONTHLY MEETING

Tuesday, 4 April at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 - 10.15 Refreshments

10.15 - 10.30 Club Notices

10.30 - 11.30 Speaker: Philipp Schärer

"From luxury hotels to luxury senior living residences ..."



Originally coming from an hotelier's family, my father was general manager at the Gstaad Palace for more than 3 decades; me and my sister were truly born into the service industry. At the age of 20, after a few trials in various proficiencies, I determined to undertake the same path. The hotel school of Lausanne, with its bachelor degree, gave me the foundation to start my career.

After graduation, I left Switzerland for 6 years working in the Middle East for Mövenpick Hotels & Resorts.

After that experience I was missing my hometown. I continued working in the five star hotel industry initiating at the Gstaad Palace, where I was fortunate to meet my wife. After the years in Gstaad our journey took us to Interlaken, to the famous Grand Hotel Victoria – Jungfrau, where I continued climbing the career ladder.

In 2012 the Villa Principe Leopoldo in Lugano interviewed for a Resident Manager/Vice Director and we, my wife, our eldest daughter Céline and I moved from Interlaken to Lugano. A coming home for my wife, originally from Lugano, and a new challenge for myself.

After intensive years at the Principe Leopoldo, our second daughter Estelle was born in 2013 I was ultimately contacted by a national job hunter, looking for a General Manager in a luxury senior living residence. As I was myself considering the idea of changing to another industry, the offer immediately woke my interest and I eventually began running the Tertianum Residenza Al Parco in Muralto/Locarno at the beginning of 2015.

In 2019, I initiated my Masters studies at USI, where I graduated in June 2021. During the same period, I was put in charge of the opening project of Tertianum Cornaredo.

Today, almost 8 years later, currently spending my last days at the Tertianum Residenza Al Parco I will now undertake a new adventure as Project Manager of the pre-opening period and eventually as General Manager once the new Tertianum Residenza Du Lac opens its doors in 2024.

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2023 MONTHLY MEETINGS

9 May

6 June

IWCL WEBSITE

Please refer to the IWCL website for information on:

LANGUAGE CLASSES
 OPEN DOORS
 PUBLICISING YOUR EVENTS IN OUR NEWSLETTER
 OUR IWCL CANCELLATION POLICY (CP)
 THANK YOU FOR SIGNING UP!
 IWCL PHOTOS
 BIRTHDAYS IN OUR DIRECTORY
 YOUR CLUB NEEDS YOU
 PHOTOS FOR WEBSITE
 RESPECT FOR OUR SPEAKERS
 COPY OF THE LATEST NEWSLETTER

Please contact Jonsi if you need a password to access the site.

ARE YOU SERIOUS ABOUT YOUR NEW YEAR RESOLUTIONS??

OnTrack is a group of up to 8 people who each have a **personal or professional goal** or **project** that they want to achieve.

We will meet once or twice a month to share a **space** where we can **discuss, help and support** one another, **stimulate ideas**, and keep ourselves **moving forward**. Enjoy the benefit of each other's **experience and wisdom**.

OnTrack is designed to **increase the likelihood** of your **attaining or moving significantly forward** on your chosen goal in a **non-judgemental, informal, yet structured**, space. **Confidentiality** is very important to us.

We are already 3 members waiting to start in April and look forward to welcome you. If you are interested in joining this group, please contact me.

Piera Serra

079 913 6804

pieraserra@gmail.com

FRENCH COFFEE, ANYONE?

If you are interested in getting together for coffee every Tuesday at 14.00 at the Luini coffee shop by the LAC, I will form a Whatsapp chat with all interested ladies.

Once a group is formed, whoever is able to join us on the day will need to confirm their presence on our Whatsapp. I will not be a group leader, but I am coordinating this activity so that we can converse in French regularly, starting this month.

If interested, please call me.

Marcela Selmoni

076 331 04 44



MUSIC APPRECIATION GROUP

I know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?



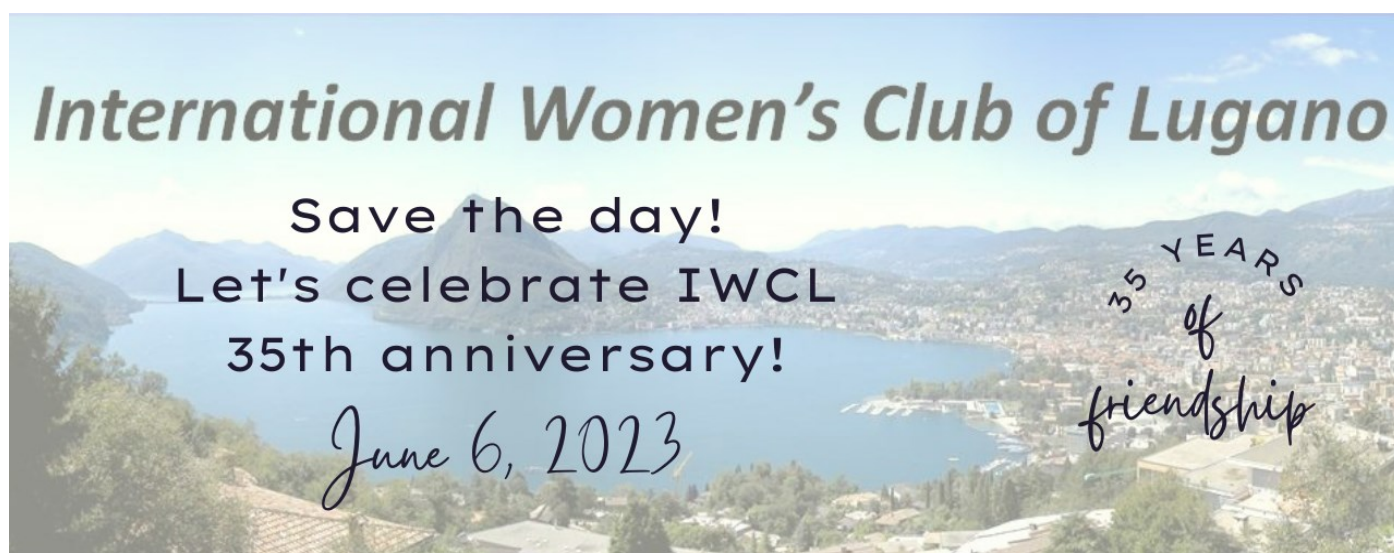
This is the group for you!! I want to create an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

Please sign up to this 'Music Appreciation Group' so that we can keep each other informed about all the musical events taking place in Lugano. I look forward to hearing from you, and I will get back to you soon with some ideas!

Malu Natali

078 715 13 12

positivo9945@gmail.com



MEZZANA - CENTRO PROFESSIONALE DEL VERDE (AGRICULTURAL SCHOOL) ON 25 APRIL (CP)



We are excited to offer you a visit to Mezzana - Centro Professionale del Verde and finally, by popular demand we were able to organise it on a Tuesday! Please join us as the custodian of the school will take us around. **Please note the visit is in Italian and we will translate it on the spot.**

Please join at 10.20 in front of Mezzana

Centro Professionale del Verde Via San Gottardo 1, 6877 Coldrerio

Google map: <https://goo.gl/maps/haEpzC5W2ajTnbGz5>

We will then have lunch in the Mendrisiotto Region.

Please contact Lilo if you would like to join us for lunch as well (details below).

Sue March

077 924 16 76

iwclpresident@gmail.com

About Mezzana: There is a place in Ticino lying on the slopes that look towards Novazzano and nearby Italy, a point of reference for over a century for the training of young people employed in the agricultural sector, a place that will surprise you, where innovation meet traditions. Open to students of all ages, offering also adult classes via "Corsi per Adulti", we are hoping to show you a part of Ticino you never knew existed.

LADIES' LUNCH IN THE MENDRISIOTTO REGION (CP)



Picture taken on <https://www.mendrisiottoturismo.ch/en/>

We will be having lovely lunch this month in the Mendrisiotto Region.

We couldn't plan the location before the Newsletter deadline so, please get in touch with Lilo for more details.

Date: Tuesday, 25 April

Time: To be defined

Address: Mendrisiotto

To sign up contact: Lilo Valli

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

Some of us will take part in the visit to Mezzana - Centro Professionale del Verde (Agricultural School), all the information is above. Please remember to contact Sue March directly if would like to join the visit.

COOKING GROUP (CP)

We have a beautiful, new, purpose-built venue, **La Cascina, Via Cremignone 4G in Sorengo!**
Come and check out the view, the facilities, the superb kitchen and dining area!



Our Cooking Group is open to **ALL MEMBERS** each month – the only requirements are to reserve your place early and to clear up afterwards!! Come and join us so we can learn, cook and eat together. We continue our exciting Cooking Group adventures in April with **A TASTE OF JAPAN IN SPRINGTIME**, proposed by Makiko.

We will continue to have a carefully timed ‘first come, first served’ approach to reserving a place, with a waiting list made from ladies who contact me by phone, email or sign-up sheet when the initial list is full.

Aperitivo:	Edamame with Salt Hiyayakko (Tofu) Sunomono (Spiced Radish)
Starter:	Japanese Omelettes with Spring Eggs
Main:	Japanese Fried Chicken Spring Vegetable Salad Green Pea Rice Balls Asari Clam Clear Soup
Dessert:	Green Tea Tiramisu
Dress Code:	Wines by NERIDA “Springtime”

When:	Tuesday, 11 April, 18.30 onwards
Where:	La Cascina, Via Cremignone 4G, Sorengo
Cost:	Up to CHF 40.- per participant (usually less.) Our cancellation policy applies.
Parking:	There is ample free parking. A short, two-minute walk uphill is rewarded by the great location. There is a drop-off point (as we had at Viganello) if you are carrying heavy items. You will receive more details when you reserve your place.
Required:	Tea towel, apron, willingness to ensure the kitchen is spotless before you leave!

To book your place or for more information (we can accommodate up to 12 people) please contact Sue.

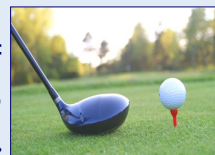
Sue March

077 924 16 76

iwclpresident@gmail.com

GOLF

Golf begins this month on 8 February. We meet at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A(to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week. Please contact Marlene for more details. Thank you.



Marlene Mugglin 091 967 15 47 079 423 68 47 tourservices.lugano@freesurf.ch

LET'S CHAT IS GOING HIKING!

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme.

Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting.



Maria de la Cámara 079 263 04 65 maria.delacamara@gmail.com
Hanneke Sillekens 076 220 93 19 hannekesillekens@gmail.com

MAH JONG



Do you like to play board games? Why not try MAHJONG?

About 17 years ago we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different).

You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann 079 607 82 62 (also WhatsApp) ruthsergi@bluewin.ch
Ruth Kaiser 091 606 16 14 wernerkaiser@bluewin.ch

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other!



Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.

We will go on with our activities in the Art Group respecting any social distancing policies.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



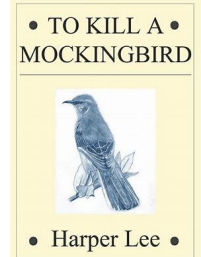
Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on Tuesday, 18 April at 10.00 promptly at Hotel Pestalozzi, for our discussion based on 'To Kill a Mockingbird' by Harper Lee which will be led by Ursina Come and join us even if you haven't read the book! You might be tempted!



For your diaries, here are the next meeting dates, with our book choices up until the summer break. Please note that, since the Pestalozzi will be charging us CHF 30.- per session from January onwards, we will all pay CHF 3.- per person at Book Group.

16 May - 'The Lost Apothecary' by Sarah Penner ***

13 June - 'The Miniaturist' by Jessie Burton

19 September

17 October

21 November

19 December

*** This will also be our 'Tuesday Choose-day' for our next book choices from September to December. NOW is the time to send your suggestions to Hanneke so she can begin to compile the voting list.

We look forward to seeing you all soon. Happy reading!

Hanneke Sillekens

Sue March

iwclbookgroup@gmail.com

iwclpresident@gmail.com

077 924 16 76

CLUB ACTIVITIES

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

COFFEE MORNING

New Venue: Ristorante Pizzeria Brevia

When: Friday, 21 April

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevia, just past Pane e Zucchero, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Claus

karenclaus600@gmail.com

THE RETURN OF BURRACO!

We are delighted to inform you that our Burraco group is starting up again! Donatella has kindly offered to host the sessions at her apartment on Tuesday afternoons from 14.00 onwards.

Please contact her for more information.



Donatella Vanoni

079 620 49 33

donavanoni@yahoo.com

LET'S DANCE!

Get Ready For The Spring Party!

Back by popular demand is our IWCL Dance Group, this year at the slightly later time of 10.30, but still on Wednesdays.

We will dance together not only the Latin moves from previous groups, but also new styles, ably led by our Blanca, as we prepare for the Spring Party!



This time, we have a course of 6 sessions, and we pay only for the room rental divided by the number of participants, to be paid at the first session.

Dates as follows:

April - 19, 25

May - 3, 19, 24

Please sign up with Sue asap at: iwclpresident@gmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 English German	4 Monthly Meeting p.1 French Coffee p.2 Burraco p.8	5 Golf p.6 English	6 Italian Mah Jong p.6 French	7
8	9	10 English	11 French Coffee Burraco Cooking p. 5	12 English Golf	13 Italian Mah Jong French	14
15	16	17 English German	18 Book Group p. 7 Burraco French Coffee	19 English Golf Dance p.8 French	20 Italian Mah Jong French	21 Coffee p.8
22	23	24 English	25 Agricultural School p.4 Ladies' Lunch p.4 Burraco French Coffee	26 English Golf Dance	27 Italian Mah Jong French	28
29	30	OUR NEXT MONTHLY MEETING WILL TAKE PLACE ON TUESDAY, 9 MAY AT THE HOTEL PESTALOZZI				

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com
Events	Sabrina Nicod	079 642 40 18	iwcleveninggroup@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
 Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
 091 923 42 69
 waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
 079 607 8262
 ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
 6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**

077 924 16 76 or iwclpresident@gmail.com

or our Membership Secretary, **Jonsi Andrews**

091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
 Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Burraco	Donna Vanoni	donavanoni@yahoo.com	079 620 49 33
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
	Elizabeth Ak	iwcleveninggroup@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mann	danielamann@hotmail.com	
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Latin Dancing	Blanca Giovannari	Blanca.giovannari333@gmail.com	076 817 77 52
Liaison	Waltraud Vitaliano	waltraud.vitaliano@gmail.com	
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	roocio_cuervo@hotmail.com	
Music	Malu Natali	positivo9945@gmail.com	078 715 13 12
On Track	Pierra Serra	pieraserra@gmail.com	079 913 68 04
Spanish Conversation	Blanca Giovannaari	Blanca.giovannari333@gmail.com	076 817 77 52
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

***If you have changes to the above information, please contact Sue March at:
 iwclpresident@gmail.com**