

MAY 2023

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 309

"By members, for members; together in friendship for over 30 years."

"Please note that if our Cancellation Policy (CP) applies to any event that you sign up for, you will be expected to pay the individual cost to the Club if you do not turn up."

IWCL MONTHLY MEETING

Tuesday, 9 May at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 - 10.15 Refreshments

10.15 - 10.30 Club Notices

10.30 - 11.30 Speaker: Hanne Liuksiala

Finland – Northern Paradise Behind the Scenes



Have you ever heard about a remote country that is described and voted as the happiest one in the world several years in a row? Nice and polite words? Maybe, maybe not. Where does this happiness come from, how are the people, and how have they achieved a good standard of living despite the historical facts of being under control of the

neighboring countries for centuries? Sleeping back against back with 'the big bear' has neither been easy nor inspiring when reading and listening to the horrible news from Ukraine. Finland has survived the pressure and has taken the necessary steps in joining the North Atlantic Treaty Organization (NATO) during the time of in Europe.

Clean air, fresh waters and forests, vast sea and lake archipelagos, equality between genders, high class education system, and high-quality health care together with 'Sisu' – the persistent temper of Finnish people is pushing us forward with quite nice results.

If you like to dive to the modern digital world with e-games, smart rings and clothes, I recommend a trip to Finland and not only to Helsinki but also to a city located close to Lapland, Oulu. The modern industrialised country will offer also ship building, mining, chemical and wood industry. Architects Aalto and Saarinen or designers Wirkkala and Sarpaneva, among many others, are well known representatives of The Finnish and Scandinavian architecture and glass art.

Or maybe music is the one flaming your heart? Take a ride to Eastern Finland, where In the middle of the most beautiful lakeside area Savonlinna Opera Festival, in a medieval castle, Olavinlinna, will be worth for visiting. Finland also offers the most heavy metal bands per capita in the world. Midnight sun in the summertime ripens the vegetables and berries making them exceptionally tasty. The flip side is that you can't transport those delicate products far away and have to eat them immediately. Happy are those who can visit a farmhouse and buy potatoes, strawberries etc. directly from a farmer.

Seeing northern lights in Lapland is a thrilling experience. During a long and dark wintertime, the night sky will show all imaginable colours waving for hours – something especially people from the Far East are choosing for a once-upon-a-lifetime-experience. Spending a night in a nice warm glass igloo with -30 Celsius degrees outside and under thousands of stars together with northern lights is unforgettable.

Hanne Liuksiala is a Finnish entrepreneur in real estate investment business with a background in business communication and management. She has been a member of the IWCL since 2016.

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THE IWCL BOARD IS DELIGHTED TO INVITE YOU TO A SPRING PARTY

Friday, 26 May from 19.30* onwards at the
Al Lido, Viale Castagnola 4, 6900 Lugano

All IWCL members will enjoy this evening free of charge. Should you wish to share this beautiful evening with your husband, partner or friends please feel free to invite them.

Price per guest: CHF 75.- to be paid in cash or by credit card at the event.

Price includes tasty food, beverages as well as music for dancing under the stars.

With regard to beverages available at this event, please note that the Club is delighted to offer a range of wine and soft drinks chosen to fit our budget.

You are most welcome to purchase any alternative drinks
(at your own expense) should you wish to do so.

Remember we have a photographer taking pictures on the night, so feel free to stop him to take your portrait with your beloved friend or, why not, your new CV or social media pictures!

Please let us know if you would like to join us by signing up
at the Monthly Meeting, emailing or calling (no texting, Messenger or WhatsApp please!

We know it's convenient for you but it's too much work for Sabrina if she has
inscriptions via four different channels!), no later then Friday 12 May

Sabrina Nicod: iwcleveninggroup@gmail.com
+41 79 642 40 18

(you can leave a message on the answering machine)

Please be aware that the Club's cancellation policy will apply.

IWCL members as well as all non-Club members cancelling less than
48 hours prior to the event will be charged.

IWCL Board registration desk will close at 20.00, if you know you'll be late
please get in touch with Sabrina

to be sure not to be charged as a no show. Thank you for your understanding.

IWCL WEBSITE

Please refer to the IWCL website for information on:

LANGUAGE CLASSES

OUR CANCELLATION POLICY (CP)

IWCL PHOTOS

YOUR CLUB NEEDS YOU

RESPECT FOR OUR SPEAKERS

PUBLICISING YOUR EVENTS IN OUR NEWSLETTER

OPEN DOORS

THANK YOU FOR SIGNING UP!

BIRTHDAYS IN OUR DIRECTORY

PHOTOS FOR WEBSITE

COPY OF THE LATEST NEWSLETTER

Please contact Jonsi if you need a password to access the site.

FRENCH COFFEE, ANYONE?

If you are interested in getting together for coffee every Tuesday at 14.00 at the
Luini coffee shop by the LAC, I will form a Whatsapp chat with all interested ladies.

Once a group is formed, whoever is able to join us on the day will need to confirm
their presence on our Whatsapp. I will not be a group leader, but I am coordinating
this activity so that we can converse in French regularly, starting this month.

If interested, please call me.

Marcela Selmoni

076 331 04 44



MUSIC APPRECIATION GROUP

I know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?



This is the group for you!! I want to create an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

Please sign up to this 'Music Appreciation Group' so that we can keep each other informed about all the musical events taking place in Lugano. I look forward to hearing from you, and I will get back to you soon with some ideas!

Malu Natali

078 715 13 12

positivo9945@gmail.com

6 June 2023 IWCL 35TH ANNIVERSARY

The IWCL Board is pleased to announce that we are going on a CRUISE
to celebrate our anniversary!

10.30 boarding starts in Lugano, please be on time and join us to sail away with
Navigazione Lugano, stop LUGANO-GIARDINO <https://goo.gl/maps/c8yiLYF2kAPUEBBW8>

Be on time or we will leave without you!

10.45 departure of the boat and welcome drink.

11.45 arrival in ... (SURPRISE YOU'LL KNOW IN JUNE) and disembarkation of the guests.

Free time to visit.

12.45 start boarding

Be on time or we will leave without you!

13.00 departure of the boat cruise and lunch on board

15.30 arrival in Lugano

Join: iwclevenninggroup@gmail.com by 12 May

CP - late cancellation after 12 May or no-show CHF 75.-

CHARITY SALE OF PREVIOUSLY LOVED SUMMER JEWELLERY

At the next IWCL monthly meeting on 9 May from 09.45 at the Hotel Pestalozzi we will hold a **Summer Fashion Jewellery sale**.

To do this, we ask you to please bring to the Reception Office of Hotel Pestalozzi **before 5 May any previously loved JEWELLERY** (necklaces, rings, bracelets) you wish to donate.



You can deposit your items into our blue trolley which is there, or if you prefer you may contact Christina Laubi who will collect your donation personally (0041 79 620 3114).

During the jewellery sale, we will also be holding a **SUMMER READING BOOK SALE**. However please do not donate any more books... We are selling those we already have received!

Thank you Dear Friends on behalf of the "Casa dei Ciechi, STAC" for your generosity!

Your Charity Committee: Cindy, Christina and Yvonne

ADVANCE NOTICE - GIN TASTING (CP)

Thursday, 1 June from 18.00 - 20.00

La Cascina, Via Cremignone 4G, Sorengo

Cost: CHF 40 (gin tasting, quiz and snacks)

"Enjoy an evening in the company of Edinburgh Gin's Brand Ambassador, Philip Kingscott. You'll taste five delicious gins from this craft distillery located in the heart of Scotland's capital. Discover the part Edinburgh played in the history of gin and distilling and learn how a gin originally sold by a couple of gin enthusiasts from the back of their car became the global success story it is today! Running time approx two hours (including a gin quiz!) It'll be possible to purchase the gin you'll taste at the event.

Parking: There is ample free parking. A short, two-minute walk uphill is rewarded by the great location.

Please confirm with Sue before May 25

Sue March

077 924 16 76

iwclpresident@gmail.com

WELCOME TO OUR NEW MEMBERS

Francesca Betteni

Via Del Sole 19A

6963 Pregassona

078 784 51 51

francesca@practica-mente.ch

Holding Swiss citizenship, Francesca, a close friend of Christine Petersen, came to Ticino 23 yrs. ago following a career opportunity. Her self-descriptive words are empathic, curious and a solution solver. She is interested in hearing the stories of other people's lives, intellectual reading (particularly in the field of human psychology) and she enjoys riding her motorbike in faraway countries and cultures.



Anna Grazia Jauch

Via Zuccoli

6900 Paradiso

079 800 86 72/091 968 16 19

annagrazia.jauch@bluewin.ch

Born in Bari, Italy, Anna Grazia describes herself as serious, practical and energetic. After living in Bologna and Prada, where she followed her careers in the jewellery and chemical sectors, she chose to settle in Ticino 20 years ago for the good quality of life. She is interested in art, music, bridge, cooking and intellectual reading.



Catherine Molin

Via Ernesto Bosia 5B
6900 Paradiso
079 706 87 47

rosalie_catherine@hotmail.com

French born Catherine, holds both French and Swiss citizenship. Describing herself as sociable, cheerful and open, she enjoys drawing, reading, walking, golf, travelling, theatre, opera and movies. Coming to Ticino during Covid, working from home, for a Basel based pharmaceutical company, she decided this worked for her and she stayed.



Elisabeth Verdaasdonk

Via del Sole 14C
6963 Pregassona
079 888 70 60

e.verda@bluewin.ch

Elisabeth is from the Netherlands and has been living in Ticino for 23 years. Creative, self-aware and an enterpriser, she is interested in swimming, hiking, yoga and decorating with flowers.



Rie Richter

Via Principale 4
6914 Carona

079 663 53 26/079 467 87 06

y_rie888@icloud.com Japanese

Japanese born Rie describes herself as patient, cooperative and earnest. Marriage brought her to Ticino ...having never dreamt of marrying and living internationally she says she is working hard to getting used to life here, so much to learn and improving her language skills is also on the list. She loves to cook and is interested to share the Japanese food culture and recipes with us.



Ute Bock

Via Costera 9
6932 Breganzona

078 644 51 22/+49 172 690 89 17

u_bock@web.de

Risk Consultant, Gardener and Storyteller are German born, Ute's self-descriptive words. Coming to Ticino for work purposes She is interested in human development, philosophy trekking and travel.



Christiane Gallioni

Via Bernasconi 8 Apt 36C
6900 Massagno
079 936 08 93

papechristiane@gmail

Born in Geneva, Christine holds Swiss citizenship.

MOMS AND TOTS

For more information about Moms and Tots please contact Rocio Tauber. Her email address is:

rocio_cuervo@hotmail.com

CORRECTION

Email address for Evelyne Lawson is: blackcurly49@hotmail.com

WOULD YOU LIKE TO JOIN THE TEAM?

We are always in need of committed, motivated volunteers to continue the work of the IWCL Board. If you are based in Lugano and have regular time to offer to our Club, please get in touch with Sue. There is always plenty to do!!

**Sue March**

077 924 16 76

iwclpresident@gmail.com

GOLF

We meet at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A(to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week. Please contact Marlene for more details. Thank you.

**Marlene Mugglin**

091 967 15 47

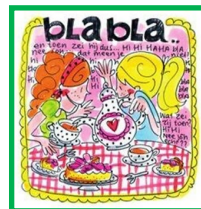
079 423 68 47

tourservices.lugano@freesurf.ch

LET'S CHAT IS GOING HIKING!

This group will meet at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme.

Please contact Maria to be included on the distribution list for information about forthcoming walks. Let's get hiking and chatting.

**Maria de la Cámara**

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

MAH JONG

Do you like to play board games? Why not try MAHJONG?

About 17 years ago we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different).

You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62 (also WhatsApp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other!



Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

"BREATHE, RELAX, FEEL!"

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



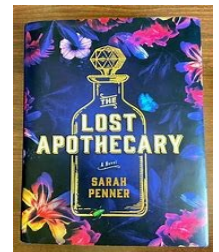
Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on Tuesday, 16 May at 10.00 promptly at Hotel Pestalozzi, for our discussion based on 'The Lost Apothecary' by Sarah Penner which will be led by Sue. Come and join us even if you haven't read the book! You might be tempted!



For your diaries, here are the next meeting dates, with our book choices up until the summer break. Please note that, since the Pestalozzi will be charging us CHF 30.- per session from January onwards, we will all pay CHF 3.- per person at Book Group.

13 June - 'The Miniaturist' by Jessie Burton

19 September

17 October

21 November

19 December

This will also be our 'Tuesday Choose-day' for our next book choices from September to December. NOW is the time to send your suggestions to Hanneke so she can begin to compile the voting list.

We look forward to seeing you all soon. Happy reading!

Hanneke Sillekens

iwclbookgroup@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

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Very nice, honest and reliable cleaning lady is looking for
some more work in the Lugano area.

Please be so kind and contact Andrea Never at
076 413 32 75 if you are interested.

Thank you. Andrea

A photograph of a Thai dining table. In the foreground, there are several bowls of Thai food, including a green curry with chicken, a red curry, and a bowl of rice with vegetables. A bottle of beer is on the table. In the background, there is a white Buddha statue and a colorful cushion. The table is covered with a pink and blue patterned cloth.

A THAI BANQUET, proposed by Christine Petersen

Aperitivo:	Thai Salad with Peanut Crisp
Starter:	Spring Rolls Fish Cakes
Main:	Green Chicken Curry Beef Masaman Shrimp Penang Rice
Dessert:	Grilled Pineapple Mango

Dress Code: "ROYAL PURPLE"

To book your place or for more information (we can accommodate up to 12 people) please contact Sue.

Sue March 077 924 16 76 iwclpresident@gmail.com

Piera Serra 079 913 6804 pieraserra@gmail.com

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

COFFEE MORNING

New Venue: Ristorante Pizzeria Brevia

When: Friday, 19 May

We meet once a month (normally on the third Friday, from 10.00 onwards) for an informal Coffee Morning at Ristorante Pizzeria Brevia, just past Pane e Zucchero, on the other side of Migros. There's always someone to greet you, and if you are new there will be ladies to meet and friendly conversation to be had. It's an opportunity for new and long-standing members to get to know each other.



There is absolutely no need to sign up, but if you would like to let me know you are coming along, please call me, I will be delighted to hear from you.

Karen Claus

karenclaus600@gmail.com

THE RETURN OF BURRACO!

We are delighted to inform you that our Burraco group is starting up again! Donatella has kindly offered to host the sessions at her apartment on Tuesday afternoons from 14.00 onwards.

Please contact her for more information.



Donatella Vanoni

079 620 49 33

donavanoni@yahoo.com

LET'S DANCE!

Get Ready For The Spring Party!

Back by popular demand is our IWCL Dance Group, this year at the slightly later time of 10.30, but still on Wednesdays.

We will dance together not only the Latin moves from previous groups, but also new styles, ably led by our Blanca, as we prepare for the Spring Party!



This time, we have a course of 6 sessions, and we pay only for the room rental divided by the number of participants, to be paid at the first session.

Dates as follows:

May - 3, 10, 17, 24

Please sign up with Sue asap at: iwclpresident@gmail.com

MAY 2023

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	1	2 French Coffee p.2 Burraco p.9	3 Golf p.6 English Dance p.9	4 Italian Mah Jong p.6 French	5
6	7	8 English	9 Monthly Meeting and Jewellery Sale p.1 French Coffee Burraco Cooking p.8	10 Dance Golf	11 Italian Mah Jong French	12
13	14	15 English German	16 Book Group p. 7 Burraco French Coffee	17 English Golf Dance	18 Italian Mah Jong French	19 Coffee p.9
20	21	22 English	23 Burraco French Coffee	24 Golf Dance French	25 Italian Mah Jong French	26
27	28	29 English	30	31 English	OUR NEXT MEETING IS ON TUESDAY, 6 JUNE	

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
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Membership	Jonsi Andrews	091 649 66 13	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com
Events	Sabrina Nicod	079 642 40 18	iwcleveninggroup@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Iris Frowein Nouwen**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwc@gmail.com

Ann Lutz

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

If you would like more information about the Club please contact either our President **Sue March**

077 924 16 76 or iwclpresident@gmail.com

or our Membership Secretary, **Jonsi Andrews**

091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwc@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Burraco	Donna Vanoni	donavanoni@yahoo.com	079 620 49 33
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
	Elizabeth Ak	iwcleveninggroup@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mann	danielamann@hotmail.com	
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Latin Dancing	Blanca Giovannari	Blanca.giovannari333@gmail.com	076 817 77 52
Liaison	Waltraud Vitaliano	waltraud.vitaliano@gmail.com	
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	wernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	rocio_cuervo@hotmail.com	
Music	Malu Natali	positivo9945@gmail.com	078 715 13 12
On Track	Pierra Serra	pieraserra@gmail.com	079 913 68 04
Spanish Conversation	Blanca Giovannaari	Blanca.giovannari333@gmail.com	076 817 77 52
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

***If you have changes to the above information, please contact Sue March at:
iwclpresident@gmail.com**