

OCTOBER 2023

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 312

"By members, for members; together in friendship for over 30 years."

"Please note that if our Cancellation Policy (CP) applies to any event that you sign up for, you will be expected to pay the individual cost to the Club if you do not turn up."

IWCL MONTHLY MEETING

Tuesday, 3 October at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 - 10.15 Coffee/Tea

10.15 - 10.30 Club Announcements and Presentation of 2022 Accounts

10.30 - 11.30 Speaker: Andrea Pera

THE HUMAN COMEDY

BOCCACCIO Decameron



Andrea Pera was born in Perugia, Italy, and has dual Italian and Swiss citizenship. He has worked as a teacher of humanistic subjects (Italian, Philosophy, History) in various secondary schools and universities in Italy, Germany and Switzerland. His teaching method is based on the activation of motivation on the part of

students, so that studying is a pleasure for the development of knowledge and skills without boring punishment. To this end, he has always used audio-visual means (films, pictures, etc.) in addition to the traditional teaching tools (books, etc.).



BOCCACCIO

Decameron

What is the Decameron about? It is the story of ten young people who, in order to escape the plague of 1348, decide to take refuge in a villa in the countryside and to entertain themselves by telling.... get curious and come to the lecture on Decameron, it's going to be exciting and entertaining!

What are the main themes of the Decameron? The comparison between good and evil, luck and nature, love and sexual desire.

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INVITATION TO NOMINATE BOARD MEMBERS

To keep the Club vital and strong, our Board positions must be filled for the coming year (2024). In accordance with the Bylaws, nominations for these positions may be submitted by any member. You may nominate another member or yourself. Please ensure, however, that the person you nominate is willing to take on the position you are proposing. If you are interested in standing for election, please contact Sue beforehand to discuss the commitment and work involved.

Please send you nominations to one of the ladies of the Nominating Committee **BEFORE 10 OCTOBER**.

Yvonne Barbero
Via Ceresio 17
6963 Pregassona

Waltraud Vitaliano-Jansen
Via Trevano 7
6900 Lugano

Please complete and cut out this coupon and send it to one of the Nominating Committee members. Alternatively, you may bring it with you to the October Monthly Meeting. I WISH TO NOMINATE:

_____ PRESIDENT
_____ VICE PRESIDENT
_____ SECRETARY
_____ TREASURER

ACCOUNTS FOR 2022 PRESENTED AT THE MONTHLY MEETING

IWCL 2022 Income

Income	2022	2021	Difference
Member Fees <u>current year</u>	17'888.37	19'408.97	-1'520.60
Initiation Fee	1'621.38	0.00	+1'621.38
Advertising	40.00	0.00	+40.00
Miscellaneous <u>income</u>	203.25	100.00	+103.25
Special events	0.00	0.00	0.00
Contingency fund	0.00	0.00	0.00
Printed Newsletter	675.00	600.00	+75.00
Total Income	20'428.00	20'108.97	+319.03
Charity	806.00	5'015.00	-4'209.00

IWCL 2022 Expenses

Expenses	2022	2021	Difference
Charity and donation	6'200.00	100.00	+6'100.00
Membership Directory	1'527.70	1'841.65	-313.95
Office expenses	5'092.13	7'407.94	-2'315.81
Special events	12'662.10	10'699.60	+1'962.50
Meeting expenses	7'548.50	5'662.49	+1'886.01
Post bank costs	228.65	389.77	-161.12
Cultural Events	895.79	150.00	+745.79
Miscellaneous	1'226.91	1'380.80	-153.89
Tax	0.00	0.00	0.00
Total expenses	35'381.78	27'632.25	+7'749.53

IWCL 2022 Office Expenses

<u>Office Expenses</u>	<u>2022</u>	<u>2021</u>	<u>Difference</u>
Postage	512.75	806.95	-294.20
Office material newsletter	1'289.60	1'554.15	-264.55
Insurance	231.10	231.10	0.00
Office supplies	213.95	212.55	+1.40
Accounting/legal expenses	1'500.00	1'500.00	0.00
Internet Related expenses	1'094.06	2'303.19	-1'209.13
Office expenses	4'841.46	6'607.94	-1'766.48

IWCL 2022

Assets and Profit/Loss

<u>Assets</u>	<u>2022</u>	<u>2021</u>	<u>Difference</u>
Petty Cash	0.00	0.00	0.00
Current account	16'865.06	27'028.94	-10'163.88
Savings account	0.00	0.00	0.00
Website	0.00	750.00	-749.00
Charity account	1'478.86	5'708.26	-4'229.40
Prepayments	231.10	231.10	0.00
TOTAL ASSETS	18'576.02	33'718.30	-15'142.28
	<u>2022</u>	<u>2021</u>	<u>Difference</u>
Total income	21'234.00	25'123.97	-3'889.97
Total expenses	-35'381.78	-27'632.25	-7'749.53
Depreciation	-749.00	-450.00	-299.00
Extraordinary Cost/Revenues	-255.50	-63.95	-191.55
Profit / Loss	-15'152.28	-3'022.23	-12'130.05

PROPOSAL BY IWCL BOARD TO INCREASE MEMBERSHIP FEES FROM CHF100 TO CHF120 FROM JANUARY 2024

The Board has decided to propose this change due to the increased 'cost of living' which is affecting our partner organisations and external agencies, who then pass on their raised costs to us.

IWCL fees have not been raised since 2012. An increase of CHF 20, after a 12-year period of stability, is an increase of 20%, largely due to massive increases in national inflation rates in 2022/23. You'll have the opportunity to ask questions in person during the October Monthly Meeting where the IWCL accounts will be presented, or you are most welcome to write to the IWCL Board (iwclsecretary@gmail.com). We will vote upon the proposal in December; you'll receive a ballot paper in due course.

For your fees, you can enjoy:-

- * A monthly Newsletter
- * Our IWCL Directory with members' details
- * The June Brunch at Parco Paradiso
- * The Welcome Back Cocktail at Villa Sassa
- All our many Groups and Activities
- Coffee Mornings

- * Access to our Club Website
- * The Spring Party at Al Lido
- * The New Year Cocktail at Hotel de la Paix
- * Christmas Lunch
- Monthly Meetings with interesting Speakers
- Friendship and Support

The Board hopes to be able to continue such activities and that you will therefore appreciate the necessity to raise our fees.

IWCL WEBSITE

Please refer to the IWCL website for information on:

LANGUAGE CLASSES	OPEN DOORS
OUR CANCELLATION POLICY (CP)	THANK YOU FOR SIGNING UP!
IWCL PHOTOS	BIRTHDAYS IN OUR DIRECTORY
YOUR CLUB NEEDS YOU	PHOTOS FOR WEBSITE
RESPECT FOR OUR SPEAKERS	COPY OF THE LATEST NEWSLETTER
ARE YOU SERIOUS ABOUT YOUR NEW YEAR RESOLUTIONS?	
PUBLICISING YOUR EVENTS	

Please contact Jonsi if you need a password to access the site.

CANCELLATION POLICY

Whenever you see the letters **(CP)** next to an event, please remember that, unless you give the organiser the specified number of days' notice of your non-participation, you will be charged the **full price** for the event. This is in accordance with our Bylaws - Article 1: Membership, subsection F on page 6 of the IWCL Directory.

This regulation will be **strictly** enforced in the future as we have seen an increase in ladies cancelling at the last moment. Thank you for your understanding.

The Board

SAVE THE DATE - 9/10 MARCH 2024

Calling all IWCL artists, makers, writers, creatives of all kinds ...

You are warmly invited to display and sell your work at our Art and Craft Pop-Up Gallery
at La Cascina, 9/10 March, 2024

In our Club, we have so many members with masses of skills and talents. We have Group Leaders who love to share their passion for Latin Dance, Mah Jong, Music, Aramaic ...you name it! Let's celebrate all this talent!



We have hired the beautiful building of La Cascina for a whole weekend to host an Art and Craft Gallery to showcase all this creativity. We offer YOU individual tables to display and sell your work, plus the chance to participate in a programme supported by our Group Leaders, of workshops, activities and hands-on experiences. There will also be tasty treats and a Saturday evening dinner.

We want this to be a big event for the whole Club. Your participation would be invaluable, as an artist and/or as a planner, supporter, workshop leader or chef. Please contact Sue asap to book your table, and/or to offer a workshop.

Sue March

077 924 16 76

iwclpresident@gmail.com

COFFEE MORNING

Please join us for some friendly conversation on Friday, 20 October at Ristorante Pizzeria Breva, just past Pane e Zuccero, on the other side of Migros. It's also an opportunity for new and long-standing members to get to know each other.



Karen Claus

karenclaus@gmail.com

IWCL CULTURAL GROUP AND LADIES' LUNCH

NOVEMBER 20 - BREADMAKING AND MILL TOUR: CHF 40PP DETAILS ON NOVEMBER NL OR FROM OCTOBER ON OUR FACEBOOK PRIVATE GROUP

[HTTPS://FB.ME/G/P_CRKSERIOJBRAJE/EQI13YLY](https://fb.me/g/p_crkseriojbraje/eqi13yly)

NOVEMBER 30 - LADIES' EARLY CHRISTMAS LUNCH AND VISIT TO MASSIMO GIUDICI FLOWERS TO DISCOVER THE CHRISTMAS TRENDS DECORATION



*Save
The Date*

CHRISTMAS FAIR

If you would like a table at our Christmas Fair, which will take place during the November Monthly Meeting, please let Sue know. You can sell your items, publicise your business and support our charity.



WELCOME TO OUR NEW MEMBERS**Mia Pulkkinen**

Via in Varina 3
6954 Bigorio
079 416 51 12
pulkkinenmia@gmail.com

Mia has been living in Ticino for the last 15 years where she works in the fashion industry. She enjoys sports, cooking, travelling, spending time with friends and sharing activities with her son (especially football). Born in Finland she describes herself as openminded, active and social.

**Julie Awock**

Via Rovello32C
6942 Savosa
078 406 50 50

Julieawock1@gmail.com

Julie's husband's job brought them to Ticino. Having lived a large part of her life in the Far East (where she still has family), she enjoys walking, travelling, cooking, and spending time with her dogs and friends. Her three chosen descriptive words: passionate, flexible and enthusiastic.

Nadia Ovsyanyk

Via Rubiana 41
6925 Gentilino
+380 504 044947
nadia.ovsyanyk@gmail.com

Nadia was born in Potsdam, Germany and holds Ukrainian citizenship. Due the circumstances in Ukraine she has settled here and describes herself as gregarious, eager to learn and sincere. She enjoys reading, hiking, travelling, fine arts, theatre, music, yoga and learning new skills.

**Ariana Laudazzi**

Via Pietro Capelli 10
6900 Lugano
078 942 27 04
alaudazzi@gmail.com

Curious, determined and busy, Italian born Ariana, is interested in cloud technologies, dance, pottery and travelling.

Cornelique Schaberg

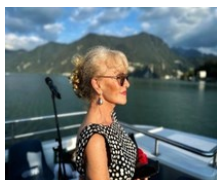
Strada Ing. G.Caccia 12
6922 Morcote
076 457 64 41
thelique@hotmail.com

Cornelique holds Dutch citizenship...born in Rotterdam. She relocated to Ticino looking forward to the pleasant climate. Describing herself as social, positive and a control freak, she enjoys learning, playing games (especially cards) painting and reading.

Krasimira Kalcheva

Via Henri Dunant 9
6900 Massagno
079 368 99 28
pulkkinenmia@gmail.com

Born in Levski Bulgaria, Krasimira holds dual citizenship... Italian and Bulgarian. She describes herself as social, positive, and pleasant. She worked as a journalist...then moved to Italy where she married. She and her husband came to Lugano for his work. She enjoys walking and sport. She is looking forward to share her passion for painting and drawing.



Diana Marazza Jelinek

Via Pedemonte 28
6962 Viganello
079 244 57 45
info@fiducia-art.ch

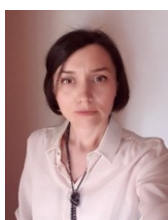
Born in Zagreb, Croatia, Diana came to Ticino to work as director of the Versace Boutique. Her chosen self-descriptive words: communicative, sincere, and straightforward. She enjoys sport (tennis, skiing, walking), art (paintings and sculptures), music (jazz and classical), dance (swing and rock and roll). She is also interested in fashion having started her life in the fashion house of her mother in Zagreb and educated as a textile engineer.



Barbara Sostaric

Via Coremmo 14F
6900 Lugano
079 759 67 12
bmcsostaric@mac.com

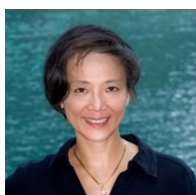
German born, Swiss citizen, Barbara describes herself as curious, adventurous, and precise. She enjoys travel, photography, contemporary art, music, dance, literature, knitting and philosophy.



Oana Catrinel Stan

Via Brenno Bertoni 15
6900 Lugano
076 778 66 24
oanastan1@gmail.com

Describing herself as optimistic, hardworking and friendly...Italian, Romanian citizen, Oana enjoys reading, trekking and ballet.



Junita Ameld Maiullari

Via Monteggio 39
6998 Monteggio
078 851 63 96
ninitfra@icloud.com

Born in Jakarta, Indonesia, Junita is adventurous, curious and dedicated. Interested in travel, culture writing and photography. She is a freelance photographer and researcher, particularly those relating to the cultural traditions of the Dayak people of her origins.

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.

**Pam Blakey**

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

ANYONE FOR BRIDGE?

In the past we have had a thriving Bridge Group and recent interest suggests that several members would like to restart this group. If you would like to play Bridge with other members of IWCL, please email our Club Secretary, who will initially co-ordinate this new group.

**Renata Del Grande**

iwclsecretary@gmail.com

THE RETURN OF BURRACO!

We are delighted to inform you that our Burraco Group is starting up again! Donatella has kindly offered to host the sessions at her apartment. The group will take place on the 2nd and 4th Mondays of the month from 14.30 - 18.00. Dona already has created a WhatsApp named "IWCL Burraco Group" and will add the interested ladies to it. Please contact her for more information.

**Donatella Vanoni**

079 620 49 33

donavanoni@yahoo.com

GOLF

We meet at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A(to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week. Please contact Marlene for more details. Thank you.

**Marlene Mugglin**

091 967 15 47

079 423 68 47

tourservices.lugano@freesurf.ch

MOMS AND TOTS

For more information about Moms and Tots please contact Rocio Tauber. Her email address is: rocio_cuervo@hotmail.com

FRENCH COFFEE, ANYONE?

If you are interested in getting together for coffee every Tuesday at 14.00 at the Luini coffee shop by the LAC, I will form a Whatsapp chat with all interested ladies.

Once a group is formed, whoever is able to join us on the day will need to confirm their presence on our Whatsapp. I will not be a group leader, but I am coordinating this activity so that we can converse in French regularly, starting this month.

If interested, please call me.

**Marcela Selmoni**

076 331 04 44

MUSIC APPRECIATION GROUP

I know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?

This is the group for you!! I want to create an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

Please sign up to this 'Music Appreciation Group' so that we can keep each other informed about all the musical events taking place in Lugano. I look forward to hearing from you, and I will get back to you soon with some ideas!

Malu Natali

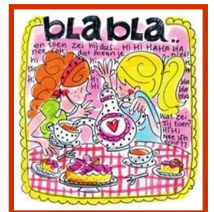
078 715 13 12

positivo9945@gmail.com



LET'S CHAT IS GOING HIKING!

This group meets at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme.



Please contact Maria to be included on the distribution list for information about forthcoming walks.

Maria de la Cámara

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

MAH JONG



Do you like to play board games? Why not try MAHJONG?

About 17 years ago we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different). You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62 (also WhatsApp)

ruthsergi@bluewin.ch

Ruth Kaiser

091 606 16 14

wernerkaiser@bluewin.ch

JOIN VISIT - IWCLUCERNE AND IWCLUGANO**Tour of Cathedral and Chiesa degli Angeli with English Guide (CP)****Thursday, 19 October**

Join us for a day out with our sisters from IWCLUCERNE! If you are new to Lugano, or want to learn more about your city, or even if you want to spend a day in good company, this is the tour for you!

10. 48 - Arrival of Lucerne Members at Lugano Station

Meet together for coffee at Ana Capri.

11. 15 - Start of Tour, which will be a walk of around 90 minutes.

English guide offered by IWCLUCERNE. Audio- guides offered by IWCLugano.

We will walk down through the Cathedral to the old town; Piazza Cioccaro, Piazza Riforma, Piazza Tell, Parco Ciani, Piazza Luigi, LAC, Church of Maria degli Angeli, Via Nassa, and the lakeshore.

13.00 Lunch together at Spaghetti Store (at your own expense.)

14.30 Free time for shopping, touring, coffee ...

16.00 Funicular to the station for train departure at 16.30

Please sign up with Claude by Monday, 16 October:- cm.boni@gmail.com

CP: Cancellation Policy applies for late cancellation (24h) and for NO SHOW on the day.

***“HAPPY-HAT HAPPENING” FUN FUNDRAISER AT IRÈNE’S***

I am offering to share a meaningful fun apero for club members:

At 5 pm: Get a drink, fingerfood, find a happy hat to suit you, move spontaneously to some music, chat and enjoy.

At 6 pm: Take hats and shoes off and I will show you my secrets of how to stay healthy and full of energy thanks to some easy QiGong exercises. You will be shown AcuPressure SELF-Massage to help maintain good energy.

At 7pm: You will go home refreshed in mind and body. You will also feel good because you will bring with you a donation for our charity. If you can bring a contribution to the buffet - call me! PLACES ARE strictly LIMITED, be quick! (Only 7 left, sorry ladies)



When: Sunday, 1 October from 17.00 - 19.00

Where: Via Cassarinetta 2, 6900 Lugano (just at Busstop 2, Santa Birgitta)

Dress-code: Comfortable and colourful

Please call/SMS me on 076 334 55 50 **Irène Fröhlich-Wiener**

VISIT TO THE IRB THE INSTITUTE FOR RESEARCH IN BIOMEDICINE**(CP)****25 October from 10.30 to 12.00****Please join at 10.20 outside IRB****Followed by Ladies' Lunch**

Institute
for
Research
in
Biomedicine

We are delighted to be able to offer you a conference and guided tour of **IRB The Institute for Research in Biomedicine, in Bellinzona**. Our host will be Maryse Letiembre, some of you that joined our last tour Hidden Gems in Bellinzona met her at lunchtime.

IRB facts (from their website: <https://www.irb.usi.ch>)

The Institute for Research in Biomedicine was founded in 2000 with the goal of advancing the study of human immunology, with particular emphasis on the mechanisms of host defence. The activities of the 13 research groups now extend beyond immunology to include the fields of DNA repair, rare diseases, structural and cell biology.

Programme

- 10.20 Meeting outside IRB, Via Francesco Chiesa 5, 6500 Bellinzona
Google map: <https://goo.gl/maps/N9THuecCwrughuYz9>
- 10.30 Conference and guided tour which will last till 12:00
- 12.15/12.30 Ladies' Lunch please note you need to write to Lilo Valli to join at lunchtime.
Will enjoy lunch at Da Me', Via S. Giovanni 9, 6500 Bellinzona

The visit is free of charge, but we will apply a fee of CHF 20.00 for the now show and late cancellation.

24h cancellation policy (CP)

Husbands, partners, and friends are all welcome, IWCL members have of course priority. Please contact Sue for more information and please let her know if you want to join for the visit. Lunch, at your own cost, details are below. Please contact Lilo Valli.

Sue March

+41 77 924 16 76

iwclpresident@gmail.com

LADIES' LUNCH AT RISTOPUB STEAKHOUSE DA ME', BELLINZONA

In October we will eat lunch at Ristorante Da Me', there is a menu of the day as well as salads, pasta dishes, meat and a great selection of burgers (vegan and vegetarian options, please read the menu below).

Date: 25 October**Time:** 12.15/12.30**Address:** Da Me, Via S. Giovanni 9, 6500 Bellinzona**Google map:** <https://goo.gl/maps/ZJqft2FwsG5JXt5w7>**Menu:** <https://dame-bellinzona.ch/wp-content/uploads/sites/65/2023/06/INGLESE.pdf>

Please note seasonal card not included in the link to the menu

Please contact Lilo to reserve your place.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

Some of us will take part in the visit to IRB in Bellinzona that morning, information above. Please remember to contact Sue March to join the activity.



ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other!



Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

"BREATHE, RELAX, FEEL!"

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on Tuesday, 17 October at 10.00 promptly at Hotel Pestalozzi for our discussion based "The Miniaturist" by Jessie Burton which will be led by Hanneke. Come and join us even if you haven't read them book! You might be tempted!

For your diaries, here are the next meeting dates, with our book choices.. Please note that we now all pay CHF 3- per person at Book Group.

21 November - Birnam Wood, by Eleanor Catton

19 December - Remarkably Bright Creatures, by Shelby Van Pelt

16 January - The Hare with Amber Eyes, by Edmund de Waal

Please note that 19 December will be our "Tuesday Choose-day" when we will select our books from February to June. Please let Hanneke have your suggestions asap!

We look forward to seeing you all soon. Happy reading!

Hanneke Sillekens

076 220 93 19

iwclbookgroup@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

COOKING GROUP (CP)**Tuesday, 10 October, 18.30 onwards****A Real English Sunday Lunch!**

(On a Tuesday Evening!)

We have a beautiful, new, purpose-built venue, **La Cascina, Via Cremignone 4G in Sorengo!** Come and check out the view, the facilities, the superb kitchen and dining area!

Our Cooking Group is open to **ALL MEMBERS** each month – the only requirements are to reserve your place early and to clear up afterwards!! Come and join us so we can learn, cook and eat together. We continue our exciting Cooking Group year with

A Real English Sunday Lunch, hosted by Linda and Jan.**Our dress code for the evening is 'Smart Casual.'**

Several members have been disappointed recently when the group has been full. Sign up early!

Starter: Pea and Ham Soup, Home Made Bread

Main: Roast Pork (and all the 'trimmings ...')
Yorkshire Puddings, Roast Potatoes, Stuffing, Apple Sauce,
Cauliflower Cheese, Buttered Carrots

Dessert: Fruit Crumble and Custard**Wine Pairing by NERIDA****When:** Tuesday, 10 October, 18.30 onwards**Where:** La Cascina, Via Cremignone 4G, Sorengo**Cost:** Up to CHF 40 per participant (usually less.) Our cancellation policy applies.

The Comune of Sorengo are levying a small charge for the rental of La Cascina, which will be reflected as a share of each participant's cost for the evening."

Parking: There is ample free parking. A short, two-minute walk uphill is rewarded by the great location. There is a drop-off point (as we had at Viganello) if you are carrying heavy items. You will receive more details when you reserve your place.

Required: Tea towel, apron, making the kitchen is spotless **before you leave!**

To book your place or for more information (we can accommodate up to 12 people) please contact Sue.

Sue March

077 924 16 76

iwc|president@gmail.com

LET'S DANCE - KEEP FIT, HAVE FUN, MAKE FRIENDS

Everyone is welcome to join our Dance Group, back by popular demand after the Summer Break, meeting at the usual time of 10.30 - 12.00 on Wednesdays. We will dance together not only the moves from previous groups, but also learn new styles, ably led by our Blanca, as we prepare for Christmas!



This time, we have a series of 12 sessions, and we pay only for the room rental divided by the number of participants; to be paid at the first session. Please sign up with Marina asap. Dates as follows:

4, 11, 18 and 25 October

1, 8, 15, 22 and 29 November

7 and 14 December

Marina Marsaglia

marinaporza@gmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Happy Hat with Irène p.10	2 English German	3 Monthly Meeting p.1	4 Golf p.8 English Dance p.13	5 Italian Mah Jong p.9 French	6
7	8	9 English Burraco p.8	10 French Coffee p.8 Cooking p.13	11 Golf English French Dance	12 Italian Mah Jong French	13
14	15	16 English German	17 French Coffee Book Group p.12	18 English Golf Dance	19 Italian Mah Jong French Tour of Lugano p.10	20 Coffee p.4
21	22	23 English Burraco	24 French Coffee	25 Golf Dance English Cultural Vist and Ladies' Lunch p.11	26 Italian Mah Jong French	27
28	29	30	31	OUR NEXT MEETING WILL BE THE CHRISTMAS FAIR ON TUESDAY, 7 NOVEMBER AT THE HOTEL PESTALOZZI		

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
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Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com
Events	Sabrina Nicod	079 642 40 18	iwcleveninggroup@gmail.com

ADVERTISING**Conditions of acceptance:**

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Catherine Orelli**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Waltraud Vitaliano Jansen
091 923 42 69
waltraud.vitaliano@gmail.com

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.

Send contributions to:
6900editoriwcl@gmail.com

Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**

077 924 16 76 or iwclpresident@gmail.com

or our Membership Secretary, **Jonsi Andrews**

091 649 66 13 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Burraco	Donna Vanoni	donnavanoni@yahoo.com	079 620 49 33
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Sue March	marchsue@hotmail.com	077 924 16 76
	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Sabrina Nicod	iwcleveninggroup@gmail.com	079 642 40 18
	Elizabeth Ak	iwcleveninggroup@gmail.com	
French Coffee	Marcela Selmoni		076 331 04 44
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mannu	danielamann@hotmail.com	
Golf	Marlene Mugglin	toursservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Latin Dancing	Blanca Giovannari	Blanca.giovannari333@gmail.com	076 817 77 52
Liaison	Waltraud Vitaliano	waltraud.vitaliano@gmail.com	
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	
	Ruth Kaiser	vernerkaiser@bluewin.ch	091 606 16 14
Moms and Tots	Rocio Tauber	rocio_cuervo@hotmail.com	
Music	Malu Natali	positivo9945@gmail.com	078 715 13 12
On Track	Pierra Serra	piertaserra@gmail.com	079 913 68 04
Spanish Conversation	Blanca Giovannari	Blanca.giovannari333@gmail.com	076 817 77 52
Website	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

*If you have changes to the above information, please contact Sue March at:

PHOTOS TAKEN AT VILLA SASSA COCKTAIL PARTY

