

APRIL 2024

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3 www.iwcl.org Issue 318

"By members, for members; together in friendship for over 35 years."

IWCL MONTHLY MEETING

Tuesday, 9 April at the Hotel Pestalozzi

Via Pietro Bianchi,

Piazza Indipendenza 9,

6901 Lugano

09.30 - 10.00 Refreshments

10.15 - 10.30 Club Announcements

10.30 - 11.30 Speaker: Christine Petersen

TARGET SHOOTING AS A HOBBY



Christine Petersen was born in Denmark and brought up in West Africa and the UK. After graduating with a B.A. Hons. from the European Business School in London and Reims France, Christine lived and worked throughout Europe before settling in Switzerland 26 years ago where she founded her company VIRAK. Today, Christine will talk about her favourite hobby and passion: pistol target shooting.

She started shooting pistols at 25m and 50m targets in 2019 – 5 years ago, and found that she was naturally good at hitting the target. Since then, she started competing at shooting events in Ticino and in Switzerland, and has by now won many prizes.

In today's talk, Christine will talk about the history of non-military target shooting in Switzerland, women and shooting, and about the basic security rules. She will bring an (unloaded) pellet pistol to show you.

PLEASE SHOW RESPECT TO OUR GUEST SPEAKERS

As you all know, our keynote speakers each month are volunteers, giving us the benefit of their time and knowledge at our Monthly Meetings. It's up to us, therefore, to show that we appreciate them. Please can we all make sure that we do the following:-

Try to arrive on time, or if you're late, come in quietly if the presentation has begun.

Turn off your mobile phone for the duration of the presentation.

Avoid chatting with your neighbour during the presentation and also coffee/tea will no longer be served once the presentation has begun.

Thank you, ladies.

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MONTHLY MEETINGS IN 2024

7 May

4 June

10 September

1 October

5 November

3 December

A MESSAGE FROM YOUR IWCL TREASURER.

"Dear Ladies,

What a pleasure it was to see so many members at the Monthly Meeting in March! As you know, Covid has had an enormous effect on each and every one of us, including our Club. Since becoming Club Treasurer three years ago I have been able to see how hard the Board and many loyal members have worked to be able to keep everything going during hard times. This year we have all witnessed a sharp increase in the cost of living and therefore, on behalf of the Club, the Board has had to make some changes to expenditure, resulting in an increase in Membership Fees.

Despite welcoming several new members this year, the overall membership has decreased since Covid. This has been largely due to the change in circumstances of many ladies who have either left Lugano, or who are too busy with their private lives to be able to participate in Club events. While I can assure everyone that the Club finances are in good order, going forward we need to have more members to be able to continue to offer all the lovely events we have benefited from in the past.

My message then, dear Members, is to promote your club to your friends and help in any way you can to increase our Membership. Let's get more ladies involved by bringing friends to a Monthly Meeting to see what a lovely, friendly atmosphere we offer.

With many good wishes to you and your families for 2024.

Jan Stanford

IWCL Treasurer"

PROPOSE A CHARITY FOR 2025

2025 should be a Charity year for IWCL. This is your opportunity to nominate a Charity for our Club to support, and to put together a Committee to organise the fund-raising events. Please contact Sue – 077 924 16 76 – with your ideas, or for any information and support in putting your official proposal together. Please be aware that all completed proposals must be received by Renata, our Club Secretary (iwclsecretary@gmail.com) by 30 September 2024.

Please be aware that, as previously specified, we are looking for a group of members to form the Charity Committee for 2025, reporting to the Board. It is not the role of the Board to run our charity events, and so, if we are unable to find a committee willing to undertake the work, we will not be able to have a charity beneficiary next year. If you are interested in being part of a Charity Committee (should a proposal be made and accepted) please also let Renata know by the same deadline.

The Board

NEW MEMBER

Dr. Patricia Camillo
Via Concordia 6
6900 Lugano
Mobile: 079 788 02 51
pat.camillo@gmail.com



Patricia is New York born and characterizes herself as optimistic, resilient and determined. She holds a doctorate in nursing and anthropology and is very passionate about women's health. She loves cooking, baking, literature, teaching, gardening and creative writing. Previously residing in Bergen near her daughter she moved to Ticino, drawn by its proximity to Italy and favourable climate. Patricia is working on an ethnography focusing on how culture impacts health.

IWCL PHOTOS NOW ON DROPBOX

We have moved all the photos from our IWCL events to Dropbox for easy viewing and downloading. This means that you can at any time go to the link: <https://www.dropbox.com/sh/oon9x7eyidui009/AAB9s3cAlgxiBt3prgifWPFMa?dl=0> and click on any of the years to see photos from the events that happened that year. When you click on any photo, then you can download the photo to your computer, or simply view it. The work to transfer the photos will take time to complete so please be patient. We hope you enjoy the photos as much as we do!

MENTOR SCHEME FOR NEW MEMBERS

Have you been a member of IWCL for a while, and do you know your way around Lugano? Would you be kind enough to offer advice and support to a new Club member for their first six months here? Maybe you could welcome someone to their first Monthly Meeting or our Club Coffee Morning, or simply arrange a chat over a coffee.



The support could include advice about parking, doctors, dentists, veterinarians, kennels, shopping, restaurants ... the list is endless! Most important is a friendly voice and a listening ear, just whilst your mentee settles in.

Here's a comment from our new Membership Secretary about the Mentorship Scheme: "As a new member in Barcelona, I was taken under the wing of a very kind lady when we had just moved there, 20 years ago. I felt a million times better once I knew that there was someone in my new home town who could offer advice, help, and who I could sometimes lean on."

It would be great to set up a team of mentors and give a Mentor Scheme a solid try here in Lugano. We can really make a difference. Your help is amazingly appreciated.

If you feel able to be a Mentor, or would like a Mentor, please contact our new Membership Secretary.

Andrea Never

iwclmembershipsecretary@gmail.com

**THE IWCL BOARD IS DELIGHTED TO INVITE YOU TO
A SPRING PARTY (CP)**

Friday, 24 May from 19.30* onwards at the
Al Lido, Viale Castagnola 4, 6900 Lugano

All IWCL members will enjoy this evening free of charge. Should you wish to share this beautiful evening with your husband, partner or friends please feel free to invite them.

Price per guest: CHF 60.- to be paid in cash or by credit card at the event.

Price includes tasty food, 2 beverages as well as music for dancing under the stars.

Please note that the Club is delighted to offer 2 glasses of the wine and soft drinks provided.
All subsequent drinks are at your own cost.

You are also most welcome to purchase any alternative drinks (at your own expense)
should you wish to do so.

Remember we have a photographer taking pictures on the night, so feel free to stop him to take your portrait with your beloved friend or, why not, your new CV or social media pictures!

Please let us know if you would like to join us by signing up at the Monthly Meeting,
or by emailing Christine Petersen: iwclofficialevnts@gmail.com no later than Friday 10 May.

Please be aware that the Club's cancellation policy will apply

IWCL members as well as all non-Club members cancelling less than 48 hours prior to the event
will be charged.

The entrance registration desk will close at 20.00, if you know you'll be late
please get in touch with Christine to be sure you are not charged as a no show.

Thank you for your understanding.

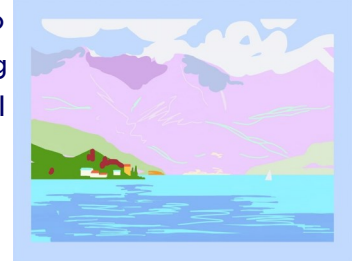
MOMS AND TOTS

For more information about Moms and Tots please contact Rocio Tauber. Her email address is:
rocio_cuervo@hotmail.com

ART EXHIBITION IN COMO - 'COLOUR PROFUSION'

by Irma Kennaway

Our former member, the suggestive painter Irma Kennaway, is excited to share 'Colour Profusion,' a one man free show of digital art portraying Lake Como and nearby nature in an astonishing, vibrant way. Irma will personally take us around the show with the building director Guido Stancanelli.



Where: Banca Generali Private, Como. Lungolaro Trento 9/
Piazza Volta 44. Entrances from lakeside/Piazza Volta
(in the ex Ratti Villa)

When: Friday, 26 April, 14.00

09.00 Train from Lugano, arrives Como San Giovanni 09.50
Coffee Time, then a chance to sightsee, shop and wander.

12.30 Lunch at Osteria Casa 28, Via Vitani 46

14.00 Visit to 'Colour Profusion' Exhibition

17.10 Train from Como San Giovanni, arrives Lugano 17.54

'Colour Profusion' General Exhibition by Irma Kennaway:- 22 March - 10 June

Monday to Friday 09.00-13.00 /14.00-17.30 Cell: +39 338 1907860

<http://www.irmakennaway.com>

To sign up for our visit, please contact Sue **BEFORE SATURDAY, 20 April.**

Sue March

iwclpresident@gmail.com

Please buy your train tickets well in advance. We will meet on the platform at 09.00 (latest!) It's also fine to arrange to meet us in Como, either at the restaurant or at the exhibition ... but please let Sue know in advance if this is your plan. Thank you.

COFFEE MORNING

Please join us for some friendly conversation on at Ristorante Pizzeria Breva, just past Pane e Zucchero, on the other side of Migros. It's also an opportunity for new and long-standing members to get to know each other. We are meeting this month on Friday, 19 April.



Karen Claus

karennclaus@gmail.com

DRAMA GROUP - IMPROVISATION WORKSHOPS

Are you interested in Drama, but unable to commit to a weekly rehearsal schedule? Are you keen to make friends and have fun in an unthreatening environment? Would you like to have some new experiences, feel challenged and work as part of a team? Thanks to those members who have already come along to our first sessions. The next ones will be:-



10.30 -12.00 at the Hotel Pestalozzi Tuesday, 16 April Tuesday, 21 May

Everyone is very welcome to come and try. It's not about acting, or learning to be 'funny' and absolutely no drama experience is necessary, just a willingness to participate (even if you are a bit shy.)

We'll get involved with 'Yes And...', Listening, Character, Story, Objects, Scene Work and Games (but not all in the same session!) The only thing I ask is that you please let me know if you will join us!

Sue March

077 924 16 76

iwclpresident@gmail.com

VISIT TO 'BOLLE di MAGADINO'

Thursday, 18 April - 09.00 onwards

We invite you all to take a trip with IWCL to a beautiful nature reserve near Locarno. The 'BOLLE di Magadino' landscape is formed from marshlands, reeds, sand holms and floodplain forests (willows, poplars, white alders). It's a protected area around the mouths of the rivers Ticino and Verzasca, and in April, it's famous as a resting stop for thousands of migratory birds!



The environment is a result of a constant exchange between land and water: the river deposits alluvial material during floods and the lake water regularly covers the riverbanks, creating an ideal habitat for birds, flowers and shrubs of humid climates. This protected area at Lake Maggiore is an interesting landscape for pleasant walks all year round.

The protected area is nationally recognised as a site with particular natural and ecological interest which lends itself for people of all ages to take a walk enjoying the flora and fauna. The area, located along the shore of the Lake Maggiore, has been protected since the 1970s and is especially known as one of the last natural deltas in Switzerland. It is a preferred site for many species of migratory birds that, during their long journey from South to North, stop to rest and can be seen in the spring. Visitors can discover the area by following marked trails equipped with information boards in English, Italian and German, and enjoy observing the flora and fauna from especially raised lookout points. We will have a guided tour (in Italian, since no English tours are available) at the cost of CHF 80, to be divided between the participants. We advise you to wear sturdy shoes and a waterproof coat! Once we know who's coming along, we will organise a car-share.

Please sign up for this event by contacting Sue **BEFORE 10 APRIL**.

This event can also be combined with the April Ladies' Lunch (see page 7) for which you will need to sign up with Renata - iwclsecretary@gmail.com

Sue March

iwclpresident@gmail.com**'SUNDOWNER SPECIAL'**

Ladies, we are delighted to announce our new Aperitivo Group!

Once a month, we will meet for drinks '**after work**' in a great venue in and around Lugano. We would love to encourage everyone to join us, and especially those ladies who can't often make it to daytime activities.

Our April Sundowner will be at:

BUBY BAR

(Via Al Laghetto 3, Sorengo)

Thursday, 25 April from 18.00

This is an opportunity to experience an exciting, authentic "Bavarian Birrainfesta"

It would be great to know that you are coming along; please contact Elizabet at

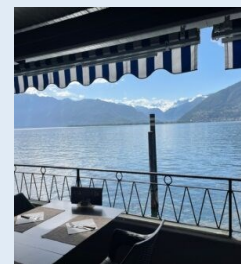
iwclofficialevents@gmail.com

If you have a favourite Aperitivo location, let us know and maybe we can organise the next Sundowner there!

LADIES' LUNCH

In April we will eat our Ladies' Lunch together after our visit to 'Bolle del Magadino' lunch at the Albergo del Lago, Magadino which has a beautiful terrace directly overlooking Lago Maggiore. It's a restaurant renowned for good, fresh ingredients, lake fish specialties and excellent service.

Date: Thursday, 18 April
Time: 12.15/12.30
Address: Albergo del Lago, Via Cantonale 142, Magadino
Menu: Lake fish, pasta, grills, salads, a range of different dishes.
 Please note that the lunch menu changes frequently.



There is always a daily menu. Please join us by contacting:

Renata del Grande 078 862 62 41 iwclsecretary@gmail.com

Some of us will take part in the visit to the Magadino Parklands that morning (information on page 6 of the Newsletter). Please remember to contact Sue to join that activity.

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.



Pam Blakey 091 980 45 07 076 229 22 50 pam.blakey@yahoo.com

FRENCH COFFEE ANYONE?

If you are interested in getting together for coffee every Tuesday at 14.00 at the Luini coffee shop by the LAC, I will form a Whatsapp chat with all interested ladies.

Once a group is formed, whoever is able to join us on the day will need to confirm their presence on our Whatsapp. I will not be a group leader, but I am coordinating this activity so that we can converse in French regularly, starting this month.



Marcela Selmoni 076 331 04 44

GOLF

We meet at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A2 to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week. Please contact Marlene for more details. Thank you.



Marlene Mugglin 091 967 15 47 079 423 68 47 tourservices.lugano@freesurf.ch

MUSIC APPRECIATION GROUP

I know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?

This is the group for you!! I want to create an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

Please sign up to this 'Music Appreciation Group' so that we can keep each other informed about all the musical events taking place in Lugano. I look forward to hearing from you, and I will get back to you soon with some ideas!

Malu Natali

078 715 13 12

positivo9945@gmail.com



LET'S CHAT IS GOING HIKING!

This group meets at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme.

Please contact Maria to be included on the distribution list for information about forthcoming walks.

Maria de la Cámara

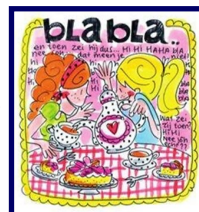
079 263 04 65

maría.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com



MAH JONG

Do you like to play board games? Why not try MAHJONG?

In 2005 we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.

Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different). You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62/091 630 11 27

ruthsergi@bluewin.ch

Maria Blersch

079 228 62 82/091 972 26 49

mariablersch@bluewin.ch



ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other!



Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

"BREATHE, RELAX, FEEL!"

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



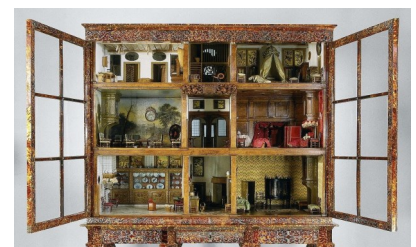
Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on 23 April, 10.00 promptly at Hotel Pestalozzi, for our discussion based on 'The Kashmir Shawl,' by Rosie Thomas, which will be presented by Nadia. Come and join our Book Group meeting, even if you haven't read the book! You might be tempted!



Here below are the dates for your diaries of our BG meetings up to the summer break, along with the titles you have selected. Thank you for participating in the voting - it was very difficult to choose! Please note that we now all pay CHF 3.- per person at Book Group.

14 May - *The Keeper of Lost Words*, by Pip Williams

11 June - *Lost and Found*, by Jacqueline Sheehan

We look forward to seeing you all soon. Happy reading.

Hanneke Sillekens

076 220 93 19

iwclbookgroup@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

COOKING GROUP

"A Danish Family Hygge Dinner"

Tuesday, 9 April, 18.30 onwards

We have a beautiful, new, purpose-built venue, La Cascina, Via Cremignone 4G in Sorengo! Come and check out the view, the facilities, the superb kitchen and dining area!

Our Cooking Group is open to ALL MEMBERS each month – the only requirements are to reserve your place early and to clear up afterwards!! Come and join us so we can learn, cook and eat together. We continue our exciting Cooking Group year with

A Traditional Danish Hygge Dinner, hosted by Christine.



Our dress code for the evening is 'Purple.'

Several members have been disappointed recently when the group has been full. Sign up early!

Appetizer:-	Danish Potato Salad		
Starter:-	Gravad and Smoked Salmon Salad with Mustard Dressing		
	Home-Made Bread		
Main:-	Danish Meatballs	Potatoes	Cream of Spinach
	Minted Peas	Gravy	
Dessert:-	Apple Compote	Caramel Crumble	Whipped Cream

Wine Pairings by NERIDA

When: Tuesday, 9th April, 18.30 onwards

Where: La Cascina, Via Cremignone 4G, Sorengo

Cost: Up to 50ChF per participant (usually less.) Our cancellation policy applies. Please note that La Cascina is now levying a small charge for the rental, which will be reflected as a share of each participant's cost for the evening.

Parking: There is ample free parking. A short, two-minute walk uphill is rewarded by the great location. There is a drop-off point (as we had at Viganello) if you are carrying heavy items. You will receive more details when you reserve your place.

Required: Tea towel, apron, making sure that the kitchen is spotless before you leave!

To book your place or for more information (we can accommodate up to 12 people) please contact Sue

Sue March

0779 241 676

iwclpresident@gmail.com

LET'S DANCE - KEEP FIT, HAVE FUN, MAKE FRIENDS

Everyone is welcome to join our IWCL Dance Group, back by popular demand, at the usual time of 10.30 - 12.00 on Wednesdays.

We will dance together not only the moves from previous groups, but we will also learn new styles, as we prepare for our next Club event!

This time, we have a series of 16 sessions, and we pay only for the room rental divided by the number of participants; to be paid at the first session.

Dates as follows: 3, 10, 17 and 24 April

Please sign up with Marina Marsaglia asap:



Marina Marsaglia

marinaporza@gmail.com



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com

Italian conversation for beginners with Isabella Zardi takes place at her house in Breganzona. Ladies interested should contact Isabella."

Contact details: 079 375 24 14

Spanish conversation weekly with Blanca Giovannari at the LAC Cafe. Please contact her if you would like to participate. Initially, all ability levels are welcome.

Contact details: 076 817 77 52 Blanca.giovannari333@gmail.com

English Conversation We meet at the Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo on 8, 15, 22 and 29 April.

Contact details: 076 224 90 01 karendaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Jan Stanford at 14.30 at La Cascina in Sorengo on 10 and 24 April.

Contact details: 076 681 08 42 iwcltreasurer@gmail.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini Café, via Funicolare 2, Lugano on Wednesday, 17 April from 14.00 - 15.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Ilona Pongracz at Canvetto Luganese, in Lugano; Vie R. Simeon 14b weekly, every Thursday from 16.00 - 18.00.

091 825 33 03 ipongracz@ethika.ch

German Conversation with Daniela Mannu at Al Vecchio Torchio, Viganello every first and third Monday of the month from 10.30. Please bring paper, pen and coloured pencils.

079 120 71 96 danielamannu@hotmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 French Coffee p.7	3 Golf p.7 Dance p.10 English p.11	4 Italian p.11 Mah Jong p.8 French p.11	5
6	7	8 English p.11	9 Monthly Meeting p.1 French Coffee Cooking p.10	10 Dance Golf English	11 Italian Mah Jong French	12
13	14	15 German p.11 English	16 French Coffee Drama p.5	17 French p.11 Dance Golf English	18 Italian Mah Jong French Visit to Magadino p.6 Ladies' Lunch p.7	19 Coffee p.5
20	21	22 English	23 French Coffee Book Group p.9	24 Dance Golf English	25 Italian Mah Jong French Sundowner Drinks p.6	26 Art Exhibition p.5
27	28	29 English	30 French Coffee			

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
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Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Membership	Andrea Never	076 413 32 75	iwclmembershipsecretary@gmail.com
Hospitality	Catherine Orelli	091 600 97 27	iwclhospitality@gmail.com

ADVERTISING**Conditions of acceptance:**

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Catherine Orelli**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Claude Perrinjaquet Boni
079 487 89 92
cm.boni@gmail.com

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.
Send contributions to:
6900editoriwcl@gmail.com
Ann Lutz

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

If you would like more information about the Club please contact either our President **Sue March**
077 924 16 76 or iwclpresident@gmail.com
or our Membership Secretary, **Andrea Never** on 076 413 32 75
or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
	Nadine Matey	nadine.matey@bluewin.ch	
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Dance	Marina Marsaglia	marinaporza@gmail.com	091 941 8563
Drama	Sue March	marchsue@hotmail.com	077 924 16 76
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
French Coffee	Marcela Selmoni		076 331 04 44
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