

NOVEMBER 2024 INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 323

"By members, for members; together in friendship for over 35 years."

IWCL MONTHLY MEETING

Tuesday, 5 November at the Hotel Pestalozzi

Piazza Indipendenza 9, 6901 Lugano

09.30 - 10.00 Autumn Fair/Refreshments 10.15 - 10.30 Club Announcements

10.30 - 11.30 Speaker: Roberto Wettstein

"ELECTROSMOG:

WHAT IT IS AND HOW TO DEAL WITH IT IN PRACTICE."



Hello everyone! I am Roberto Wettstein, born and raised in Lugano, a beautiful region surrounded by Nature. I started my training as an electrician and then went on to study engineering. Ever since I was a child, I have always been attracted by technology and nature. I used to get up at night and spend hours and hours watching lightning, these wonderful phenomena of Nature with great electrical discharges and great roars. Really very interesting and at the same time dangerous phenomena.

My innate curiosity then drove me to want to know more about technology and I started studying energy engineering in Fribourg. My sensitivity was put to the test in 2014 when I discovered that I was electrosensitive. From that moment on my life changed radically, and I wanted to find solutions to my problem and put them into practice by helping those in need. This is why I then specialised in Electrobiography and Bionomics to analyse the various energy phenomena within environments, and their interaction with people. I aim to find a perfect balance in environments by putting the people who live and inhabit them first.

Today, I am professionally involved in environmental quality in Switzerland and abroad, in particular Surveys, Geopathic zones, Electrosmog, Air Quality and Water Quality. We help companies with special corporate Welfare Projects for their employees, we help private individuals and families to live better in their environment. Major areas of my activity are consulting, training and prevention, which is why I am very happy and grateful to share the information with all of you during my presentation.

AUTUMN FAIR

At our November Monthly Meeting, the doors will open promptly at 09.30 to allow you to browse and shop whilst you drink your coffee.

Five of our creative and artistic members will have their tables full of beautiful wares for you to purchase. Come and support them.

Get ready for Christmas early!

INDEX

Art	10
Advertising	13
Autumn Fair	1/2
Board and Chairwomen	13
Book Group	10
Breathe, Relax, Feel	10
Calendar	13
Christmas Dinner	5
Charity 2025	7
Chocolate Factory	9
Christmas Pot Luck Lunch	4
Coffee Morning	11
Contact Details	14
Cooking	11
Events Chair	2
Find Your Photos	6
Golf	8
Information about IWCL	14
Interest Groups	14
Italian Grp. Leader Needed	6
IWCL Facebook	4
IWCL Website	4
Knitting Group	8
Ladies' Lunch	9
Language Classes	12
Let's Chat in English	8
Let's Dance	7
Mah Jong	9
Membership Fees	2
Mentor Scheme	4
Moms and Tots	2
Monthly Meetings 2024	2
Music Appreciation	6
Nominations for Board	3
Paintings to Treasure	7
Sundowner Special	8

MONTHLY MEETINGS IN 2024

3 December - Potluck Lunch

MEMBERSHIP FEES 2025

Please remember to pay your membership fees of CHF 120.— so that you may participate in all of next year's events. In particular, if you would like to attend the New Year Cocktail Party, please ensure that you have paid your fees **before 23 January 2025**. The payment details are as follows:

Account / Payable to CH76 0900 0000 6900 6056 1

INTERNATIONAL WOMEN'S GROUP 6900 Lugano

Additional information: Please write Membership Fee 2025



If you have any questions about your payment, please contact

Jan at: iwcltreasurer@gmail.com

Thank you for your cooperation.

The Board**AUTUMN FAIR****TABLES AT 5 NOVEMBER MEETING**

Ladies, if you would like a table at our November Monthly Meeting to sell your wares (including pre-loved items) or to advertise your business, please let me know right away! We won't be having a Christmas Fair this year, so this is your opportunity to bring your crafts to the attention of your fellow members! Everyone is welcome!

**Sue March**iwclpresident@gmail.com**EVENTS CHAIR**

We send massive thanks to Sabrina Nicod, who for so long has organised our big Club events with such understanding, skill and efficiency. Although she's run our major parties and Fairs for many years, she took on the formal role of Events Chair during the Covid period, and was instrumental in keeping our Club vibrant and successful with external events and activities when we were unable to meet indoors. Sabrina is a huge part of IWCL, and fortunately for us, though she is moving on from the Board due to her business and family commitments, she will remain a member so we will hopefully still see her often!

We also welcome Elizabeth Ak, who has worked with Sabrina for some time as an Evening Group co-ordinator, and who will now step up to the Board as our new Events Chair. There's always such a lot to do; thanks to Elizabeth for volunteering!

MOMS AND TOTS

For more information about Moms and Tots please contact Rocio Tauber. Her email address is:

rocio_cuervo@hotmail.com

CANDIDATES FOR IWCL BOARD 2025**Sue March (President)**

Sue March was born in the UK and has lived abroad for the past 25 years. She moved to Lugano with her husband ten years ago, and joined IWCL before she even arrived! Currently serving on the Board as President, she is thoroughly and passionately involved in the life of our Club. She runs the Cooking Group and Cultural Events. She would be honoured to continue her service into 2025 as your President. An English Literature graduate, Sue has always been a teacher, working in a wide range of academic centres across Europe. With professional qualifications in Education and Drama, she has taught Theatre Arts and worked as a drama therapist, a producer and a theatre director. As a qualified counsellor, Sue's focus is on individual support, and she tries to bring a sense of personal warmth, openness and friendship into all her work within IWCL. She speaks English, French, Italian and some Dutch. She has three grownup children, two grandchildren and a mad cat! She represents the caring, forward-looking and inclusive spirit of our Club.

**Christine Petersen (Vice President)**

Christine moved to Lugano from Geneva in 2011 to settle here. She has served as Treasurer of the IWCL from 2014 -2019, and is standing for Vice President again in 2025. Internationally focused, Christine founded VIRAK, a Swiss based training and consulting company in 2002, having previously worked for many years as a Project Manager around Europe. Christine is Danish/Norwegian, spent her childhood in West Africa and the U.K and speaks Danish, Norwegian, English, French, Italian and German. She is an experienced manager and a highly detail-oriented professional. Christine represents continuity, efficiency and the multicultural spirit of the Club.

**Jan Stanford (Treasurer)**

Jan Stanford has lived in Ticino for many years with her husband bringing up a family of two boys. She lives in the Malcantone, speaks Italian and has been a member of the Club for the last 6 years. She has worked in the accounting department of both Franklin University and The American School in Switzerland (TASIS) and in the last 12 years before retirement, she managed the Human Resource department of over 300 employees at TASIS which included being responsible for contracts and salaries. She is both trustworthy and reliable and is excited to be able to continue using her skills as Treasurer for the benefit of the club members.

**Renata Del Grande (Executive Secretary)**

Renata was born and raised in Lugano as a bilingual Italian and German speaker. As a language student, she lived for some time in Texas and worked on an intercultural programme for the 'American Field Service,' which inspired her enthusiasm for travel and new cultural experiences. After returning to Switzerland, Renata joined the national airline, Swissair, as an operations manager and spent time in Dakar (Senegal) and Rome before being promoted to the Geneva management team. Her work has always been focussed on communications and customer relations. As a senior staff trainer, she ran and facilitated communication and service seminars and workshops for her trainees. People are Renata's main interest in life; she also loves opera, ballet, art and literature. Since returning to live in Lugano post-retirement, Renata has been an active member of the Club. She speaks Italian, German, French, English and Spanish; she represents international experiences and traditional values and would be honoured to serve again on the Board as Executive Secretary.

CHRISTMAS POTLUCK LUNCH

Ladies, this is a reminder that our December Monthly Meeting on 3 December) will be our traditional Potluck Lunch. We are asking those of you with surnames which begin from **A to N** to please bring a **savoury** dish to share, and for those of you with surnames from **O to Z** to bring a **sweet** one. It will also be your opportunity to vote for the IWCL Board and for our next Charity beneficiary. Your ballot forms will be sent out towards the end of November.

**IWCL WEBSITE**

Please refer to the IWCL website for information on:

OPEN DOORS

OUR CANCELLATION POLICY (CP)

THANK YOU FOR SIGNING UP!

IWCL PHOTOS

BIRTHDAYS IN OUR DIRECTORY

YOUR CLUB NEEDS YOU

PHOTOS FOR WEBSITE

RESPECT FOR OUR SPEAKERS

COPY OF THE LATEST NL

PUBLICISING YOUR ENGLISH SPEAKING EVENTS IN OUR NL

Please contact Andrea if you need or have forgotten your password
to access the site

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at: 6900editoriwcl@gmail.com
Please note: you must use a private FB account and NOT a commercial one. Many thanks.

MENTOR SCHEME FOR NEW MEMBERS

If you are a new member and need support with doctor visits, vets, household help, home design/renovation, insurance companies, car registration, etc. or a shoulder to lean onto, you are not alone!



Please feel free to contact:

Isabel Bern

isabel@bern.life

Irene Fröhlich

076 334 55 50

Maura Koopman

teupi@yahoo.com

Sharon Palette

sep.ticino@bluewin.ch

INVITATION (CP)
CANDLELIGHT CHRISTMAS DINNER AT THE HOTEL DELFINO
Wednesday, 4 December 2024



Our special “ladies only” Christmas dinner will take place this year on Wednesday 4 December 2024 at Hotel Delfino, Via Cassarinetta 6, 6900 Lugano.

Please note that due to limited places, each member may bring one guest.

Our evening will begin with an aperitivo at 19.00 followed by dinner at 19.45.

The cost for the evening will be CHF 95.– per person all inclusive.

The registration on the sign-up sheet or directly with Christine for the dinner is binding and there will be no confirmation. No payment beforehand is required, payment directly at the dinner.

Please let me know which menu you prefer, and if you wish to have any special seating arrangements.

No shows will be charged the full cost of the dinner. **Deadline for reservations is Friday 1 December.**

Please contact: Christine Petersen by email at:

petersen@virak.com or send a message by phone: 078 854 24 68.

MEAT MENU

Welcome finger food appetisers

Salmon and dill terrine with toast and salted butter

Fillet of duck with reduction of merlot, figs and potato dauphinoise

Chocolate trilogy

FISH MENU

Welcome finger food appetisers

Butternut pumpkin soup with pumpkin seeds and oil

Sea bass filet and jumbo shrimp mediterranean style

Chocolate trilogy

VEGETARIAN MAIN OPTION

Mosai of vegetables with figs and potato dauphinoise

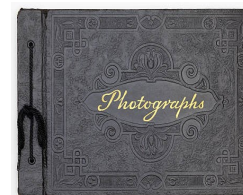
For any special food requirements, please let Christine know.

FIND YOUR PHOTOS!

Ladies, did you know that you can see photos from all our IWCL events, going back several years, simply by accessing our Dropbox?

It's really easy to find them - Ann has already sent you the link:-

<https://www.dropbox.com/scl/fo/ai79cbog2dhidfwzf5i3/h?rlkey=jidl4b7kg5cnf2089rv1pojvg&st=mn0y3jqb&dl=0>



However, if you aren't confident with the technology, but would still like to see the photos, then bring your phone, iPad or laptop to the October Monthly Meeting where our resident expert, Christine, will give you a tutorial so that you will always be able to find your photos in future!

MUSIC APPRECIATION GROUP- THANK YOU!

We know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?

This is the group for you!! We would like to continue to have an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

The Cinema Lux in Massagno (or sometimes Iride in Lugano) show operas that come directly from the Metropolitan Opera New York. Here is the 2024/25 programme.



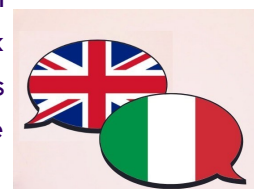
23rd November	Tosca	(Puccini)
25th January	Aïda	(Verdi)
15th March	Fidelio	(Beethoven)
26th April	Le Nozze di Figaro	(Mozart)
17th May	Salomé	(Richard Strauss)
31st May	Il barbiere di Siviglia	(Rossini)



Renata Del Grande

ITALIAN CONVERSATION GROUP LEADER NEEDED!

Hi ladies! We urgently need a fluent Italian speaker to start a new, intermediate level conversation group. Please can you volunteer an hour of your time each week (time and place of your choosing) to support a small group of your fellow members in becoming more fluent in spoken Italian? We need you! Contact Sue for more information.



Sue March

077 924 16 76

iwclpresident@gmail.com

LET'S DANCE!

Keep fit, have fun, make friends!

Hi ladies! Come and join our IWCL Dance Group, back by popular demand, at the usual time of 10.30 - 12.00 every Wednesday.

We will dance together not only the moves from previous sessions, but we will also learn new styles, as we prepare for our next Club event!

This time, we have a series of 12 sessions, and we pay only for the room rental divided by the number of participants; to be paid at the first session.

Dates as follows:

6, 13, 20 and 27 November

4 and 11 December

Please sign up with Marina as soon as possible.

Marina Marsaglia

marinaporza@gmail.com



CHARITY PROPOSAL FOR 2025

Associazione "Oltre Noi"

Dear IWCL Members,

The decision to propose the Associazione "Oltre Noi," based in Breganzona, as our charity beneficiary for next year does not come about by chance. This registered charity has the aim of creating a better living environment for those involved in raising children with autism.



I have known the President, Patrizia Berger since childhood. Patrizia is a person that I admire very much for her constant commitment to making autism more known and to including people with "different" skills in society. Having herself a daughter that is autistic Patrizia has come up with various projects that aim at helping each other, meeting with each other and perhaps also giving the opportunity to some youngsters and their families to go on a holiday break that otherwise would not be possible. All in all, she hopes to make a better living environment for those involved in raising children with autism.

To raise funds for Patrizia's Association, four events will be organised during 2025 and the proceeds will be handed to her in 2026. Our Committee, which consists of newer and longer-standing members of IWCL, would be happy to have your vote and your support.

Adriana Cloete

PAINTINGS TO TREASURE!

Donatella Vanoni is a noted artist, and a long-standing member of IWCL. Many of us already have beautiful paintings on our walls that she has created from precious photos, and she continues to offer this service to us for a very reasonable donation to the Club and our Charity.

The paintings can be created in different sizes, and can be framed or backed according to your preference. They are always lovely, but Donatella wishes to point out that, if you don't love it, you don't have to take it! Please contact her for more information.



Dona Vanoni

079 620 49 33

donavanoni@yahoo.com

'SUNDOWNER SPECIAL'

Ladies, we are delighted to continue our evening Aperitivo Group!

Once a month, we meet for drinks '**after work**' in a great venue in and around Lugano. We would love to encourage everyone to join us, and especially those ladies who can't often make it to daytime activities.

Our November Sundowner will be at:

CAFE RETRO

Via Generale Guisan 6, Paradiso

Thursday, 21 November from 18.30 onwards

At this event, you will pay for your own drinks as they are served.

It would be great to know that you are coming along so please contact Elizabet.

Elizabet Ak

iwclevengroup1@gmail.com

GOLF

We meet at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A2 to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week. Please contact Marlene for more details. Thank you.



Marlene Mugglin

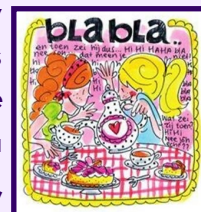
091 967 15 47

079 423 68 47

tourservices.lugano@freesurf.ch

LET'S CHAT IS GOING HIKING!

This group meets at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme.



Please contact Maria to be included on the distribution list for information about forthcoming walks.

Maria de la Cámara

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

LADIES' LUNCH

This month we are combining the Ladies' Lunch on 21 November with the trip to Chocolate Stella (full details below). We shall meet up at 12.00 at the:

Restaurant del Moro
Largo Libero Olgiati 6
Giubiasco.



Please contact Lilo for more details and to sign up.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

CULTURAL VISIT

THURSDAY, 21 NOVEMBER at 14.30

CHOCOLATE STELLA

Via alle Gerre 28, 6512 Giubiasco

We are delighted to be able to offer our members the opportunity to take a private tour of the Stella Chocolate Factory, which has been producing Swiss chocolate for over 90 years! Over 85 percent of the total production consists of private label products for companies around the world, and their Swiss specialties are appreciated in over 50 countries. There will also be a chance to taste the chocolate and to visit the outlet store, perhaps to stock up on some early Christmas presents!



The cost of the visit is CHF 10.- per person. Visitors must wear long trousers and closed shoes (absolutely no sandals!)

Before the visit, we will have the **Ladies' Lunch** with Lilo at a nearby restaurant in Giubiasco. Please see her separate announcement above and sign up for the lunch with her.

To join us at Stella, please contact Claude:-

Claude Perrinjaquet Boni

079 487 89 92

cm.boni@gmail.com

MAH JONG



Do you like to play board games? Why not try MAHJONG?

In 2005 we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different). You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62/091 630 11 27

ruthsergi@bluewin.ch

Maria Blersch

079 228 62 82/091 972 26 49

mariablersch@bluewin.ch

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other!



Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on 19 November at 10.00 promptly at Hotel Pestalozzi, for our discussion based on *'The Familiars,'* by Stacey Halls, which will be presented by Sue. Come and join us for another wonderful Book Group meeting, even if you haven't read the book! You might be tempted!



In our planning we changed the order of the books to be discussed from September to January 2025 to give everyone the opportunity to present and lead the discussion. The titles of the books have remained the same:-

10 December: "Portrait of an Unknown Woman," by Daniel Silva (Nicolette)

21 January 2025: "The Rice Mother" by Randy Manicka (Who?)

Please note that we need to pay for the room each month, so now you can either pay CHF 30 for the year or CHF 3 per session at Book Group.

Soon, we will need to select our books for the next six months. Please send your suggestions to us, with a brief synopsis, by the end of November. We will as usual compile the list for voting.

We look forward to seeing you all soon. Happy reading!

Hanneke Sillekens

076 220 93 19

iwclbookgroup@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

COOKING GROUP

"A Bulgarian Banquet"

Tuesday, 12 November, 18.30 onwards

We have a beautiful, new, purpose-built venue, La Cascina, Via Cremignone 4G in Sorengo! Come and check out the view, the facilities, the superb kitchen and dining area!

Our Cooking Group is open to ALL MEMBERS each month – the only requirements are to reserve your place early and to clear up afterwards!!

Come and join us so we can learn, cook and eat together.

We continue our exciting Cooking Group year with

"A Bulgarian Banquet" hosted by Krasimira.

Our dress code for the evening is "**Classy**".

Several members have been disappointed recently when the group has been full so please sign up early!

- Appetizer:-** Shepherd's Salad (with tomato, cucumber, roasted peppers, mushrooms, feta, boiled eggs and dressing)
- Starter:-** Banitza - A Bulgarian savoury pie, with minced meat, eggs and cheese in a thin crust
- Main:-** Bulgarian moussaka (traditional Balkan dish of diced potatoes and fresh mushrooms, minced beef and vegetables, stewed in the oven and topped with béchamel sauce.)
- Dessert:-** Tikvenik - "Pumpkin Patch" (baked in the oven from thin sliced skins, grated pumpkin, walnuts and vanilla sugar)



Wine Pairings by NERIDA

- When:** Tuesday, 12 November, 18.30 onwards
- Where:** La Cascina, Via Cremignone 4G, Sorengo
- Cost:** Up to CHF 50.- per participant (usually less.) Our cancellation policy applies. Please note that La Cascina is now levying a small charge for the rental, which will be reflected as a share of each participant's cost for the evening.
- Parking:** There is ample free parking. A short, two-minute walk uphill is rewarded by the great location. There is a drop-off point (as we had at Viganello) if you are carrying heavy items. You will receive more details when you reserve your place.
- Required:** Tea towel, apron, making sure that the kitchen is spotless before you leave!

To book your place or for more information (we can accommodate up to 15 people) please contact Sue.

Sue March 077 924 16 76 iwclpresident@gmail.com

COFFEE MORNING

Please join us for some friendly conversation on at Ristorante Pizzeria Breva, just past Pane e Zuccherio, on the other side of Migros. It's also an opportunity for new and long-standing members to get to know each other.



We are meeting this month on Friday, 15 November. Please contact Karen for full details.

Karen Claus karennclaus@gmail.com



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi takes place at her house in Breganzona. Ladies interested should contact Isabella."

Contact details: 079 375 24 14

English Conversation We will meet at the Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo on 4, 11, 18 and 25 November.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Jan Stanford at 14.30 at La Cascina in Sorengo on 13 and 27 November.

Contact details: 076 681 08 42 iwcltreasurer@gmail.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini Café, via Funicolare 2, Lugano. We are meeting this month on Wednesday, 13 November from 14.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Ilona Pongracz at Canvetto Luganese, in Lugano; Vie R. Simeon 14b weekly, every Thursday from 16.00 - 18.00.

091 825 33 03 ipongracz@ethika.ch

German Conversation with Daniela Mannu at Al Vecchio Torchio, Viganello every first and third Monday of the month from 10.30. Please bring paper, pen and coloured pencils.

079 120 71 96 danielamannu@hotmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
POTLUCK LUNCH ON TUESDAY, 3 DECEMBER AT THE HOTEL PESTALOZZI			1	2 Golf p.8 English p.12	3 Italian p.12 Mah Jong p.9 French p.12	1
2	3	4 English p.12 German p.12 Art p.10	5 Monthly Meeting and Autumn Fair p.1	6 Golf English Dance p.7	7 Italian Mah Jong French	8
9	10	11 English	12 Cooking p. 11	13 French p.12 Golf English Dance	14 Italian Mah Jong French	15 Coffee p.11
16	17	18 English German Art	19 Book Group p.10	20 Golf English Dance	21 Italian Mah Jong French Ladies' Lunch p.9 Chocolate Factory p.9 Sundowner p.8	22
23 Opera p.6	24	25 English	26	27 Golf English Dance	28 Italian Mah Jong French	29

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Events	Elizabet Ak		iwcleveninggroup1@gmail.com
Hospitality	Catherine Orelli	079 902 57 53	iwclhospitality@gmail.com
Membership	Andrea Never	076 413 32 75	iwclmembershipsecretary@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
 Mailing **Catherine Orelli**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Claude Perrinjaquet Boni
 079 487 89 92
 cm.boni@gmail.com

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.
 Send contributions to:
 6900editoriwcl@gmail.com
Ann Lutz

WEBSITE

If you have any photos or information to add to the website please contact:

Ruth Sergi
 079 607 8262
 ruthsergi@bluewin.ch

If you would like more information about the Club please contact either our President **Sue March**
 077 924 16 76 or iwclpresident@gmail.com
 or our Membership Secretary, **Andrea Never** on 076 413 32 75
 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
 Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Coffee Morning	Karen Claus	karenclaus600@gmail.com	076 224 90 01
	Nadine Matey	nadine.matey@bluewin.ch	
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Dance	Marina Marsaglia	marinaporza@gmail.com	
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
Evening Group	Elizabet Ak	iwcleveninggroup1@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mannu	danielamann@hotmail.com	
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Liaison	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	079 607 82 62
	Maria Blersch	mariablersch@bluewin.ch	079 228 62 82
Moms and Tots	Rocio Tauber	roocio_cuervo@hotmail.com	
Music Appreciation	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Sundowner Special (Aperitivo)	Elizabet Ak	iwcleveninggroup1@gmail.com	
Website Photos	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

***If you have changes to the above information, please contact Sue March at:
 iwclpresident@gmail.com**