

MARCH 2025

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3 www.iwcl.org Issue 327

"By members, for members; together in friendship for over 36 years."

IWCL MONTHLY MEETING

Tuesday, 11 March at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 Refreshments 10.15 Club Announcements

10.30 Speaker: Jennifer Stone-Wigg



Hello, my name is Jennifer Stone-Wigg, MBE. I was born in Droitwich Spa, England, during the war. As my mother's house in London was destroyed, my first six years were in a cottage in Droitwich, attached to the vicarage, without water or electricity. My father was in the medical corps in Dunkirk and afterwards stationed in various places around England. Unfortunately, he died when I was 16 yrs old and I had to leave school and take an apprentice scheme for five years with Garringtons, a part of the Guest, Keen and Nettlefords group. We were connected with Brown Boveri in Baden, and after having passed my exams I was invited to Switzerland to finish my studies.

In 1973 I moved to Ticino and was employed for 17 years in the telex office of the stock exchange in ex-Banca del Gottardo, followed by 8 years in their art gallery until my pension. During that time the bank changed to BSI bank and then EFG. While working with Banca del Gottardo we had a visit from photographers and actors from Bosnia and Herzegovina. I was shocked with what was happening in their country and wanted to help. I then heard about a Roman Catholic priest living in Valmorea, Como who had formed an organisation to help the victims and who was trying to promote peace. After that I became a member of his association.

I then visited Bosnia with him three times during the war. In 1997 just after the end of the war I brought 14 young paraplegics (young soldiers) and 4 medical staff from Sarajevo for two weeks holiday. They stayed in Bioggio and slept in the military war bunkers in Bioggio. I will never forget the generosity of the people of Bioggio who organised meals every day, and to the medical staff of Notwil who invited them for two days for medical treatments. In 2011 I began our organisation "Swiss Help for Peace in Bosnia" and in 2003 we invited 24 one parent children for a holiday in Bigorio. Lodgings were offered to us by the Cappuccini Monks. I cannot name all the many people and businesses who contributed to the children's holiday. In Bissone they offered us two days free swimming and Dimitri performed for them.

In my talk in March I will tell you something about my experiences and sentiments during 14 years in and out of Bosnia.

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**A VERY WARM WELCOME TO OUR NEW MEMBERS
CHIN, DANIELLE, MANUELA, KATHARINA AND PAMELA**

Chin-Fang Yang Carls

Twäracherstr. 4, 8118 Pfaffhausen
079 707 38 69 cfycarls@gmail.com

Chin would love to make more open-minded and positively thinking friends. Chin loves languages, culture, music, nature and animals and would like to share her knowledge about the philosophy of a healthily balanced life. Chin describes herself as open, curious and happy.

Danielle Muller

Via Adriana Ramelli 2, 6900 Lugano
077 268 42 10 danmu_ch@yahoo.com

Danielle moved with her husband to Ticino to enjoy the Italian Culture which she loves and to be near her Mum in Bern. Danielle received her PhD in Comparative Literature from USC, Los Angeles and was a tenured Professor in the English department at a college in Los Angeles. She felt very passionate about her work and her students. Danielle would love to be involved in the Book Club and would like to teach academic writing and research or give German, French or English classes. Danielle's other hobbies are music, dance, politics, history, knitting, hiking and exploring cities.

Katharina Felizitas Kraus

Via Rovencano 4, 6933 Muzzano
079 326 86 05 katharina.f.seiler@gmail.com

Katharina moved with two young children to Ticino in 2020 due to her husband taking over his father's dental practice. Katharina grew up with four siblings and would like her children to grow up in a loving and fun environment. She is also pursuing her path in psychology with the focus on working as a psychotherapist. Katharina has also lived in Vancouver, Canada and Sydney, Australia. Her other hobbies include producing wine, cooking/baking, nature, skiing, music and crocheting. Katharina is offering to organise a wine tasting event around Muzzano for us.

Manuela Peduzzi

Via Giuseppe Bagutti 39, 6900 Lugano
Mobile 077 440 67 19 Manuela.peduzzi@gmail.com

Manuela was born in Bellinzona and spent her childhood there before relocating to Zurich, Geneva, Paris and Marseille and returning to Lugano a couple of years ago. Manuela loves all aspects of travel, is very curious about society as such and psychology. She describes herself as outgoing, lazy and eclectic. Manuela would like to teach French or Italian conversation and eventually organise a small jazz event.

Pamela Spahr

Via Dott. G. Polar 69 A, 6932 Breganzona
079 404 75 07 or 091 966 5781 geramela@gmail.com

Pamela was born in Maryborough, Queensland, Australia and moved for her partner from Australia to Ticino. She loves travel, music, art, languages, cooking, painting and aqua gym. Pamela describes herself as reliable, optimistic and progressive. Pamela speaks German, Italian, French and English of course.

MONTHLY MEETINGS IN 2025

8 April

6 May

3 June

9 September

7 October

11 November

2 December

CRAFT AND WELLNESS DAY

SATURDAY, 8 March

La Cascina

PLEASE SIGN UP FOR YOUR WORKSHOPS

iwclpresident@gmail.com

10.00-11.00: Anna-Marie (Origami)

10.30-12.00: Cinzia (Thermomix)

11.00-13.00: MJ (Art Therapy)

12.00 - 13.00: Maura (Crochet)

12.00 - 13.00: Karen (Designer T-shirts)

POT LUCK LUNCH (12.00-13.30)

13.30-14.30: Elizabet (Dance)

13.30-14.30: MJ (Emotional Management)

14.30-15.30: Heike (Wellness)

15.30-16.30: Linda (English Scones)

15.30 - 16.30: MJ (Emotional Defences)

16.30-17.30: Maria Teresa (Meditation)

17.30 onwards:- Nerida (Wine Tasting)

FLYER ATTACHED TO EMAIL

Back by popular request ...

"MURDER MYSTERY EVENING"

Special 3-Course Dinner

SAVE THE DATE!!!

TUESDAY, 13 MAY

18.30 - until the crime is solved!

LA CASCINA, SORENGO

ADVERTISEMENT

ADVERTISEMENT

ADVERTISEMENT

ADVERTISEMENT

My name is Celina Kupczyk and I am from Poland, I am looking for a position as a carer for the elderly. I am hardworking and speak good Italian.

I am looking to help someone who would need assistance (such as caring, doing shopping, cleaning, cooking, etc.) mainly in the afternoons (4-5 hours, or flexible) and perhaps 2 mornings a week (3-4 hours).

If you would like any other information or if you have questions please feel free to contact me on: +41 76 270 00 22. Thank you.

“SAVE YOUR STUFF!”

As you will have seen, we are planning a Vintage Sale at Hotel Pestalozzi on 26 April.

We are hoping for donations of quality, high-end and designer clothing and accessories, such as bags, hats, jewellery, scarves. Your donation can be left at the hotel reception at any time! We are fortunately able to store everything until the day of the sale.

Please save your stuff! Don't throw or give away anything we might be able to sell - but please note that we are asking only for wearable items of high quality.

You are kindly invited to spread the word among your friends, through social channels and among people you usually meet, both for donations and for their support on the day of the sale.

Thank you in advance for your generous help (profits to our Charity, *Oltre Noi*).

The IWCL Board



International Women's Club of Lugano

Join us at our...

Spring Vintage Sale

**Saturday 26 April 2025
10:00 - 19:00**

**at the Hotel Pestalozzi
Piazza Dell Indipendenza 9
Lugano**

... for the benefit of our Club Charity: “Oltre Noi”

**Clothes - Bags - Scarves - Jewelry -
Accessories - Beautiful Shoes (36-37EU)**

Info: iwclvicepresident@gmail.com

IWCL CHARITY ANNOUNCEMENTS

SILENT AUCTION
IN AID OF OUR IWCL CHARITY BENEFICIARY
'OLTRE NOI'

Please Can You Help?

Dear members and friends of IWCL, once again we turn to you to ask for your help. We would like to hold a Silent Auction at one of our Charity events in 2025. We are asking for some special items which might raise money for our beneficiary 'Oltre Noi' with silent bids. We, along with the autistic children and their families, would be extremely grateful if you could please help us by thinking whether you have something special that you can donate, which people might bid on.



We will be happy to come to collect your donations, and to discuss the reserve price with you. You can always contact us for more information.

Adriana Cloete, Charity Chair
Claude Boni, Charity Treasurer

cloete.adriana55@gmail.com
cm.boni@gmail.com

IWCL WEBSITE

Please refer to the IWCL website for information on:
OPEN DOORS

OUR CANCELLATION POLICY (CP)
IWCL PHOTOS
YOUR CLUB NEEDS YOU
RESPECT FOR OUR SPEAKERS

THANK YOU FOR SIGNING UP!
IWCL DIRECTORY
PHOTOS FOR WEBSITE
COPY OF THE LATEST NL

PUBLICISING YOUR ENGLISH SPEAKING EVENTS IN OUR NL

Please contact Andrea if you need or have forgotten your password
to access the site

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at: 6900editoriwcl@gmail.com
Please note: you must use a private FB account and NOT a commercial one. Many thanks.

MENTOR SCHEME FOR NEW MEMBERS

If you are a new member and need support with doctor visits, vets, household help, home design/renovation, insurance companies, car registration, etc. or a shoulder to lean on, you are not alone!

Please feel free to contact:

Isabel Bern
Irene Fröhlich
Maura Koopman
Sharon Palette

isabel@bern.life
076 334 55 50
teupi@yahoo.com
sep.ticino@bluewin.ch



CLUB DISCOUNTS

Dear Ladies,

You might not know that we have a page on our IWCL website that shows which hotels and Spas in Lugano give us discounts: <https://iwcl.org/members-discount/>

For example, the Choice Spa has increased their discounts to us. Check out their and the other hotels' deals.

Kind regards,

Christine Petersen
IWCL Vice President



MUSIC APPRECIATION GROUP– THANK YOU!

We know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?

This is the group for you!! We would like to continue to have an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

The Cinema Lux in Massagno (or sometimes Iride in Lugano) show operas that come directly from the Metropolitan Opera New York. Here is the 2024/25 programme.

15th March	Fidelio	(Beethoven)
26th April	Le Nozze di Figaro	(Mozart)
17th May	Salomé	(Richard Strauss)
31st May	Il barbiere di Siviglia	(Rossini)

Renata Del Grande



COFFEE MORNING NEW STYLE : “THE ROUND TABLE”

We are meeting this month on Friday, 21 March (10.30-11.30 hrs) for a coffee and a conversation (“The Round Table”) , at the COOP City ristorante, Via Nassa 22, Lugano.

The theme will be: “My mobile”

What does my mobile mean to me? Can I live without my mobile? When and how do I use my mobile? These are some of the questions. What is your answer?

Everyone is welcome, registration is not necessary.

Hope to see you at the “Round Table” on 21 March!

Ina Boonacker

inaboonacker-mulder@hotmail.com



CULTURAL VISIT (CP)

LAC LUGANO

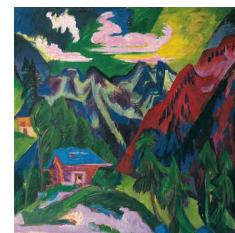
Ernst Ludwig Kirchner and the artist of the Red/Blue Group

and

Louisa Gagliardi

'Many Moons'

Wednesday, 12 March @ 14.00



The exhibition presents firstly the work of Ernst Ludwig Kirchner (1880-1938) and highlights, in particular, the influence he had on the generation of young Swiss artists in the development of their expressionist pictorial and sculptural language. The selection of around twenty paintings by Kirchner, coming from prestigious public and private Swiss and European collections, thus intends to contextualise an important page in local and national artistic history.

Louisa Gagliardi (1989, Sion, Switzerland) has established herself as one of the most interesting voices on the Swiss contemporary art scene. In her works, which combine traditional painting techniques and digital technology, she explores themes such as identity, how society is changing, and the relationship between the individual and their environment. For her solo exhibition at MASI Lugano – the first in a Swiss museum – the artist will be showing a series of new works, paintings and sculptures in a site-specific presentation designed for the LAC's lower ground floor.

On this visit, we will not have an English speaking guide. The cost of the visit will therefore only be CHF 16 per person.

Members can combine this visit with the March Ladies' Lunch, organised by Lilo (please see announcement below). Please book your lunch directly with Lilo!

We need to book our tour of the exhibition so please contact Elizabeth to reserve your place, **before 8 March**.

Elizabet Ak

iwclevelandgroup1@gmail.com

LADIES' LUNCH

This month we will have lunch on 12 March before the visit to the exposition of KIRCHNER at the LAC.

I propose the restaurant OLIMPIA, piazza Riforma, Lugano. It's about a 10-15 minute walk to the LAC.

We will meet at the restaurant at 12.00 so we have enough time to order.

**Lilo Valli**

079 207 20 92

lilosmile@yahoo.de

MOMS AND TOTS

For more information about Moms and Tots please contact Rocio Tauber. Her email address is:

rocio_cuervo@hotmail.com

LET'S DANCE!**Keep fit, have fun, make friends!**

Hi ladies! Come and join our IWCL Dance Group, back by popular demand, at the usual time of 10.30 - 12.00 every Wednesday.

We will dance together not only the moves from previous sessions, but we will also learn new styles, as we prepare for our next Club event!

This time, we have a series of 10 sessions, and we pay only for the room rental divided by the number of participants; to be paid at the first session. Dates as follows:

March:- 12, 19, 26

Please sign up with Marina Marsaglia asap:

Marina Marsaglia

marinaporza@gmail.com

**MAH JONG**

Do you like to play board games? Why not try MAHJONG?



In 2005 we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different). You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62/091 630 11 27

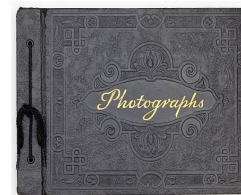
ruthsergi@bluewin.ch

FIND YOUR PHOTOS!

Ladies, did you know that you can see photos from all our IWCL events, going back several years, simply by accessing our Dropbox?

It's really easy to find them - Ann has already sent you the link:-

<https://www.dropbox.com/scl/fo/ai79cbog2dhidhfz5i3/h?rlkey=jidl4b7kg5cnf2089rv1pojvg&st=mn0y3jqb&dl=0>



However, if you aren't confident with the technology, but would still like to see the photos, please email Christine at: iwclvicepresident@gmail.com

If you would not like your photos posted, please let Christine know.

'SUNDOWNER SPECIAL'

Ladies, we are delighted to continue our Evening Group activities with a fantastic "Rock and Blues Night" on **Thursday, 27 March**.

Once a month, we meet for drinks 'after work' in a great venue in and around Lugano. We would love to encourage everyone to join us, and especially those ladies who can't often make it to daytime activities.

Our March Sundowner will be a bit different. We are going to:

"Hollywood Bar" - Rock & Blues Night

Via G. Baguette 14, Lugano

Meet: 19.00 Aperitivo: 21.30

Dinner: 20.15 - chosen individually from the menu

Music and Dancing: 21.00

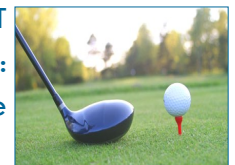
At this event, you will only pay for your food and drinks. We need to know that you are coming along so please don't just turn up! Please contact Ilona **BEFORE 24 MARCH**.

Ilona Pongracz

ipongracz@ethika.ch

GOLF

We meet at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A2 to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week.



Marlene Mugglin

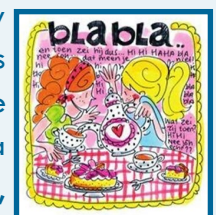
091 967 15 47

079 423 68 47

tourservices.lugano@freesurf.ch

LET'S CHAT IS GOING HIKING!

This group meets at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme.



Please contact Maria to be included on the distribution list for information about forthcoming walks.

Maria de la Cámara

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other!



Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on Tuesday, 18 March at **10.30 promptly** at the Hotel Pestalozzi. Our discussion based on *‘Time in Between’* by Maria Duenas, which will be led by Francesca. Come and join us for another wonderful Book Group meeting, even if you haven't read the book! You might be tempted!



15 April - ‘Children of this Land,’ by Serafina Crolla (Angela)

20 May - ‘All the Flowers in Paris,’ by Sarah Jio (Sue)

10 June - ‘The Heaven and Earth Grocery Store,’ by James McBride (?)

16 September - ‘The Frozen River,’ by Ariel Lawson (?)

10 June will also be our Tuesday Choose-day where we will select our books up to next December.

Please note that we need to pay for the room each month, so now you can either pay CHF 30.- for the year or CHF 3.- per session at Book Group.

We look forward to seeing you all soon. Happy reading!

Cathrine Orelli

079 902 57 53

iwclhospitality@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

COOKING GROUP (CP)

“Japanese Food That You Can Cook at Home”

Our Cooking Group has moved back to
Il Grottino Viganello, Via Pergola 5, Viganello
(look for the Lugano flag!)

Our Cooking Group is open to **ALL MEMBERS** each month – the only requirements are to reserve your place early and to clear up afterwards!! Come and join us so we can learn, cook and eat together. We continue our exciting Cooking Group year with
‘A Japanese Feast!’ - hosted by Yoko and Rie
Our dress code for the evening is **“EXCITING”**

Several members have been disappointed when the group has been full. Sign up early!

Appetisers: Simmered Egg and Yuba Tofu Skin Mini Tofu Burgers

Starter: Chilled Pork Shabu-Shabu Salad Sesame Sauce Stir-fried Green Beans

Main: Onigirazu (filled balls with exciting fillings”)

Dessert: Hojicha (roasted green tea pudding)

Wine pairings by Nerida

When: Tuesday, 11 March, 18.30 onwards

Where: Il Grottino Viganello, long standing members will remember this location!

Cost: Up to CHF 50.- per participant (usually less.) **Our cancellation policy applies.**

Please note that the Comune is levying a small charge for the rental, which will be reflected as a share of each participant's cost for the evening.

Parking: There is ample kerbside parking, and the Autosilo Civico on the corner. There is space out side for the host to leave their car, as you are bringing heavy items, and a bus stop next door!

Required: Tea towel, apron, **MAKING THE PLACE SPOTLESS** before you leave!

To book your place or for more information (we can accommodate up to 15 people) please contact Sue.

Sue March

077 924 16 76

iwclpresident@gmail.com

**COFFEE MORNING**

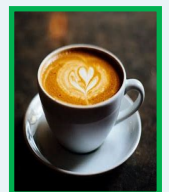
"Life happens, coffee helps! Join me for a morning filled with caffeine and laughter!"

Friday, 7 March at 10.00

Munger Tea Room

Via Giacomo Luvini 4/6

6900 Lugano



Very much hope to see you there!

Andrea Never

neverandrea@yahoo.de



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi takes place at her house in Breganzona. Ladies interested should contact Isabella."

Contact details: 079 375 24 14

Italian conversation (Advanced) will take place every Monday at Raffaella's home in Gentilino, from 14.45 - 15.45 Please email her for further details.

Contact details: 079 941 72 03 lella.reverberi@gmail.com

Italian Conversation with Oana Stan. Please contact Oana for more information.

Contact details: oanastan.1@gmail.com

English Conversation We will meet at the Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo on 3,10,1,24 and.31 March.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Pat Camillo will take place every Tuesday, at 14.00 in the Café at Coop City, (4th Floor), Via Nassa.

Contact details: 079 788 0251 Pat.camillo@gmail.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini Café, via Funicolare 2, Lugano. We are meeting this month on Wednesday, 12 March from 14.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Ilona Pongracz at Canvetto Luganese, in Lugano; Vie R. Simeon 14b weekly, every Thursday from 16.00 - 18.00.

091 825 33 03 ipongracz@ethika.ch

German Conversation with Daniela Mannu at Al Vecchio Torchio, Viganello every first and third Monday of the month from 10.30. Please bring paper, pen and coloured pencils.

Contact details: 079 120 71 96 danielamannu@hotmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 and 31 March Mindfulness p.10 Italian p.12 English p.12 German p.12	4 English p.12	5 Golf p.9 English p.12	6 Italian p.12 Mah Jong p.8 French p.12	7 Coffee p.11
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**OUR NEXT MONTHLY MEETING WILL TAKE PLACE
ON 8 APRIL AT THE HOTEL PESTALOZZI**

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Events	Elizabet Ak		iwcleveninggroup1@gmail.com
Hospitality	Catherine Orelli	079 902 57 53	iwclhospitality@gmail.com
Membership	Andrea Never	076 413 32 75	iwclmembershipsecretary@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
 Mailing **Catherine Orelli**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Claude Perrinjaquet Boni
 079 487 89 92
 cm.boni@gmail.com

WEBSITE

If you have any photos or information to add to our
 Dropbox please contact:
Ruth Sergi
 079 607 8262
 ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.
 Send contributions to:
 6900editoriwcl@gmail.com
Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**
 077 924 16 76 or iwclpresident@gmail.com
 or our Membership Secretary, **Andrea Never** on 076 413 32 75
 or iwclmembershipsecretary@gmail.com

If you would like to organise an event please contact our Calendar Coordinator
 Ann Lutz to check available dates: 6900editoriwcl@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Hanneke Sillekens	iwclbookgroup@gmail.com	
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Club Photographer	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62
Coffee Morning	Andrea Never	iwclmembershipsecretary@gmail.com	076 413 32 75
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Dance	Marina Marsaglia	marinaporza@gmail.com	
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Jan Stanford	bstanford@bluewin.ch	076 681 08 42
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
English Conversation	Pat Camillo	pat.camillo@gmail.com	079 788 0251
Evening Group	Elizabet Ak	iwcleveninggroup1@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mannu	danielamann@hotmail.com	
Golf	Marlene Mugglin	toursservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Italian Conversation (Adv.)	Raffaella Reverberi	lella.reverberi@gmail.com	079 941 72 03
Italian Conversation	Oana Stan	oanastan1@gmail.com	
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Liaison	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	079 607 82 62
	Maria Blersch	mariablersch@bluewin.ch	079 228 62 82
Moms and Tots	Rocio Tauber	rocio_cuervo@hotmail.com	
Music Appreciation	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Sundowner Special (Aperitivo)	Elizabet Ak	iwcleveninggroup1@gmail.com	
Website Photos	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62

***If you have changes to the above information, please contact Sue March at:
 iwclpresident@gmail.com**