

MAY 2025

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3 www.iwcl.org Issue 329

"By members, for members; together in friendship for over 36 years."

IWCL MONTHLY MEETING

Tuesday, 6 May at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 Refreshments

10.00 onwards Club Announcements and Speaker: **AMAAL HASSAN**

From Wheelchair to Active Life: How I Befriended My MS



How can a major life challenge become our greatest strength and open doors to new opportunities?

You may have heard the saying: *Where there's a challenge, there's an opportunity.* I used to hear it too, but I never truly understood it—until I lived it. Today, I want to share my journey with multiple sclerosis (MS) and how what seemed like my greatest obstacle became my greatest transformation.

I am Amaal Hassan, a Certified Brain and Life Coach, a citizen of the world with Egyptian roots. For the past 13 years, I have been living in Ticino, where I have built a life that, at one point, I thought was impossible.

My life has led me through two major transformations: first, when I left Egypt to start a new life in Switzerland; and second, when I was diagnosed with MS. Within a week, I went from being independent and active to suddenly finding myself in a wheelchair. Like anyone facing an unexpected life shift I experienced shock, denial, and frustration, but instead of letting MS define me, I made a promise to myself—to learn everything I could to reclaim my life. That was the beginning of my journey toward *befriending* my MS.

Ten years later, I have nothing but gratitude for this journey. Why? Because it forced me to discover parts of myself I never knew existed—inner strength, resilience, and an entirely new perspective on life. I didn't just learn to cope with MS; I transformed it into a force for growth.

In my presentation, I will share my story and a step-by-step guide to navigating challenges. I encourage you to bring to mind a challenge you are currently facing so that you can apply these steps in real time. Let's explore together how mindset, perspective, and the right strategies can help us not just survive life's challenges—but thrive through them.

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MONTHLY MEETINGS IN 2025

3 June	9 September
7 October	11 November
	2 December

Back by popular request ...

MURDER MYSTERY EVENING (CP)

"THE RECIPE FOR DEATH"

with prizes and a

Special 3-Course Dinner

TUESDAY, 13 MAY

18.30 - until the crime is solved!

LA CASCINA, SORENGO

"WHO KILLED CATHY?"



The plan:-

Come and be a detective for an evening! Join us to solve the puzzle of the shocking death of cafe owner Cathy. Your team of detectives will be able to follow the action and interview the suspects, as you piece together the reasons why Cathy had to die, and who killed her. Cluedo for adults! Something exciting and different for IWCL! Friends and partners are very welcome to come along and be detectives too!

The evening is divided into five sessions:-

1. Aperitivo, just to get you detectives prepared ... with an introduction to the characters
2. Starter - the back stories and scenes from before the murder
3. Main course - opportunity to interview each suspect
4. Dessert - decide upon your criminal
5. Plenary (a retrospective) and prize-giving!

The menu:-

1. Prosecco with olives, tapenade, hummus, pissaladiere
2. Home made Chicken Liver Pate with salad and homemade bread
3. Chicken curry with porcini mushrooms and rice
4. Individual Fruit Pavlovas and cream

Cost:- CHF 45.- per person (cancellation policy applies) Limited places.

To book, please contact Sue **before 8th MAY!**

Sue March

077 924 16 76

iwclpresident@gmail.com

THE IWCL BOARD IS DELIGHTED TO INVITE YOU TO A SPRING PARTY (CP)

**Friday, 23 May from 18.30* onwards at the
Al Lido, Viale Castagnola 4, 6900 Lugano**

All IWCL members will enjoy this evening free of charge. Should you wish to share this beautiful evening with your husband, partner or friends please feel free to invite them.

Price per guest: CHF 65.- to be paid in cash or by credit card at the event.

Price includes tasty food, 2 beverages as well as music for dancing under the stars.

Please note that the Club is delighted to offer 2 glasses of the wine and soft drinks provided. All subsequent drinks are at your own cost.

You are also most welcome to purchase any alternative drinks (at your own expense) should you wish to do so.

Please let us know if you would like to join us by signing up at the Monthly Meeting, or by emailing Elizabet Ak: iwclofficialevnts@gmail.com no later then Friday 16 May.

Please be aware that the Club's cancellation policy will apply

IWCL members as well as all non-Club members cancelling less than 48 hours prior to the event will be charged.

The entrance registration desk will close at 20.00, if you know you'll be late please get in touch with Elizabet to be sure you are not charged as a no show.

Thank you for your understanding.

YOUR OPINION MATTERS!

We haven't had a questionnaire for five years, so here's a new opportunity to tell us what you think about our Club!

Below, you will find a link to a survey which you can click on and complete anonymously (although you can also give your name if you wish!) Please complete this online survey by Tuesday, 10 June.

Alternatively, at our June Meeting (3 June at Hotel Pestalozzi) we will be holding an open discussion forum at 09.45, followed by the chance for you to complete a paper version of the questionnaire if you prefer. This forum will then be followed by a keynote speaker.

Please don't hesitate to contact a member of the Board if you have any questions - and we look forward to reading, collating and acting on your responses!

You may click on this link to access the questionnaire: <https://www.surveymonkey.com/r/KXQCTXB>

**YOUR OPINION
MATTERS**



TO OUR NEW MEMBERS ANNE AND MARIA

Anne grew up in the French part of Switzerland and has moved to Ticino to be closer to her daughter and family. Ann-Lydie is a professional seamstress and has a passion for gospel singing and outdoor activities. Anne-Lydie describes herself as being reliable, courageous, optimistic and social.

Her faith in God gives her a lot of strength.

Anne Baggett

Via Bonere 21

6997 Sessa

Mobile: 076 212 50 42

Whatsapp: +1 916 586 19 56

annelydie@hotmail.com

Maria moved to Ticino with her husband and was a member of the international Women's Club of Milano and in the USA. Maria loves sports, travelling, culture and cooking and has a very caring and social personality. Maria is offering to help wherever help is needed.

Maria Andersson

Via Antonio Galli 8

6900 Lugano

Mobile: 076 625 15 87

Andersson_castaldi@hotmail.com

SILENT AUCTION IN AID OF OUR IWCL CHARITY BENEFICIARY 'OLTRE NOI'

Please Can You Help?

Dear members and friends of IWCL, once again we turn to you to ask for your help. We would like to hold a Silent Auction at one of our Charity events in 2025. We are asking for some special items which might raise money for our beneficiary 'Oltre Noi' with silent bids. We, along with the autistic children and their families, would be extremely grateful if you could please help us by thinking whether you have something special that you can donate, which people might bid on.



We will be happy to come to collect your donations, and to discuss the reserve price with you. You can always contact us for more information. Thank you.

Adriana Cloete, Charity Chair

Claude Boni, Charity Treasurer

cloete.adriana55@gmail.com

cm.boni@gmail.com

ART, CRAFT & WELLNESS DAY 2026

Organiser(s) Needed



Our previous Wellness Days have been bright and beautiful events with lots of member participation in workshops, exhibitions, displays, stalls and pot-luck lunches. We've had dancing, cooking, painting, meditating, self-reflecting, creating and lots of fun.



Here's an opportunity for an individual or a group of members to step up and reshape our 2026 Wellness experience, at a venue and date of your choosing! You have a blank canvas, and plenty of time to plan and prepare!

The only consideration is that, as in previous years, the event has to be self-funding. Time to shine, ladies! If you are interested in taking on the challenge, please let Sue know.

Sue March

iwclpresident@gmail.com

IWCL HELP WHATSAPP GROUP

Dear IWCL Members,

In response to our community's desire for more efficient communication, we've established an IWCL WhatsApp group called: "HELP! By Members for Members". This platform allows members to ask questions and receive prompt, concrete answers from our community.

You can post inquiries on a wide range of topics, such as:

- **Service Recommendations:**

- o "Can anyone recommend a physiotherapist specialising in shoulder issues?"
- o "I'm looking for a babysitter for Monday afternoon; any suggestions?"
- o "Does anyone have recommendations for tax advisors familiar with expatriate issues in Switzerland?"
- o "What local fitness classes cater to women's health?"

- **Social Gatherings:**

- o "It's a beautiful day! Who's up for a walk and a coffee?"

- **Travel Tips:**

- o "What's the quickest way to get to Linate Airport?"

- **Weekend Activities:**

- o "Any recommendations for things to do in Lugano this weekend?"

- **Event Invitations:**

- o "I've found an interesting movie/concert; who would like to join me?"

... and many more!

To maintain a respectful and focused environment, please refrain from posting content related to religion, politics, or commercial promotions. Additionally, avoid sharing messages without useful content for the entire group.

If you'd like to join, please send a WhatsApp message to Maura Koopman at 079 576 61 44, including your full name.

Thank you for your cooperation and active participation.



THE IWCL BOARD IS DELIGHTED TO ANNOUNCE:

A journey through the history of roses - Villa della Porta Bozzolo Rose Garden and Villa visit near Varese followed by lunch at Ristorante Pizzeria Del Centro da Filippo.

Wednesday, 28 May

**Programme:**

- 10.00: Arrival at the Villa della Porta Bozzolo (please carpool when possible)
- 10.30 - 12.00: Guided tour of the rose gardens, formal gardens and villa
- 12.30: Lunch in the Ristorante Pizzeria Del Centro da Filippo (5 minutes by car from the villa)
- 14.30: End of visit

Venue: Villa della Porta Bozzolo, Viale Senatore Camillo Bozzolo, 5, 21030 Casalzuigno VA

To reserve your place, please contact Christine Petersen before Tuesday, 20 May.

Christine Petersen

iwclvicepresident@gmail.com

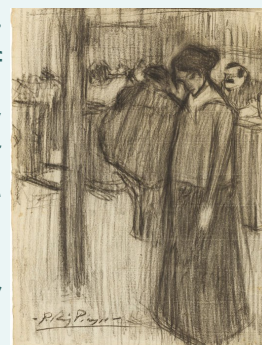
CULTURAL VISIT: BRAGLIA FOUNDATION

RIVA ANTONIO CACCIA 6a LUGANO

Friday, 6 June at 10.00

"Da Sironi a Picasso"

There is a fascinating new art exhibit at the Braglia Foundation in Lugano. Gabriele and Anna Braglia began collecting 57 years ago, and this new exhibition of paintings and sculpture has an unusual focus. Rather than following a specific theme, Mr. Braglia wanted to share works of art with a special sentimental meaning for him and his wife: the first painting they acquired, works by famous artists who were acquaintances and friends of theirs, personal portraits, and even some amusing sketches by Mr. Braglia himself. There are creations by Picasso, Chagall, Depero, Sironi, and Magritte, just to mention a few!



We can have only 15 participants and will have an English-speaking guide. The fee, including the guide, will be CHF 25.-

Please sign up with Sue **BEFORE** Friday, 30 May.

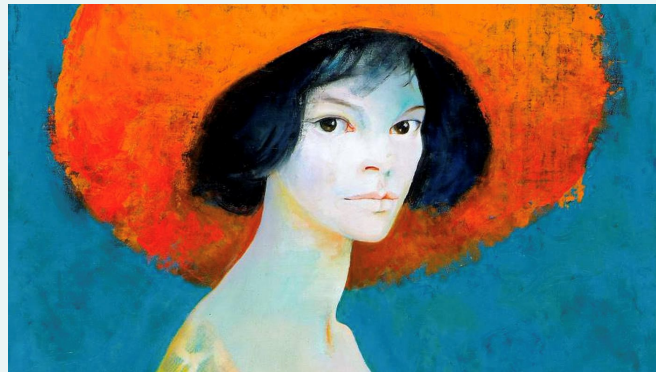
Sue March

iwclpresident@gmail.com

CULTURAL VISIT

PALAZZO REALE MILANO - EXHIBITION: "I AM LEONOR FINI"

Wednesday, 21 May



Leonor Fini is part of the long history of Palazzo Reale in presenting exhibitions on Surrealism and artists linked to the movement, as well as in the more continuous interest in promoting exhibitions focused on the recognition of women artists, highlighting their role in society and culture. The exhibition aims to investigate updated reflections on Fini's work, to make it accessible to all generations. Her work addresses fundamental themes of contemporary society, such as questioning gender, identity, belonging, consolidated models of family, masculinity and femininity.

The title of the exhibition comes from a quote by Leonor Fini: «I am a painter. When they ask me how I do it, I answer: "I am" ». This statement reflects her artistic identity free from rigid schemes and definitions, an element that characterizes all her production. The exhibition itinerary includes painting, drawing, photography, decorative art, fashion design, costumes, artist books and documents to underline the artist's versatility.

Details of trip and exhibition:

- * The cost of transportation, train and subway, and exhibition will be paid directly by each participant.
- * We will meet on the platform in Lugano train station around 08.45 and we will leave on the 09.02 train, arrival time in Milan 10.17.
- * The ticket cost of the exhibition is 17 euro, generally including the audio guide.

To join us, please sign up with Oana by 18 May.

Oana Stan

oanastan1@gmail.com

BOOK SIGNING BY OUR MEMBER DR. MT PALADINO

On Saturday, 10 May, from 14.00 - 16.00 at the Il Segnalibro Bookshop in Lugano (via Pioda 5) there will be a book signing for the book "La Mora Magica – rekindle your inner energy and find your passion for doing" by our member Dr. Maria Teresa Paladino.



The book is aimed at those who feel they have lost momentum and motivation, feel stuck in a situation that does not satisfy them but do not know which direction to take, or who do not know what they want and do not know where the inspiration should come from.

The book suggests that readers can use their daily experiences to find the clue to their problem. They are invited to follow Arianna into her woods to find out how.

The author wants to show how and with what tools we can consciously use with our daily experiences, to understand what ignites our inner energy and passion for doing, thus focusing on life and career goals and finally find our own path to self-realisation.

The proposed approach aims to stimulate both the unconscious and imaginative part through the specially written and magnificently illustrated fairy tale, and the cognitive part through indications on the use of some tools to apply while we reflect on our experiences as we live them.

The idea is to start reading without prejudice from the fairy tale, letting yourself be carried away by your imagination and the suggestions of the unconscious.

Subsequently, you can dedicate yourself to the reflective reading of the second part, where different perspectives are proposed with which to consider your own experience and build the understanding of your own path.

You are all so welcome to attend this book signing.

THE WOMEN'S HEALTH GROUP (WHG)

Please email me directly if you are interested in being a member of the new Women's Health Group! Include in your email what days and times work best for you and also if you prefer joining through Zoom. Once I have an idea of how many women are interested, along with their preferences, I'll decide on the dates and the venue.



For those who would like to share or review the presentation from our last meeting, the video can be accessed through my website, which can be found here: <https://Allwise.com>

Click on "Women's Health Blog".

Pat Camillo

Pat.Camillo@gmail.com

MOMS AND TOTS

For more information about Moms and Tots please contact Rocio Tauber. Her email address is:
rocio_cuervo@hotmail.com

LADIES' LUNCH

Unfortunately, there will be no Ladies' Lunch this month. However, I hope to see you again soon.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de**IWCL WEBSITE**

Please refer to the IWCL website for information on:

OPEN DOORS

OUR CANCELLATION POLICY (CP)

IWCL PHOTOS

YOUR CLUB NEEDS YOU

RESPECT FOR OUR SPEAKERS

PUBLICISING YOUR ENGLISH SPEAKING EVENTS IN OUR NL

THANK YOU FOR SIGNING UP!

IWCL DIRECTORY

PHOTOS FOR WEBSITE

COPY OF THE LATEST NL

Please contact Andrea if you need or have forgotten your password
to access the site

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at: 6900editoriwcl@gmail.com

Please note: you must use a private FB account and NOT a commercial one. Many thanks.

MENTOR SCHEME FOR NEW MEMBERS

If you are a new member and need support with doctor visits, vets, household help, home design/renovation, insurance companies, car registration, etc. or a shoulder to lean on, you are not alone!

Please feel free to contact:

Isabel Bern

Irene Fröhlich

Maura Koopman

Sharon Palette

isabel@bern.life

076 334 55 50

teupi@yahoo.comsep.ticino@bluewin.ch

CLUB DISCOUNTS

Dear Ladies,

You might not know that we have a page on our IWCL website that shows which hotels and Spas in Lugano give us discounts: <https://iwcl.org/members-discount/>

For example, the Choice Spa has increased their discounts to us. Check out their and the other hotels' deals.

Kind regards,

Christine Petersen
IWCL Vice President



MUSIC APPRECIATION GROUP– THANK YOU!

We know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?

This is the group for you!! We would like to continue to have an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

The Cinema Lux in Massagno (or sometimes Iride in Lugano) show operas that come directly from the Metropolitan Opera New York. Here is the 2024/25 programme.

17 May

Salomé

(Richard Strauss)

31 May

Il Barbiere di Siviglia

(Rossini)

Renata Del Grande



COFFEE MORNING NEW STYLE : “THE ROUND TABLE”

We are meeting this month on Friday, 16 May (10.30 - 11.30) for a coffee and a conversation (“The Round Table”), at the COOP City restaurant, Via Nassa 22, Lugano.

The theme will be: “Holiday”

(Where, why and with whom will be my next holiday?)

Everyone is welcome; registration is not necessary.

Hope to see you at the “Round Table” on 16 May.

Ina Boonacker

inaboonacker-mulder@hotmail.com



LET'S DANCE!**Keep fit, have fun, make friends!**

Hi ladies! Come and join our IWCL Dance Group, back by popular demand, at the usual time of 10.30 - 12.00 every Wednesday.

We will dance together not only the moves from previous sessions, but we will also learn new styles, as we prepare for our next Club event!



This time, we have a series of 6 sessions, and we pay only for the room rental divided by the number of participants; to be paid at the first session. Dates as follows:

7, 14 and 21 May

Please sign up with Marina asap:

Marina Marsaglia

marinaporza@gmail.com

MAH JONG

Do you like to play board games? Why not try MAHJONG?



In 2005 we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the "Western style" (Chinese style is different). You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62/091 630 11 27

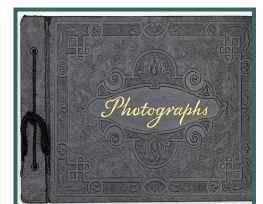
ruthsergi@bluewin.ch

FIND YOUR PHOTOS!

Ladies, did you know that you can see photos from all our IWCL events, going back several years, simply by accessing our Dropbox?

It's really easy to find them - Ann has already sent you the link:-

<https://www.dropbox.com/scl/fo/ai79cbog2dhidhfz5i3/h?rlkey=jidl4b7kg5cnf2089rv1pojvg&st=mn0y3jqb&dl=0>



However, if you aren't confident with the technology, but would still like to see the photos, please email Christine at: iwclvicepresident@gmail.com

If you would not like your photos posted, please let Christine know.

'SUNDOWNER SPECIAL'

Ladies, we are delighted to continue our Evening Group activities with a return to the 'Aperitivo' format on **Thursday, 8 May from 18.30 onwards.**

Once a month, we meet for drinks '**after work**' in a great venue in and around Lugano. We would love to encourage everyone to join us, and especially those ladies who can't often make it to daytime activities. Our May Sundowner will be at:

"AGUA"

Piazza Riforma 1
Lugano

At this event, you will only pay for your own food and drinks.

We like to know that you are coming along; please don't just turn up! Please contact Elizabet to sign up.

Elizabet Ak

iwclevengroup1@gmail.com

GOLF

We meet at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A2 to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week.



Marlene Mugglin

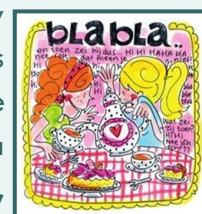
091 967 15 47

079 423 68 47

tourservices.lugano@freesurf.ch

LET'S CHAT IS GOING HIKING!

This group meets at least once a month to explore the hiking trails of Ticino and possibly beyond while chatting about all manner of topics. The hikes will be roughly three hours in length and will include a picnic stop. Participants are kindly asked to pre-register, be equipped with appropriate walking attire (walking shoes, sunscreen, etc.) and bring a packed lunch and water. The goal is not only to hike but, as before, to openly engage, share knowledge, opinions, and experiences around a given theme.



Please contact Maria to be included on the distribution list for information about forthcoming walks.

Maria de la Cámara

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

KNITTING GROUP

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us? We are a group of women who enjoy spending time together, with lots of individual creative expressions. Watercolour, Acrylic, Pastels, Charcoal, Pen, Ink etc. Provide your own supplies! Let's inspire each other!



Come and share the joy with us! We are meeting on alternate Mondays from 14.00 -16.00 at the Pestalozzi Hotel. Fee for the room is CHF 5.- per person. Any questions please contact Eva.

Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on Tuesday, 20 May at 10.30 promptly at the Hotel Pestalozzi. Our discussion, based on *“All the Flowers in Paris,”* by Sarah Jio, will be led by Sue. Come and join us for another wonderful Book Group meeting, even if you haven't read the book! You might be tempted!



10 June - ‘The Heaven and Earth Grocery Store,’ by James McBride (?)

16 September - ‘The Frozen River,’ by Ariel Lawson (?)

We are looking for someone to lead our discussions in June and September. Can you help?

10 June will also be our Tuesday Choose-day where we will select our books up to next December.

Please note that we need to pay for the room each month, so now you can either pay CHF 30.- for the year or CHF 3.- per session at Book Group.

We look forward to seeing you all soon. Happy reading!

Cathrine Orelli

079 902 57 53

iwclhospitality@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

Dear Ladies

Please note that there will be no MAY COOKING GROUP because our

MURDER MYSTERY EVENING

is taking place on Tuesday, 13 May at La Cascina. Full details on page 2 of the Newsletter.

To sign up, please contact Sue.

Sue March

iwclpresident@gmail.com

EXCITING NEWS: ART EXHIBITION IN MAY

featuring **KAREN BIASCA**

Oratorio San Rocco

Via San Rocco 8

6946 Ponte Capriasca

I am delighted to announce that in May 2025, I will be showcasing a collection of my artwork, a culmination of my life's creative journey, in collaboration with renowned artists Brigitte Allenbach-Stettbacher and Gianni Bandinelli.

My part of the exhibition will feature a diverse range of contemporary abstract paintings, videos, installations, and digital images, all inspired by my personal experiences and travels in Africa. The artworks will be complemented by inspiring quotes and life wisdoms, adding depth and meaning to the overall experience.



Grand Opening Invitation

You are cordially invited to join us for the grand opening on Friday, May 9th, 2025, starting at 17:00. A brief presentation of the artists is scheduled for around 18.00. Light appetisers and refreshments will be provided to enhance your visit.

Exhibition Schedule

Duration: The exhibition will run until Saturday, 31 May, with a closing Finissage event at 17.00.

- Opening Hours: The exhibition will be open on Thursdays, Fridays, Saturdays, and Sundays from 14.00 to 18.00.

- I look forward to sharing this unique artistic experience with all of you!

Karen Biasca

076 422 49 62



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi takes place at her house in Breganzona.

Ladies interested should contact Isabella."

Contact details: 079 375 24 14

Italian conversation (Advanced) will take place every Monday at Raffaella's home in Gentilino, from 14.45 - 15.45 Please email her for further details.

Contact details: 079 941 72 03 lella.reverberi@gmail.com

Italian Conversation with Oana Stan. Please contact Oana for more information.

Contact details: oanastan.1@gmail.com

English Conversation We will meet at the Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo on 5, 12, 19 and 26 May

Contact details: 076 224 90 01 karendaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Pat Camillo will take place every Tuesday, at 14.00 in the Café at Coop City, (4th Floor), Via Nassa.

Contact details: 079 788 0251 Pat.camillo@gmail.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini Café, via Funicolare 2, Lugano. We are meeting this month on Wednesday, 14 May from 14.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Ilona Pongracz at Canvetto Luganese, in Lugano; Vie R. Simeon 14b weekly, every Thursday from 16.00 - 18.00.

091 825 33 03 ipongracz@ethika.ch

German Conversation with Daniela Mannu at Al Vecchio Torchio, Viganello every first and third Monday of the month from 10.30. Please bring paper, pen and coloured pencils.

Contact details: 079 120 71 96 danielamannu@hotmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
OUR NEXT MONTHLY MEETING TAKES PLACE ON 3 JUNE AT THE HOTEL PESTALOZZI					1 Italian p.15 Mah Jong p.11 French p.15	2
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THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
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Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
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Events	Elizabet Ak		iwcleveninggroup1@gmail.com
Hospitality	Catherine Orelli	079 902 57 53	iwclhospitality@gmail.com
Membership	Andrea Never	076 413 32 75	iwclmembershipsecretary@gmail.com

ADVERTISING**Conditions of acceptance:**

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
Mailing **Catherine Orelli**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Claude Perrinjaquet Boni
079 487 89 92
cm.boni@gmail.com

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.
Send contributions to:
6900editoriwcl@gmail.com
Ann Lutz

WEBSITE

If you have any photos or information to add to our
Dropbox please contact:

Ruth Sergi
079 607 8262
ruthsergi@bluewin.ch

If you would like more information about the Club please
contact either our President **Sue March**
077 924 16 76 or iwclpresident@gmail.com
or our Membership Secretary, **Andrea Never** on 076 413 32 75
or iwclmembershipsecretary@gmail.com

*If you would like to organise an event please contact our Calendar Coordinator
Ann Lutz to check available dates: 6900editoriwcl@gmail.com*

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Catherine Orelli	iwclbookgroup@gmail.com	
	Sue March		
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Club Photographer	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Dance	Marina Marsaglia	marinaporza@gmail.com	
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
English Conversation	Pat Camillo	pat.camillo@gmail.com	079 788 02 51
Evening Group	Elizabet Ak	iwclveninggroup1@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mannu	danielamann@hotmail.com	
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Italian Conversation (Adv.)	Raffaella Reverberi	lella.reverberi@gmail.com	079 941 72 03
Italian Conversation	Oana Stan	oanastan1@gmail.com	
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Liaison	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	079 607 82 62
	Maria Blersch	mariablersch@bluewin.ch	079 228 62 82
Moms and Tots	Rocio Tauber	roocio_cuervo@hotmail.com	
Music Appreciation	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Round Table Coffee	Ina Boonacker	inaboonacker-mulder@hotmail.com	
Sundowner Special (Aperitivo)	Elizabet Ak	iwclveninggroup1@gmail.com	
Website Photos	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62
WhatsApp Group	Maura Koopman		079 576 61 44

***If you have changes to the above information, please contact Sue March at:
iwclpresident@gmail.com**