

SEPTEMBER 2025 INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3

www.iwcl.org

Issue 331

"By members, for members; together in friendship for over 36 years."

IWCL MONTHLY MEETING

Tuesday, 9 September at the Hotel Pestalozzi
Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano
09.30 Refreshments
10.15 onwards Club Announcements and Speaker

THE PEARL DIVERS



Hi everyone, I am Makiko, and some of you know me as MISS PEARL.

I am a pearl ambassador.

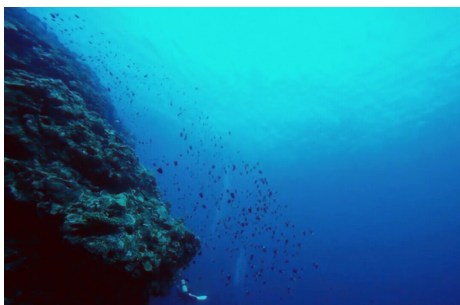
Last October at MUSEC (Museum of Cultures in Lugano), I talked about "AMA-MARE-PERLE" (Japanese female free divers, sea, and pearls): Amare le perle (loving pearls), from a Japanese historical and cultural standpoint.

During our meeting, I will focus on and explore with you the world of Pearl Divers.

From the Arabian Gulf to the Japan Sea, let's discover one of the world's oldest professions: The Pearl Divers.

Both historically and culturally, there would be no pearls without pearl divers.

I invite you to join me in exploring the amazing world in the depths of this living gem, through the lives of pearl divers, so that you may wear and appreciate the pearl more!



INDEX

Advertising	17
Art	14
Art, Craft and Wellness	7
Board and Chairwomen	17
Book Group	14
Breathe, Relax, Feel	14
Calendar	17
Candellation Policy	3
Charity Bric-A-Brac	2
Club Discounts	11
Contact Details	18
Cooking - Pot Luc	15
Drama Group	9
Find Your Photos	12
Golf	12
Information about IWCL	18
Interest Groups	18
IWCL Facebook	10
IWCL Website	10
IWCL Whatsapp Group	7
Knitting Group	13
Ladies' Lunch	10
Language Classes	16
Lead a Satisfying Life	6
Let's Chat in English	13
Let's Dance	9
Mah Jong	12
Members' Survey	4/5/6
Mentor Scheme	10
Moms and Tots	10
Monthly Meetings 2025	1
Music Appreciation	11
New Club Directory	2
New Group Leaders	2
New Members	8
Round Table Coffee	11
Save the Date	2
Silent Auction/Concert	2
Sundowner Special	13
Welcome Back Party	3
Women's Health Group	9

MONTHLY MEETINGS IN 2025

7 October

11 November

2 December

SAVE THE DATE!**FRIDAY, 24 OCTOBER****HOTEL PESTALOZZI, 18.30 onwards****CHARITY CONCERT AND SILENT AUCTION**

A delightful classical guitar and piano concert by three young musicians
 An exciting silent auction of beautiful donated items, to be held before,
 at the interval and at the end of the concert.

Tickets : CHF 35.- per person

Available from Charity Chair Adriana Cloete:

Cloete.adriana55@gmail.com



A booklet with full details of all the items being auctioned is attached to your email for the Newsletter.
 Please don't forget to open it and then bid generously. Thank you.

CHARITY BRIC-A-BRAC TABLE

At our September Monthly Meeting, our Charity Committee will have a table of pre-loved items to sell, continuing to raise money for our charity 'OLTRE NOI.'

If you have not yet supported them (or even if you have ...) please spend a few francs on a nice item to take home with you. We thank you in advance for your donations.

Adriana & Claude

**YOUR NEW IWCL DIRECTORY**

Thanks to Cat Orelli, our Database Co-Ordinator, for keeping our IWCL Directory current and correct. As of 1 September, the latest version of your Directory will be available on our website for you to download as a PDF.

<https://www.dropbox.com/scl/fi/0gnetds0j86lnqhr5d58/IWCL-Members-Directory-August-2025.pdf?rlkey=vy7w4n12lipcj6ctcvqf6c3lo&st=nl7yrqs7&dl=0>

In the meantime, current information about members can be found on our private IWCL website. If you haven't used the IWCL website yet, you can get a password from Andrea, our Membership Secretary.

Andrea Never

iwclmembershipsecretary@gmail.com

DIRECTORY**NEW GROUP LEADERS NEEDED**

Our survey showed that members would like to see two new groups within IWCL: Spanish Conversation and Singing. Is there anyone who might be willing to offer to lead these groups? Please contact Sue if you have the skill and a little time to spare for other members - she will be very happy to help you set up a new group.

Sue March



iwclpresident@gmail.com

WELCOME BACK MUSIC PARTY!

THURSDAY, 18 September

Hollywood Bar

Via Giuseppe Bagutti 14, Lugano Centro

18.30 - 23.00

This is our 'Welcome Back' social event; its an evening of live music and dancing! Partners are especially welcome to come with you to this fun, lively and entertaining evening ... good food, great company and a happy ambiance! Come along and join in! Another new and exciting event with IWCL!

Cost:- CHF 25.- per person, then you pay for whatever you choose to eat.

Please sign up with Sue before Wednesday, 10 September:



Sue March

iwclpresident@gmail.com

OUR IWCL CANCELLATION POLICY (CP) ... AND WHAT IT MEANS FOR YOU

Please read carefully – thank you.

We are delighted to offer our members a wide range of trips, visits and events. You will be aware that for many of them, especially Cultural Visits, Parties and Cocktails, we have a **Cancellation Policy** (CP) which applies when you sign up. In future, we will be adding a note of the cost to the Club for an individual to participate in an event (eg CP CHF 38,-).



This costing occurs for many reasons; because the organisers have to buy tickets well in advance to take advantage of a group rate; to hire a guide; to buy fresh produce or to secure a venue. It's essential that we know how many people to expect, so we can also fix a price!

When you sign up to attend an event, you are effectively giving your word that you will pay for your place. The Club honours your word by purchasing tickets on your behalf. Sometimes, we have a waiting list of ladies who can take your place if you are unable to attend, but quite often we don't.

It isn't the business of the event organiser to find someone to cover for you if there is no waiting list – that's your job! The Club will have bought your ticket in good faith, and you will be expected to pay for it whether you turn up or not.

If you sign up for an event, PLEASE make a note in your diary. The volunteer event organiser probably doesn't have time to send you a reminder! We just expect you to turn up (as you would to the ballet...)

If you find, for whatever reason, that you are unable to take up a place that you signed for, please let the event organiser know – it seems like basic courtesy – and there might be a chance that there's someone on the waiting list! Otherwise, find someone to take your place, or you will be charged.

So – if you sign up and fail to show up, please don't be surprised or offended if you receive an email and a payment slip from our Treasurer. You shouldn't expect the other members of the Club to cover the cost of your error, after all.

THE BOARD'S RESPONSE TO THE MEMBERS' SURVEY

Please note that the full PDF of all responses is available to download from our website. Seventeen per cent of members responded to the survey. Some answers were anonymous. Thanks to everyone who did respond.

<https://www.dropbox.com/scl/fo/frbl35fvr2pedj2wrk0b3/AKiER07VLp3xHvzTY00eaPI?rlkey=n8m1r19opkrzi7r26o2192gyb&st=hvfyunvv&dl=0>

1. What's the best thing about IWCL?

We are so happy to learn that friendship, sisterhood, making connections and social interactions are your main reasons for loving IWCL.

2. What's was the best thing you did with IWCL last year?

So many activities were mentioned! Thanks to all our Group Leaders for providing a brilliant range of opportunities for our members to enjoy.

3. Is there anything new that you would like to see in IWCL?

More town trips	Singing	Younger people	More evening and weekend activities
Better marketing of the Club		Spanish	Updated Newsletter
Better democratic process		More craft activities	Present individuals at Meetings
Only English spoken at Club events, not German			Interactions with other Clubs

In the September Newsletter, we ask members to read the survey and ask themselves whether they are able to offer any of the activities indicated above. We hope that ladies will come forward. Our motto, after all, is "By Members, For Members!"

4. Any comments or suggestions for the Board?

No food at Monthly Meetings	Charge for all events.
Anonymous elections.	Be more open. Invite younger guests.
Publish the financial statements of the Club annually.	Not too many events on the same day.
Spend less on the Spring Party.	Chat group.
More evening and weekend activities.	Maximum of 6 years for all Board Members.
More brunches at nice hotels.	Individual contributions to all events.
More links with local community.	Subsidised rentals for groups.
Swiss democracy for decision making.	More open discussions at MMs.
No flags next to name tags.	More younger women.

Lower the fees to CHF 30 and pay for every event individually.

Thank you, ladies. Please get in touch with your proposal so we can make it happen.

There are several issues involved in charging for events:

Venues and food have to be booked well in advance here, and a deposit paid. If we don't know who's coming (and ladies are always changing their minds ...) how can we ensure that costs are covered without having to cancel and lose our deposit? Who collects the payment, and when? How much is a fair subsidy? What happens if there is a minimum number of participants and it isn't reached? If we only change the minimum of CHF 30 per person as an annual fee, we receive **ONLY** enough funds to pay for the Monthly Meetings at Pestalozzi **AND NOTHING ELSE**. Ladies would have to pay for all events, the cost of the December Pot Luck (CHF 1'000), the website, the accountant's fees, etc.

For the last 12 years, our accounts have been audited by an external accountant, published in our October Newsletter AND presented to the membership by the Treasurer in the October Meeting. They are also available to any member on request from the Treasurer.

Our elections are always anonymous.

Guests (including younger women) are always welcome to attend our activities - please refer to the relevant information in our Bylaws.

Regarding evening, weekend, community activities, brunches and a new Chat Group, the Board is always delighted to receive any and all proposals from members who wish to offer new activities to our Club.

Since only 17% of the members responded to an anonymous survey, it's difficult to perceive how a democratic process could work effectively for the many decisions that need to be taken by the Board on a monthly basis. As the elected representatives of our members, we hope that they trust the Board to actively operate in their best interests.

We have many groups in IWCL that pay rent. We cannot offer a subsidy to them all. It is in keeping with the general ethos of the Club that group participants pay their share of rental for the groups they choose to join. We are lucky to be able to use the Pestalozzi rooms at a very reduced rate.

This is the first year for a long time that anyone has volunteered to stand for Board positions, in spite of constant requests, which is why the current Board has remained in post for so long.

5. Is there a hobby or interest that you would like to share with the Club?

Show Dance

Qi Gong

Happy Hats

Tennis

Watercolors

Online support group

Thank you, ladies. Please get in touch with your proposal so we can make it happen.

6. Would you like to organise an activity or workshop?

Qi Gong

Tennis

Social media

Music

Personal development and wellbeing

Thank you, ladies. Please get in touch with your proposal so we can make it happen.

7. Are you willing to stand as a Board Member?

Elizabeth Ak - yes, with a new Board

Oana Stan - yes, with a new Board

Birgid Giorgetti - yes

The election process for 2026 begins in October and will follow the normal process as detailed in the Bylaws.

8. Any other comments?

The Spring Party should not be free.

No charity project, as no member support.

Xmas dinner at another venue.

More members.

More exciting events like the Murder Mystery.

Some events start too early!

It would cost CHF 80 per person to hold the Spring Party if we were to charge. Many of our members won't pay or cannot afford to pay. This is our signature event, and it would be a great pity to lose it. Perhaps the new Board might have a solution.

Sadly, although our members vote in favour of a charity project, they are then reluctant to support it either personally or financially. Certainly, there will be no charity project in 2026 as we only run the charity every 2 years.

Who would like to organise the next Xmas Dinner?

Unfortunately, we are normally bound by the timings of venues and the transportation time, so an early start is often inevitable.

There will be another Murder Mystery in 2026. We believe that we have offered many 'exciting' events over the years ... not all of them have been well attended, sadly.

COME TO EXPLORE YOUR AWARD WINNING NARRATIVES

Sharing practices to lead a flourishing life.

In this informal conversation we will use the lens of the happiness framework, positive psychology and coaching techniques to unwrap a tool kit that can help all of us lead more satisfying lives.

Date: Tuesday, 23 September
Time: 18.00
Location: Imago art Café. Via Nassa 62 Lugano

The conversation is moderated by Club members:
 Mary Lyn (Social Impact entrepreneur) and Amaal Hassan (Brain & Life Coach)
 To sign up please contact:

Amaal Hassan
Mary Lyn Campbell

amaal.ahassan@gmail.com
 marylyncampbell@gmail.com



ART, CRAFT & WELLNESS DAY 2026

Organiser(s) Needed



Our previous Wellness Days have been bright and beautiful events with lots of member participation in workshops, exhibitions, displays, stalls and pot-luck lunches. We've had dancing, cooking, painting, meditating, self-reflecting, creating and lots of fun.



Here's an opportunity for an individual or a group of members to step up and reshape our 2026 Wellness experience, at a venue and date of your choosing! You have a blank canvas, and plenty of time to plan and prepare!

The only consideration is that, as in previous years, the event has to be self-funding. Time to shine, ladies! If you are interested in taking on the challenge, please let Sue know.

Sue March

iwclpresident@gmail.com

IWCL HELP WHATSAPP GROUP

Dear IWCL Members,

In response to our community's desire for more efficient communication, we've established an IWCL WhatsApp group called: "HELP! By Members for Members". This platform allows members to ask questions and receive prompt, concrete answers from our community.

You can post inquiries on a wide range of topics, such as:

- **Service Recommendations:**

- o "Can anyone recommend a physiotherapist specialising in shoulder issues?"
- o "I'm looking for a babysitter for Monday afternoon; any suggestions?"
- o "Does anyone have recommendations for tax advisors familiar with expatriate issues in Switzerland?"
- o "What local fitness classes cater to women's health?"

- **Social Gatherings:**

- o "It's a beautiful day! Who's up for a walk and a coffee?"

- **Travel Tips:**

- o "What's the quickest way to get to Linate Airport?"

- **Weekend Activities:**

- o "Any recommendations for things to do in Lugano this weekend?"

- **Event Invitations:**

- o "I've found an interesting movie/concert; who would like to join me?"

... and many more!

To maintain a respectful and focused environment, please refrain from posting content related to religion, politics, or commercial promotions. Additionally, avoid sharing messages without useful content for the entire group.

If you'd like to join, please send a WhatsApp message to Maura Koopman at 079 576 61 44, including your full name.

Thank you for your cooperation and active participation.



A VERY WARM WELCOME TO EVA, MELANIA, MANUELA AND MARIA!

Eva is working as a professional sculptor in her studio which is part of her spacious home and has been living in Northern and French Switzerland. She moved to Ticino with her husband, an engineer focusing on sustainable energy. Eva describes herself as a bold, impatient and loyal person who relaxes by creating art, biking, hiking, kayaking, skiing, travelling and enjoying theatre events.



Eva Antonini

In Giagh Pïanca 28
6953 Lugaggia
Mobile: 079 621 57 93
Home: 091 943 69 40
info@eva-antonini.com



Manuela has been spending her life in Ticino and loves to paint. Manuela speaks Italian, French, German and English and has a very curious, dynamic and sociable personality. Manuela would like to be part of an international group and is working full-time.

Manuela Frequin Taminelli

Via Alberto di Sacco 7
6500 Bellinzona
Mobile: 076 544 61 44
manuela@legalfrequin.ch

Melania loves skiing and walking and was born and grew up in Ticino. Manuela has a lot of empathy and describes herself as being altruistic. Manuela is working full time and is looking forward to meeting English speaking friends.

Melania Del Biaggio

Via Vincenzo D'Alberti 1
6500 Bellinzona
Mobile: 076 583 89 80
melania.delbiaggio@bluewin.ch

Maria moved to Ticino with her husband and is spending her free time enjoying travelling, culture and various sporting activities. Maria loves to just observe and discover the world and is a very social, caring and sporty woman.

Maria Andersson

Via Antonio Galli 8
6900 Lugano
Mobile: 076 625 15 87
andersson_castaldi@hotmail.com

DRAMA GROUP

I am looking for the cast of members who would like to participate in our next IWCL Murder Mystery. If you are interested in performing, please let me know in advance, and then come along to a **short** meeting at the Pestalozzi cafe on:

WEDNESDAY, 24 SEPTEMBER AT 12.00

The purpose of this first meeting will be to meet the actors, consider the roles, and determine the rehearsal schedule. The script is well underway. The date of the performance will be on the evening of **Tuesday, 21 April 2026.**

Our new venture will be a more complex performance than the previous one, so it is essential that participants are able to commit to rehearsals and will definitely be available on the performance date. I look forward to seeing my thespians soon! Any questions - get in touch; iwclpresident@gmail.com



Sue March

iwclpresident@gmail.com

THE WOMEN'S HEALTH GROUP (WHG)

The next meeting of the Women's Health Group will take place over Zoom. This month's topic will be all About FAT: different kinds of fat, how much we need, and the impact of deficiencies and excesses in our body.

If you haven't signed up, there is still time, just send me an email for more information



Pat Camillo

Pat.Camillo@gmail.com

LET'S DANCE!

Keep fit, have fun, make friends!

Hi ladies! Come and join our IWCL Dance Group, back by popular demand, at the usual time of **10.30 - 12.00 every Wednesday at Hotel Pestalozzi.**

We will dance together not only the moves from previous sessions, but we will also learn new styles, as we prepare for our next Club event, the Christmas Pot Luck Lunch!

This time, we have a series of 11 sessions, and we pay in advance only for the room rental divided by the number of participants; to be paid at the first session.



Dates as follows:

1, 8, 15, 22 and 29 October

5, 12, 19 and 26 November

3 and 10 December

Please sign up with Marina as soon as possible.

Marina Marsaglia:

marinaporza@gmail.com

MOMS AND TOTS

For more information about Moms and Tots please contact Rocio Tauber. Her email address is:
rocio_cuervo@hotmail.com

LADIES' LUNCH

Unfortunately, there will be no Ladies' Lunch this month. However, I hope to see you again soon.

Lilo Valli

079 207 20 92

lilosmile@yahoo.de

IWCL WEBSITE

Please refer to the IWCL website for information on:

OPEN DOORS

OUR CANCELLATION POLICY (CP)

IWCL PHOTOS

YOUR CLUB NEEDS YOU

RESPECT FOR OUR SPEAKERS

PUBLICISING YOUR ENGLISH SPEAKING EVENTS IN OUR NL

THANK YOU FOR SIGNING UP!

NEW COPY OF THE IWCL DIRECTORY

PHOTOS FOR WEBSITE

COPY OF THE LATEST NL

Please contact Andrea if you need or have forgotten your password
to access the site

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at: 6900editoriwcl@gmail.com

Please note: you must use a private FB account and NOT a commercial one. Many thanks.

MENTOR SCHEME FOR NEW MEMBERS

If you are a new member and need support with doctor visits, vets, household help, home design/renovation, insurance companies, car registration, etc. or a shoulder to lean on, you are not alone!

Please feel free to contact:

Isabel Bern

Irene Fröhlich

Maura Koopman

Sharon Palette

isabel@bern.life

076 334 55 50

teupi@yahoo.com

sep.ticino@bluewin.ch



CLUB DISCOUNTS

Dear Ladies,

You might not know that we have a page on our IWCL website that shows which hotels and Spas in Lugano give us discounts: <https://iwcl.org/members-discount/>

For example, the Choice Spa has increased their discounts to us. Check out their and the other hotels' deals.

Kind regards,

Christine Petersen
IWCL Vice President



MUSIC APPRECIATION GROUP– THANK YOU!

We know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?



This is the group for you!! We would like to continue to have an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

The Cinema Lux in Massagno (or sometimes Iride in Lugano) show operas that come directly from the Metropolitan Opera New York.



Renata Del Grande

COFFEE MORNING NEW STYLE : “THE ROUND TABLE”

We are meeting this month on Friday, 19 September (10.30 - 11.30) for a coffee and a conversation (“The Round Table”), at the COOP City restaurant, Via Nassa 22, Lugano.

The theme will be: “Tattoo”.

Everyone is welcome; registration is not necessary.

Hope to see you at the “Round Table”.



Ina Boonacker

inaboonacker-mulder@hotmail.com

MAH JONG



Do you like to play board games? Why not try MAHJONG?

In 2005 we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the “Western style“ (Chinese style is different). You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62/091 630 11 27

ruthsergi@bluewin.ch

GOLF

We meet at 11.00 every Wednesday at the Golf Club “Monticello” near Como (first EXIT autostrada A2 to Milano after Como) Uscita “Fino Mornasco”. The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week.



Marlene Mugglin

091 967 15 47

079 423 68 47

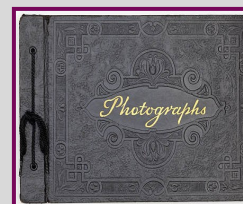
tourservices.lugano@freesurf.ch

FIND YOUR PHOTOS!

Ladies, did you know that you can see photos from all our IWCL events, going back several years, simply by accessing our Dropbox?

It's really easy to find them - Ann has already sent you the link:-

<https://www.dropbox.com/scl/fo/ai79cbog2dhidhfzf5i3/h?rlkey=jidl4b7kg5cnf2089rv1pojvg&st=mn0y3jqb&dl=0>



However, if you aren't confident with the technology, but would still like to see the photos, please email Christine at: iwclvicepresident@gmail.com

If you would not like your photos posted, please let Christine know.

'SUNDOWNER SPECIAL'

Thursday, 25 September, 18.30 onwards

Ladies, we are delighted to continue our Evening Group activities with a return to the 'Aperitivo' format.

Once a month, we meet for drinks 'after work' in a great venue in and around Lugano. We would love to encourage everyone to join us, and especially those ladies who can't often make it to daytime activities.

Our September Sundowner will be at

'SEVEN LOUNGE BAR'

Via Chiarina Stauffacher-Vedani 1

We will meet on the ground floor, on the lake side. At this event, you will pay only for your own food and drinks. We like to know that you are coming along; please don't just turn up!

Elizabeth Ak

iwclevengroup1@gmail.com

HIKE and CHAT

Come hike with us and discover the mountains, valleys and views of the Ticino region. We are a relaxed easy-going group that enjoys nice company and chatting about all sorts of interesting and diverse topics. We meet once or twice a month and hike for about 3 hours with a picnic stop along the way. We try to alternate the level of

the hikes with some easy and some more challenging.

Please contact Maria to be included on the distribution list and keep up to date on upcoming excursions.

So come join us. Enjoy the splendid nature of our region and fresh air fitness. Meet friends and make new friends.

Maria de la Cámara

079 263 04 65

maría.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

**KNITTING GROUP**

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us! Let's inspire each other! We would be delighted to have new members in our group! You are most welcome to come and visit us just to see what we do and who we are! Then you can decide if you want to be part of our group. But if you want to visit us please call me Eva in advance, sometimes we change the dates! Usually we meet every second Monday from 14.00-16.00 at the Pestalozzi. Fee for the room is CHF 5.- per person. Bring your own supplies: watercolours, acrylics, pastels, charcoal, pens etc. Any questions please contact me!



Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

"BREATHE, RELAX, FEEL!"

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



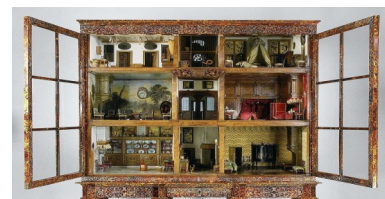
Maria Teresa Paladino

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on Tuesday, 16 September at 10.30 promptly at the Hotel Pestalozzi for our discussion, based on *'The Frozen River,'* by **Ariel Lawson** led by Francesca. Come and join us for another wonderful Book Group meeting, even if you haven't read the book! You might be tempted!



Here are our books up until the New Year:-

21 October - The Old Man and the Sea - Sylvia

18 November - Conclave - Raffaella

16 December - No BG (we decided it was too close to Christmas!)

2026

20 January - Peach Blossom Spring - Danielle

17 February -

17 March -

14 April -

19 May -

16 June -

22 September -

20 October -

November -

15 December -

We are looking for presenters for the following books, chosen by you:-

Violeta

No Two Persons

Luckenbooth

Dear Mrs Bird

Please note that we need to pay for the room each month, so you can either pay CHF 30.- for the year or CHF 3.- per session at Book Group.

We look forward to seeing you all after the summer break. Happy reading!

Cathrine Orelli

079 902 57 53

iwclhospitality@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

COOKING GROUP



**SEPTEMBER'S COOKING GROUP
IS DELIGHTED TO HOST
"A CHARITY ART-APERO"**

Tuesday, 16 September, 17.00 onwards

Our Cooking Group has moved back to Il Grottino Viganello, Via Pergola 5,
Viganello (look for the CVS sign!)

We are delighted to welcome you all to a Charity Aperitivo, which also offers you the opportunity to appreciate (and perhaps even purchase...) a range of artwork created by many local artists. Come along to enjoy a glass of Prosecco and some nibbles in a cultured setting.

Where: Il Grottino Viganello, Via Pergola 5 (look for the CVS sign!)
Long standing members will remember this location!

Cost: CHF 20.- per person, donation towards our charity beneficiary 'Oltre Noi.'

Parking: There is ample kerbside parking, and the Autosilo Civico is on the corner. There is space outside for the host to leave their car, as they are bringing heavy items.

To book your place or for more information (we are happy to welcome as many people as possible) please contact Adriana.

Adriana Cloete
Sue March

076 445 55 42
077 924 16 76

Cloete.adriana55@gmail.com
iwclpresident@gmail.com



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi takes place at her house in Breganzona.

Ladies interested should contact Isabella."

Contact details: 079 375 24 14

Italian conversation (Advanced) will take place every Monday at Raffaella's home in Gentilino, from 14.45 - 15.45 Please email her for further details.

Contact details: 079 941 72 03 lella.reverberi@gmail.com

Italian Conversation with Oana Stan. Please contact Oana for more information.

Contact details: oanastan.1@gmail.com

English Conversation We will meet at the Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo on 1, 8, 15 and 22 September.

Contact details: 076 224 90 01 karendlaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Pat Camillo will take place every Tuesday, at 14.00 in the Café at Coop City, (4th Floor), Via Nassa.

Contact details: 079 788 0251 Pat.camillo@gmail.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini Café, via Funicolare 2, Lugano on Wednesday, 17 September.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Ilona Pongracz at Canvetto Luganese, in Lugano; Vie R. Simeon 14b weekly, every Thursday from 16.00 - 18.00.

091 825 33 03 ipongracz@ethika.ch

German Conversation with Daniela Mannu at Al Vecchio Torchio, Viganello every first and third Monday of the month from 10.30. Please bring paper, pen and coloured pencils.

Contact details: 079 120 71 96 danielamannu@hotmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1 Italian p.16 English p.16 German p.16 Mindfulness p.14	2 English p.16	3 Golf p. 12 English p.16	4 Italian p.16 French p.16 Mah Jong p.12	5
6	7	8 Mindfulness Italian English	9 Monthly Meeting p.1 English	10 English Golf	11 Italian French Mah Jong	12
13	14	15 Italian English German Mindfulness	16 English Book Group p.14 Cooking p.15	17 English French p.16 Golf	18 Italian French Mah Jong Welcome Back Music Party p.3	19 Round Table Coffee p.11
20	21	22 Italian English Mindfulness	23 English Live Life! p.6	24 English Golf Drama p.9	25 Italian French Mah Jong Sundowner p.13	26
27	28	29 Italian Mindfulness	30	OUR NEXT MONTHLY MEETING WILL TAKE PLACE ON 7 OCTOBER AT THE HOTEL PESTALOZZI		

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Events	Elizabet Ak		iwcleveninggroup1@gmail.com
Hospitality	Catherine Orelli	079 902 57 53	iwclhospitality@gmail.com
Membership	Andrea Never	076 413 32 75	iwclmembershipsecretary@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
 Mailing **Catherine Orelli**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Claude Perrinjaquet Boni
 079 487 89 92
 cm.boni@gmail.com

WEBSITE

If you have any photos or information to add to our
 Dropbox please contact:

Ruth Sergi
 079 607 8262
 ruthsergi@bluewin.ch

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.
 Send contributions to:
 6900editoriwcl@gmail.com
Ann Lutz

If you would like more information about the Club please contact either our President **Sue March**
 077 924 16 76 or iwclpresident@gmail.com
 or our Membership Secretary, **Andrea Never** on 076 413 32 75
 or iwclmembershipsecretary@gmail.com

*If you would like to organise an event please contact our Calendar Coordinator
 Ann Lutz to check available dates: 6900editoriwcl@gmail.com*

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Catherine Orelli	iwclbookgroup@gmail.com	
	Sue March		
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Club Photographer	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Dance	Marina Marsaglia	marinaporza@gmail.com	
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
English Conversation	Pat Camillo	pat.camillo@gmail.com	079 788 0251
Evening Group	Elizabet Ak	iwcleveninggroup1@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mannu	danielamann@hotmail.com	
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Italian Conversation (Adv.)	Raffaella Reverberi	lella.reverberi@gmail.com	079 941 72 03
Italian Conversation	Oana Stan	oanastan1@gmail.com	
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Liaison	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	079 607 82 62
	Maria Bliersch	mariabliersch@bluewin.ch	079 228 62 82
Moms and Tots	Rocio Tauber	roocio_cuervo@hotmail.com	
Music Appreciation	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Round Table Coffee	Ina Boonacker	inaboonacker-mulder@hotmail.com	
Sundowner Special (Aperitivo)	Elizabet Ak	iwcleveninggroup1@gmail.com	
Website Photos	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62
WhatsApp Group	Maura Koopman		079 576 61 44

***If you have changes to the above information, please contact Sue March at:
 iwclpresident@gmail.com**