

OCTOBER 2025

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3 www.iwcl.org Issue 332

"By members, for members; together in friendship for over 36 years."

IWCL MONTHLY MEETING

Tuesday, 7 October at the Hotel Pestalozzi

Via Pietro Bianchi, Piazza Indipendenza 9, 6901 Lugano

09.30 Refreshments

10.15 onwards Club Announcements and Speaker

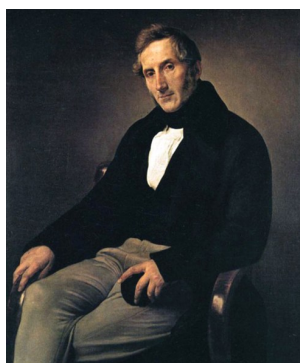
"From Oppression to a Happy Ending: The Journey of Renzo and Lucia"

with ANDREA PERA



Andrea Pera was born in Perugia, Italy, and has dual Italian and Swiss citizenship. He lives in Lugano and has worked as a teacher of humanistic subjects (Italian, Philosophy, History in various secondary schools and universities in Italy, Germany and Switzerland. His teaching method is based on the activation of motivation on the part of students, so that studying is a pleasure for the development of knowledge and skills without boring punishment. To this end, he has always used audio-visual means (films, pictures, etc.) in addition to the traditional teaching tools (books, etc.).

Alessandro Manzoni 1785 - 1873



Join us as we explore *The Betrothed* by Alessandro Manzoni — a powerful story of love, resilience, and faith set against the backdrop of 17th-century Lombardy. Renzo and Lucia's journey through tyranny, plague, and hardship reveals timeless truths about human strength, moral courage, and the triumph of hope. Whether you're a lover of literature, history, or simply a good story, this talk offers something for everyone.

We are delighted to have you there as we reflect on how this classic still resonates today.

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MONTHLY MEETINGS IN 2025

11 November

2 December

OUR IWCL CANCELLATION POLICY (CP) ... AND WHAT IT MEANS FOR YOU

Please read carefully – thank you.

We are delighted to offer our members a wide range of trips, visits and events. You will be aware that for many of them, especially Cultural Visits, Parties and Cocktails, we have a **Cancellation Policy** (CP) which applies when you sign up. In future, we will be adding a note of the cost to the Club for an individual to participate in an event (eg CP CHF 38,-).



This costing occurs for many reasons; because the organisers have to buy tickets well in advance to take advantage of a group rate; to hire a guide; to buy fresh produce or to secure a venue. It's essential that we know how many people to expect, so we can also fix a price!

When you sign up to attend an event, you are effectively giving your word that you will pay for your place. The Club honours your word by purchasing tickets on your behalf. Sometimes, we have a waiting list of ladies who can take your place if you are unable to attend, but quite often we don't.

It isn't the business of the event organiser to find someone to cover for you if there is no waiting list – that's your job! The Club will have bought your ticket in good faith, and you will be expected to pay for it whether you turn up or not.

If you sign up for an event, PLEASE make a note in your diary. The volunteer event organiser probably doesn't have time to send you a reminder! We just expect you to turn up (as you would to the ballet...)

If you find, for whatever reason, that you are unable to take up a place that you signed for, please let the event organiser know – it seems like basic courtesy – and there might be a chance that there's someone on the waiting list! Otherwise, find someone to take your place, or you will be charged.

So – if you sign up and fail to show up, please don't be surprised or offended if you receive an email and a payment slip from our Treasurer. You shouldn't expect the other members of the Club to cover the cost of your error, after all.

YOUR NEW IWCL DIRECTORY

Thanks to Cat Orelli, our Database Co-Ordinator, for keeping our IWCL Directory current and correct. As of 1 September, the latest version of your Directory will be available on our website for you to download as a PDF.

<https://www.dropbox.com/scl/fi/0gnetds0j86lrnqhr5d58/IWCL-Members-Directory-August-2025.pdf?rlkey=vy7w4n12ljpcj6ctcvgf6c3lo&st=nl7yrs7&dl=0>

DIRECTORY

In the meantime, current information about members can be found on our private IWCL website. If you haven't used the IWCL website yet, you can get a password from Andrea, our Membership Secretary.

Andrea Never

iwclmembershipsecretary@gmail.com

SAVE THE DATE!
FRIDAY, 24 OCTOBER
HOTEL PESTALOZZI,
19.00 onwards
CHARITY CONCERT AND SILENT AUCTION
CHF 35.– per person



**WE WELCOME YOU ALL TO A VERY SPECIAL
CLASSICAL GUITAR CONCERT IN AID OF OUR CHARITY “OLTRE NOI”**

Piero Tesei will play:-

Capriccio arabe by F.Tarrega
El Testament d'Amelia by M. Lobet
BMW 1002 Nbr. 2 La Minor by J.S. Bach
Prelude nbr. 5 by H. Villa-Lobos
Prelude nbr. 1 by H. Villa-Lobos
Variations on the theme of Mozart's magic flute by F. Sor

Luca Squicciarini will play:-

Hungarian fantasies by Mertz
Recuerdos de Alhambra by Tarrega
Waltz nbr. 4 by Barrios
Allegro suite 998 by Bach
Saudade nbr. 3 by Dyens

To reserve your place, please contact Ariana.

Cloete.adriana55@gmail.com

**IWCL SILENT AUCTION
HOW TO BID FOR AN ITEM**

Please respect the reserve price. The donors have suggested this as a fair amount for the pieces offered.

To place a bid before the concert:

Send an email to Adriana, our Charity Chair, with the number and name of the item you have chosen, the amount you wish to bid, your email and your phone number.

To bid at the concert:

Each item will be accompanied by a bidding sheet. It will include any bids made before the concert. If you wish to bid on any item, add your name, your email and your phone number to the list, including the amount you are bidding (which must be higher than any previous bids!)

Successful bidders will be notified on the day after the concert, and our Treasurer will send the method of payment.

Please use this link to view all the photos and details of the items available at the auction.

<https://www.dropbox.com/scl/fi/af8paismula4wufivgbjz/Sale-Items-for-Auction.pdf?>

CLUB ACCOUNTS FOR 2024

Below you will see a detailed report of the Club's accounts for last year which have been audited and approved by Manzolini, Pedretti & Partners SA. They will be presented at our October Monthly Meeting, where we will be happy to answer any of your questions.

Income	2024	2023	Difference
Member Fees current year	21'635.69	19'818.30	+1'817.39
Initiation Fee	900.00	1'800.00	-900.00
Advertising	0.00	40.00	-40.00
Miscellaneous income	20.00	120.00	-100.00
Special events	30.00	0.00	+30.00
Contingency fund	0.00	0.00	0.00
Printed Newsletter	0.00	425.00	-425.00
Total Income	22'585.69	22'203.30	382.39
Charity	0.00	5'265.80	-5'265.80

Expenses	2024	2023	Difference
Charity and donation	5'000.00	979.00	+4'021.00
Membership Directory	0.00	2'132.45	-2'132.45
Office expenses	5'769.47	4'433.80	+1'335.67
Special events	9'626.63	22'493.03	-12'866.40
Meeting expenses	6'643.81	3'488.90	+3'154.91
Post bank costs	180.89	177.73	+3.16
Culturale Events	-242.71	121.05	-363.76
Miscellaneous	-96.00	141.20	-237.20
Tax	0.00	0.00	0.00
Total expenses	26'882.09	33'967.16	-7'085.07

Office Expenses	2024	2023	Difference
Postage	176.00	698.70	-522.70
Office material newsletter	97.30	1'242.75	-1'145.45
Insurance	231.10	231.10	0.00
Office, Equipment supplies	1'146.55	240.70	+905.85
Accounting/legal expenses	1'500.00	1'500.00	0.00
Internet Related expenses	2'618.52	520.55	+2'097.97
Office expenses	5'769.47	4'433.80	+1'335.67

Assets	2024	2023	Difference
Petty Cash	50	0	0
Current account	9'030.93	5'376.08	3'654.85
Savings account	0	0	0
Web site	1	1	0
Charity account	644.28	5'584.28	-4'940.00
Prepayments	231.1	231.1	0
TOTAL ASSETS	9'907.31	11'192.46	-1'285.15
	2024	2023	Difference
Total income	22'585.69	27'469.10	6'235.10
Total expenses	-26'882.09	-33'967.16	1'414.62
Depreciation	0	0	0
Extraordinary Cost/Revenues	-218.75	-255.5	0
Profit / Loss	-4'515.15	-6'753.56	7'649.72

Audited by :

Paola Vicari, MP&P

ART, CRAFT & WELLNESS DAY 2026

Organiser(s) Needed



Our previous Wellness Days have been bright and beautiful events with lots of member participation in workshops, exhibitions, displays, stalls and pot-luck lunches. We've had dancing, cooking, painting, meditating, self-reflecting, creating and lots of fun.



Here's an opportunity for an individual or a group of members to step up and reshape our 2026 Wellness experience, at a venue and date of your choosing! You have a blank canvas, and plenty of time to plan and prepare!

The only consideration is that, as in previous years, the event has to be self-funding. Time to shine, ladies! If you are interested in taking on the challenge, please let Sue know.

Sue March

iwclpresident@gmail.com

IWCL HELP WHATSAPP GROUP

Dear IWCL Members,

In response to our community's desire for more efficient communication, we've established an IWCL WhatsApp group called: "HELP! By Members for Members". This platform allows members to ask questions and receive prompt, concrete answers from our community.

You can post inquiries on a wide range of topics, such as:

- **Service Recommendations:**

- o "Can anyone recommend a physiotherapist specialising in shoulder issues?"
- o "I'm looking for a babysitter for Monday afternoon; any suggestions?"
- o "Does anyone have recommendations for tax advisors familiar with expatriate issues in Switzerland?"
- o "What local fitness classes cater to women's health?"

- **Social Gatherings:**

- o "It's a beautiful day! Who's up for a walk and a coffee?"

- **Travel Tips:**

- o "What's the quickest way to get to Linate Airport?"

- **Weekend Activities:**

- o "Any recommendations for things to do in Lugano this weekend?"

- **Event Invitations:**

- o "I've found an interesting movie/concert; who would like to join me?"

... and many more!

To maintain a respectful and focused environment, please refrain from posting content related to religion, politics, or commercial promotions. Additionally, avoid sharing messages without useful content for the entire group.

If you'd like to join, please send a WhatsApp message to Maura Koopman at 079 576 61 44, including your full name.

Thank you for your cooperation and active participation.



CULTURAL VISIT (CP)

Kandinsky, Jawlensky, Werefkin
and the Masters of Expressionism

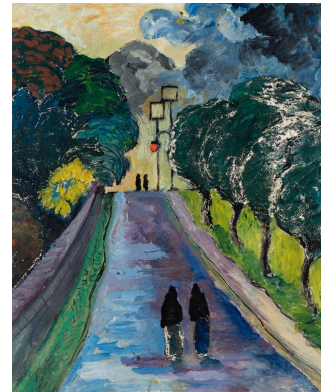
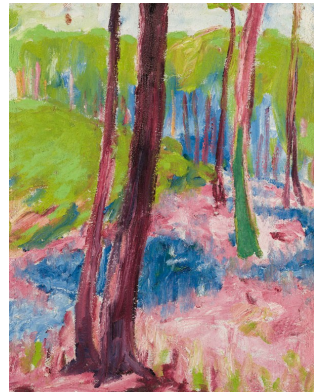
We are delighted to, once again, offer members a guided tour in English
of the latest exhibition at the Braglia gallery.

Thursday, 9 October 10.00 - 11.30

Fondazione Gabriele e Anna Braglia

Riva Antonio Caccia 6a

6900 Lugano



Through paintings and drawings, the exhibition will offer an in-depth view of the stylistic and conceptual revolution that characterised Expressionism, emphasising its ability to convey deep emotions and avant-garde visions. A bilingual Italian/English catalogue accompanies the exhibition. To mark the tenth anniversary, admission is free.

The German Expressionism exhibition will present a selection of iconic works that embody the expressive power and emotional intensity of this extraordinary movement. On display will be the major figures of Expressionism such as Ernst Ludwig Kirchner, Erich Heckel, Hermann Max Pechstein, Otto Müller and Emil Nolde, some of whom were founders of Die Brücke (The Bridge) in 1905. They will be joined by members of the Der Blaue Reiter (The Blue Rider) group: Wassily Kandinsky and Franz Marc, along with August Macke, Gabriele Münter, Alexej von Jawlensky, Marianne von Werefkin, Heinrich Campendonk, as well as Lyonel Feininger, who joined Der Blaue Vier in 1924, and Paul Klee, whose works created between 1912 and 1929 were the focus of the Braglia couple's passion for Expressionism.

We again thank Cindy Korfmann for her planning and organisation. To celebrate their anniversary, the Braglia are not charging an entry fee to this exhibition. The cost of the guide (CHF 150.-) will be shared between the participants. We can accept only 15, so to sign up our cancellation policy (CP) applies.

Please contact Sue by 1 October to sign up.

Sue March

iwclpresident@gmail.com

A VERY WARM WELCOME TO FRANZISKA, HELENE, HILDE AND JENNIFER!

Franziska loves life, feels very grateful and enjoys her free time walking, cycling, travelling and meeting friends and family. Franziska moved to Ticino for the beauty and the wonderful climate. Franziska is an individual, couples and family therapist and would like to connect to women in her field to share knowledge and experiences.



Franziska Hewitt

Contrada al Lago 20

6987 Caslano

Mobile 076 303 11 39

franziska.hewitt@doublebandfilms.com



Helene is from Norway and has just moved to sunny Ticino.

Helene Odfjell

Hodfjell@hotmail.com

Hilde was born in Belgium, moved to South Africa for work as a software developer and lived there for 38 years. Hilde decided to retire in Ticino and has 2 daughters who are living in Belgium and Scotland.

Hilde loves travelling, hiking, yoga and classical music.

Hilde Van Deun

Via Pratocarasso 40 A

6500 Bellinzona

Mobile 076 501 19 60

hildeminster@gmail.com



Jennifer is Canadian from Toronto with a background in classical music, neuroscience and yoga. Jennifer has been living in Switzerland for about 10 years but only recently moved to Lugano with her husband who is also Canadian. Jennifer loves art museums, classical music, walks in nature, travel, films and languages. Jennifer describes herself as a life long student.

Jennifer Wong

Via Vall' orba 23

6977 Ruvigliana

Mobile 078 934 52 03

88bergfreund@gmail.com



SPECIAL QIGONG CHARITY EVENT

Ladies, I am offering a 2 hour special event at my home, combining a session of QiGong (to relax and energise, no previous knowledge needed), followed by a light merenda during which you may try on my happy hats and have fun.

Where: Home of Irene Fröhlich-Wiener, Via Cassarinetta 2, Lugano (next door to Hotel Delfino, Bus 2 stops exactly there at St. Birgitta)

When: Saturday, 11 October at 16.00 punctually. (Must end at 18.00)

To bring: Comfortable clothing (flat shoes), positive spirit and a cash contribution for our charity, minimum 20.-

Numbers are limited to 12, first come first served.

Please contact me to reserve your spot.

Irene Frohlich

Irene.frohlich@gmail.com

THE WOMEN'S HEALTH GROUP (WHG)

The next meeting of the Women's Health Group will take place over Zoom.

If you haven't signed up, there is still time, just send me an email for more information.

Pat Camillo

Pat.Camillo@gmail.com



LET'S DANCE!

Keep fit, have fun, make friends!

Hi ladies! Come and join our IWCL Dance Group, back by popular demand, at the usual time of

10.30 - 12.00 every Wednesday at Hotel Pestalozzi.

We will dance together not only the moves from previous sessions, but we will also learn new styles, as we prepare for our next Club event, the Christmas Pot Luck Lunch!

This time, we have a series of 11 sessions, and we pay in advance only for the room rental divided by the number of participants; to be paid at the first session.



Dates as follows:

1, 8, 15, 22 and 29 October

5, 12, 19 and 26 November

3 and 10 December

Please sign up with Marina as soon as possible.

Marina Marsaglia:

marinaporza@gmail.com

MOMS AND TOTS

For more information about Moms and Tots please contact Rocio Tauber. Her email address is:
rocio_cuervo@hotmail.com

LADIES' LUNCH

This month we will have lunch on Tuesday, 21 October at the restaurant:
"Bora da Besa"
Via Bora da Besa 5
at 12.15.

To sign up please contact Lilo.

Lilo Valli

079 207 20 92



lilosmile@yahoo.de

IWCL WEBSITE

Please refer to the IWCL website for information on:
OPEN DOORS

OUR CANCELLATION POLICY (CP)

IWCL PHOTOS

YOUR CLUB NEEDS YOU

RESPECT FOR OUR SPEAKERS

PUBLICISING YOUR ENGLISH SPEAKING EVENTS IN OUR NL

THANK YOU FOR SIGNING UP!

NEW COPY OF THE IWCL DIRECTORY

PHOTOS FOR WEBSITE

COPY OF THE LATEST NL

Please contact Andrea if you need or have forgotten your password
to access the site

IWCL FACEBOOK PAGE

If you would like to join our Facebook page please contact Ann Lutz at: 6900editoriwcl@gmail.com
Please note: you must use a private FB account and NOT a commercial one. Many thanks.

MENTOR SCHEME FOR NEW MEMBERS

If you are a new member and need support with doctor visits, vets, household help, home design/renovation, insurance companies, car registration, etc. or a shoulder to lean on, you are not alone!

Please feel free to contact:

Isabel Bern

Irene Fröhlich

Maura Koopman

Sharon Palette

isabel@bern.life

076 334 55 50

teupi@yahoo.com

sep.ticino@bluewin.ch



CLUB DISCOUNTS

Dear Ladies,

You might not know that we have a page on our IWCL website that shows which hotels and Spas in Lugano give us discounts: <https://iwcl.org/members-discount/>

For example, the Choice Spa has increased their discounts to us. Check out their and the other hotels' deals.

Kind regards,

Christine Petersen
IWCL Vice President



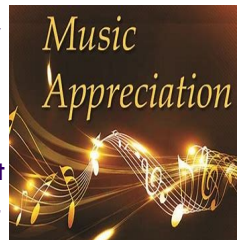
MUSIC APPRECIATION GROUP- THANK YOU!

We know that there are many of you out there who love music, concerts, opera, singing, concertos and all the other forms of musical entertainment that Lugano has to offer.

BUT how many times do you miss beautiful events because you didn't know about them? **OR** how many times do you not go to wonderful concerts because you don't want to go alone? **AND** how often would you like to find out about musical events that are taking place in our city which might appeal to you?

This is the group for you!! We would like to continue to have an informative, interactive group in which we can exchange news of upcoming events, find friends to go along to concerts with and a place to post reviews, comments and critiques.

The Cinema Lux in Massagno (or sometimes Iride in Lugano) show operas that come directly from the Metropolitan Opera New York.



Renata Del Grande

"THE ROUND TABLE"

Since the beginning of this year, we have been meeting for coffee on the third Friday of the month. The round table creates the opportunity to exchange views on certain topics. The topics discussed so far are: diversity in society, my mobile, homesick, holiday, being a mother and tattoo.

If you would like to participate, you are most welcome. If you have a topic you would like to discuss, please let me know.

Hope to see you on the next "Round Table", Friday 17 October (10.30 - 11.30) at the Coop City ristorante, Via Nassa 22, Lugano.

The theme will be:

"Living in Ticino, one should be able to speak Italian?"

Everyone is welcome; registration is not necessary.

Ina Boonacker

inaboonacker-mulder@hotmail.com



MAH JONG



Do you like to play board games? Why not try MAHJONG?

In 2005 we had an Australian lady in the Club who was passionate about this game. She brought all the equipment over here from Perth, Western Australia and started up a **Mahjong group**.



Unfortunately she had to return home to Australia but a few of us still meet **once a week - on Thursday afternoons from 14.30 – 17.00 (at Hotel Pestalozzi)** to play this fascinating game - which is fun, challenging and interesting!

It is a game of Chinese origin, using small engraved tiles, for tables of three to four players. We play the “Western style“ (Chinese style is different). You are very welcome to participate - please contact us for further information!

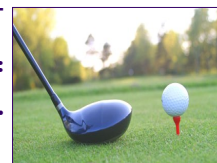
Ruth Sergi-Baumann

079 607 82 62/091 630 11 27

ruthsergi@bluewin.ch

GOLF

We meet at 11.00 every Wednesday at the Golf Club “Monticello” near Como (first EXIT autostrada A2 to Milano after Como) Uscita “Fino Mornasco”. The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week.



Marlene Mugglin

091 967 15 47

079 423 68 47

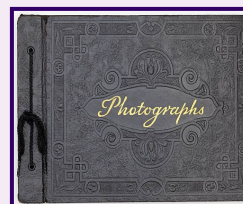
tourservices.lugano@freesurf.ch

FIND YOUR PHOTOS!

Ladies, did you know that you can see photos from all our IWCL events, going back several years, simply by accessing our Dropbox?

It's really easy to find them - Ann has already sent you the link:-

<https://www.dropbox.com/scl/fo/ai79cbog2dhidfwzf5i3/h?rlkey=jidl4b7kg5cnf2089rv1pojvg&st=mn0y3jqb&dl=0>



However, if you aren't confident with the technology, but would still like to see the photos, please email Christine at: iwclvicepresident@gmail.com

If you would not like your photos posted, please let Christine know.

'SUNDOWNER SPECIAL'

Thursday, 23 October from 18.30 onwards

Ladies, we are delighted to continue our Evening Group activities with a return to the 'Aperitivo' format.

Once a month, we meet for drinks 'after work' in a great venue in and around Lugano. We would love to encourage everyone to join us, and especially those ladies who can't often make it to daytime activities.

Our October Sundowner will be at

"Café Retro"

Via Generale Guisan 6, Paradiso

Park house Mantegazza is nearby

Everyone pays for their own drinks.

We like to know that you are coming along; please don't just turn up! Come join us for a relaxing evening.

Elizabet Ak

iwclevengroup1@gmail.com

HIKE and CHAT

Come hike with us and discover the mountains, valleys and views of the Ticino region. We are a relaxed easy-going group that enjoys nice company and chatting about all sorts of interesting and diverse topics. We meet once or twice a month and hike for about 3 hours with a picnic stop along the way. We try to alternate the level of

the hikes with some easy and some more challenging.

Please contact Maria to be included on the distribution list and keep up to date on upcoming excursions.

So come join us. Enjoy the splendid nature of our region and fresh air fitness. Meet friends and make new friends.

Maria de la Cámara

079 263 04 65

maria.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail.com

**KNITTING GROUP**

If you would like to join our group, please contact me by phone or email. Experienced and novice knitters are welcome so we can share our expertise.



Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us! Let's inspire each other! We would be delighted to have new members in our group! You are most welcome to come and visit us just to see what we do and who we are! Then you can decide if you want to be part of our group. But if you want to visit us please call me Eva in advance, sometimes we change the dates! Usually we meet every second Monday from 14.00-16.00 at the Pestalozzi. Fee for the room is CHF 5.- per person. Bring your own supplies: watercolours, acrylics, pastels, charcoal, pens etc. Any questions please contact me!

**Eva Wahlqvist**

078 846 75 45

eva@wahlqvist.eu

“BREATHE, RELAX, FEEL!”

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.

**Maria Teresa Paladino**

091 994 39 41

info@counselor.ch

BOOK GROUP

We welcome members old and new to Book Group this month on Tuesday, 21 October at 10.30 promptly at the Hotel Pestalozzi for our discussion, based on “The Old Man and the Sea” led by Silvia. Come and join us for another wonderful Book Group meeting, even if you haven't read the book! You might be tempted!

Here are our books up until the New Year:-

18 November - Conclave - Raffaella

16 December - No BG (we decided it was too close to Christmas!)

2026

20 January - Peach Blossom Spring - Danielle

17 February -

17 March -

14 April -

19 May -

16 June -

22 September -

20 October -

November -

15 December -

We are looking for presenters for the following books, chosen by you:-

*Violeta**No Two Persons**Luckenbooth**Dear Mrs Bird*

Please note that we need to pay for the room each month, so you can either pay CHF 30.- for the year or CHF 3.- per session at Book Group.

We look forward to seeing you all after the summer break. Happy reading!

Cathrine Orelli

079 902 57 53

iwclhospitality@gmail.com

Sue March

077 924 16 76

iwclpresident@gmail.com

COOKING GROUP

Tuesday, 14 October, 18.30 onwards

Our Cooking Group has moved back to Il Grottino Viganello, Via Pergola 5,
Viganello (look for the CVS sign!)

“ Our Cooking Group is open to ALL MEMBERS each month – the only requirements are to reserve your place early and to clear up afterwards!! Come and join us so we can learn, cook and eat together.

We continue our exciting Cooking Group year with

‘A REAL PORTUGUESE DINNER!’ HOSTED BY CLAUDIA.

Appetizer:- Gambas a Guilho – Garlic Shrimp
Massa Sovada – Portuguese Sweet Bread

Starter:- Caldo Verde – Portuguese Green Soup

Main:- Arroz de Pato – Duck Rice
Bacalhau com Natas – Salt Cod in cream sauce

Dessert:- Pasteis de Nata – Portuguese Custard Tarts

Wine Pairings by NERIDA

Our dress code for the evening is ‘Classy!’

- When:** Tuesday, 14 October, 18.30 onwards
- Where:** Il Grottino Viganello, Via Pergola 5; long standing members will remember this location!
- Cost:** Up to CHF 50.- per participant (usually less.) Our cancellation policy applies.
Please note that the Comune is levying a small charge for the rental, which will be reflected as a share of each participant’s cost for the evening.
- Parking:** There is ample kerbside parking, and the Autosilo Civico is on the corner. There is space outside for the host to leave their car, as you are bringing heavy items.

To book your place or for more information (we are happy to welcome up to 15 participants) please contact Sue March: Email: iwclpresident@gmail.com Mob: 0779 241 676

Sue March

077 924 16 76

iwclpresident@gmail.com





LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi takes place at her house in Breganzona.

Ladies interested should contact Isabella."

Contact details: 079 375 24 14

Italian conversation (Advanced) will take place every Monday at Raffaella's home in Gentilino, from 14.45 - 15.45 Please email her for further details.

Contact details: 079 941 72 03 lella.reverberi@gmail.com

Italian Conversation with Oana Stan. Please contact Oana for more information.

Contact details: oanastan.1@gmail.com

English Conversation We will meet at the Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo. Please contact Karen for dates.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Pat Camillo will take place every Tuesday, at 14.00 in the Café at Coop City, (4th Floor), Via Nassa.

Contact details: 079 788 0251 Pat.camillo@gmail.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini Café, via Funicolare 2, Lugano on Wednesday, 15 October.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Ilona Pongracz at Canvetto Luganese, in Lugano; Vie R. Simeon 14b weekly, every Thursday from 16.00 - 18.00.

091 825 33 03 ipongracz@ethika.ch

German Conversation with Daniela Mannu at Al Vecchio Torchio, Viganello every first and third Monday of the month from 10.30. Please bring paper, pen and coloured pencils.

Contact details: 079 120 71 96 danielamannu@hotmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
OUR NEXT MONTHLY MEETING WILL TAKE PLACE ON TUESDAY, 11 NOVEMBER AT THE HOTEL PESTALOZZI				1 Golf p. 12 English p.16 Dance p.9	2 Italian p.16 French p.16 Mah Jong p.12	3
4	5	6 Mindfulness p.14 Italian p.16 German p.16	7 Monthly Meeting p.1 English p.16	8 English Golf Dance	9 Italian French Mah Jong Cultural Visit p.7	10
11 Qigong p.9	12	13 Italian Mindfulness	14 Cooking p.15	15 English French p.16 Golf Dance	16 Italian French Mah Jong	17 Round Table Coffee p.11
18	19	20 Italian Mindfulness German	21 English Book Group p.14 Ladies' Lunch p.10	22 English Golf Dance	23 Italian French Mah Jong Sundowner p.13	24 CONCERT AND SILENT AUCTION p. 3
25	26	27 Italian Mindfulness	28 English	29	30	31

THE BOARD AND CHAIRWOMEN

President	Sue March	077 924 16 76	iwclpresident@gmail.com
Vice-President	Christine Petersen	078 854 24 68	iwclvicepresident@gmail.com
Secretary	Renata Del Grande	078 862 62 41	iwclsecretary@gmail.com
Treasurer	Jan Stanford	076 681 08 42	iwcltreasurer@gmail.com
Editor	Ann Lutz	091 993 20 33	6900editoriwcl@gmail.com
Events	Elizabet Ak		iwcleveninggroup1@gmail.com
Hospitality	Catherine Orelli	079 902 57 53	iwclhospitality@gmail.com
Membership	Andrea Never	076 413 32 75	iwclmembershipsecretary@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach Ann Lutz, Via Matorèll 41, 6926 Montagnola or 6900editoriwcl@gmail.com before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

EDITORIAL TEAM

Editor **Ann Lutz**
 Mailing **Catherine Orelli**

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact
Claude Perrinjaquet Boni
 079 487 89 92
 cm.boni@gmail.com

Contributions to the Newsletter must be received no later than the 14th of the month preceding publication.
 Send contributions to:
 6900editoriwcl@gmail.com
Ann Lutz

WEBSITE

If you have any photos or information to add to our
 Dropbox please contact:
Ruth Sergi
 079 607 8262
 ruthsergi@bluewin.ch

If you would like more information about the Club please
 contact either our President **Sue March**
 077 924 16 76 or iwclpresident@gmail.com
 or our Membership Secretary, **Andrea Never** on 076 413 32 75
 or iwclmembershipsecretary@gmail.com

*If you would like to organise an event please contact our Calendar Coordinator
 Ann Lutz to check available dates: 6900editoriwcl@gmail.com*

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Book Group	Catherine Orelli	iwclbookgroup@gmail.com	
	Sue March	marchsue@hotmail.com	077 924 16 76
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Club Photographer	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62
Cooking	Sue March	marchsue@hotmail.com	077 924 16 76
Cultural Events	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Dance	Marina Marsaglia	marinaporza@gmail.com	
Drama Group	Sue March	marchsue@hotmail.com	077 924 16 76
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
English Conversation	Pat Camillo	pat.camillo@gmail.com	079 788 0251
Evening Group	Elizabet Ak	iwcleveninggroup1@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mann	danielamann@hotmail.com	
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
Italian Conversation (Abs. Beg.)	Isabella Zardi	isazardi@bluewin.ch	079 375 24 14
Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
Italian Conversation (Adv.)	Désirée Della Volta	desi.dellavolta@gmail.com	079 646 24 28
Italian Conversation (Adv.)	Raffaella Reverberi	lella.reverberi@gmail.com	079 941 72 03
Italian Conversation	Oana Stan	oanastan1@gmail.com	
Knitting Group	Pam Blakey	pam.blakey@yahoo.com	091 980 45 07
Ladies' Lunch	Lilo Valli	lilosmile@yahoo.de	079 207 20 92
Liaison	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
Mah Jong	Ruth Sergi-Baumann	ruthsergi@bluewin.ch	079 607 82 62
	Maria Blersch	mariablersch@bluewin.ch	079 228 62 82
Moms and Tots	Rocio Tauber	rocio_cuervo@hotmail.com	
Music Appreciation	Renata Del Grande	iwclsecretary@gmail.com	078 862 62 41
Round Table Coffee	Ina Boonacker	inaboonacker-mulder@hotmail.com	
Sundowner Special (Aperitivo)	Elizabet Ak	iwcleveninggroup1@gmail.com	
Website Photos	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62
WhatsApp Group	Maura Koopman		079 576 61 44

***If you have changes to the above information, please contact Sue March at:
 iwclpresident@gmail.com**