

JANUARY 2026

INTERNATIONAL WOMEN'S CLUB OF LUGANO

Volume 3 www.iwcl.org Issue 335

"By members, for members; together in friendship for over 37 years."

IWCL MONTHLY MEETING

Tuesday, 13 January at the
Hotel Pestalozzi,
Via Pietro Bianchi,
Piazza Indipendenza 9,
6901 Lugano
Time: 09.30

A New Year, A New Chapter: Let's Build Our Future Together!

Happy New Year, ladies! As we step into 2026, your new board is filled with optimism and excitement for the journey ahead. We are eager to reconnect with each of you at our first Monthly Meeting of the year and begin shaping the future of our club—with you at the heart of it all.

We hope you'll join this special gathering, designed to foster connection, collaboration, and creativity. This month, we are setting aside the traditional speaker format to create a space for something far more valuable: your voice.

This meeting will be an open forum centered around interactive roundtable discussions. It's an opportunity for you to share your ideas, offer constructive feedback, and tell us what you expect and hope for from your new board. We want to know what inspires you, what you feel our Club needs, and how we can best serve our wonderful community.

More than just a meeting, this is your chance to get to know the new board members on a personal level and for us to get to know you better. We believe that the strength of our Club lies in its members. True to our promise of collaboration, we have left several Chair positions open because we want to fill them with you. This is a fresh start for everyone, and we invite you to come forward, volunteer your talents, and help us build a vibrant and inclusive leadership team together.

Your energy, passion, and participation are the essential ingredients for a thriving Club. Let's come together to make 2026 a year of shared purpose and renewed spirit. We are truly looking forward to seeing you there and co-creating our next chapter.

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A MESSAGE FROM SUE

Dear members, dear friends,

It has been my absolute honour and privilege to serve as your President for the last ten years - and it's really been quite a decade; amazing, rewarding ... challenging ... Firstly, we weathered the difficult Covid years with distanced or outside meetings, get-togethers by zoom or Skype and wonderful online events such as wine-tasting, informal lectures, coffee mornings and QiGong, sometimes across several countries! We even had two 'whole-Club' Christmas Dinners that were served individually at Hotel Pestalozzi, plus one 'separated' June Brunch at Parco Paradiso. It was expensive financially, but wonderful to see that the spirit of friendship and commitment in our Club stayed strong in spite of Lockdown.

Since then, we've been building. We've created a whole lot of new groups, held concerts, performances, plays, Craft Days, Murder Mysteries, Vintage Sales and Spring Fairs. We celebrated our 30th and 35th Anniversaries in fine style! We've had over 100 Monthly Meetings with excellent speakers and we've supported five different charities. We've danced under the stars at 10 beautiful Spring Parties, participated in many, many wonderful trips and cultural visits, been to tons of museums and exhibitions and, of course, spent many hours together as a sisterhood and as groups of friends in our weekly and monthly activities.

Now that I'm at the end of my term in office as your President, I want to thank you for making it such a beautiful and fascinating journey. I particularly thank our fantastic Group Leaders, for their continued dedication to our Club. Without them, IWCL would lose its structure, because it's in our groups that members find real friendship, personal contact, advice and communication.

My sincere gratitude goes to the brilliant women who have been with me on the Board throughout my time as your President: Christine, Ann, Jan, Renata and Cat. I am proud to have been part of such an amazing team; they have made my work joyful and rewarding throughout the years. I love them, and I want them to know how much I have appreciated their skills, friendship and support, especially during more challenging periods.

We are leaving a strong and vibrant legacy for the next Board to build on. Our IWCL is about to enter a new era, with Instagram and new social media platforms becoming a major part of its ethos - but I know in my heart that genuine friendship, warmth, kindness and interpersonal relationships will always remain the cornerstones of our Club.

I am going to Thailand in December for two months with my (very patient) husband ... aka Tex Hunter (... if you know, you know)!! Thank you, ladies, for being such a huge part of my life for so long. I wish you all a healthy, happy and peaceful Festive Season. As I sit on a sunny beach in Koh Samui on 31 December, I will raise a glass to you all, and to the future of IWCL.

Love and and Blue Skies, Sue XXX

MEMBERSHIP FEES 2026

Please remember to pay your membership fees of CHF 120.–

Account / Payable to CH76 0900 0000 6900 6056 1

INTERNATIONAL WOMEN'S GROUP 6900 Lugano

Please write Membership Fee 2026

If you have any questions about your payment, please contact

Oana at: iwcltreasurer@gmail.com



MESSAGE FROM YOUR PRESIDENT

Dear ladies,

Happy New Year! I hope you all had a peaceful and joyful festive season, surrounded by warmth and loved ones. As I step into the role of President, my heart is full of gratitude and hope for the year ahead. It is a true honour to serve this incredible community.

Our December potluck was a wonderful display of the friendship and spirit that make our Club so special. It was also the moment our new board was elected. The results of the vote showed that we are a Club with diverse perspectives, which is a great strength. Now, it is time for us to come together, unite in our shared love for the IWCL, and move forward with a common purpose. My promise to you is to listen to all voices and work to build a Club where every member feels seen, heard, and valued.

Before we look too far ahead, I want to express my deepest, most sincere gratitude to our outgoing board members. These women have been the pillars of our Club for many years. To Sue, who led as Secretary, Vice President, and President for a decade, thank you for your vision and for organising so many cherished activities. To Christine, a ten-year veteran as Treasurer and VP, thank you for your kindness and for always being a supportive ear. To Renata, our Secretary for nine years, thank you for your diligent work and for the beautiful cultural events you brought to us. To Jan, our Treasurer for the last three years, thank you for your dedication. And to Ann and Cat, who have worked tirelessly behind the scenes on our newsletter and membership for so many years - your contributions have been the invisible threads holding us together. Your collective service has been a gift to us all, and we are immensely grateful.

As we begin this new chapter, I am also on a personal journey of growth. I know my English is a work in progress, and I am embracing this opportunity to develop my leadership skills with dedication and an open heart. I am committed to learning and improving every day to serve you to the best of my ability. Your patience and support mean the world to me.

Our January meeting will be the first step in our new direction together—a chance to connect and collaborate. It's a moment for us to listen to one another and begin building our future as a united Club. I am so excited to see what we can create. Let's make this a year of friendship, mutual support, and shared success.

With warmest wishes,

Your President

THANK YOU

Dear Ladies,

I have decided to step down as Editor so this will be my last Newsletter.

I have enjoyed working for the Club for the past sixteen years. First as Club Secretary, then Assistant Editor and finally as your Editor for twelve years. I thank everyone for their kind comments and support during that time.

I wish the new team all the best and look forward to seeing their new and exciting take on the Newsletter.

Your sincerely,

Ann Lutz



MONTHLY MEETINGS IN 2026

3 February	3 March	14 April	5 May
2 June (brunch)	8 September	6 October	10 November
			1 December

**THE IWCL BOARD IS HAPPY TO
INVITE YOU TO THE
IWCL NEW YEAR COCKTAIL**

**Tuesday, 20 January
18.00 – 20.30
Restaurant Ciani,
Piazza Indipendenza 4, Lugano**



Join us to wish your friends all the best for 2026. IWCL members will enjoy the New Year Cocktail **offered by The Club**, which includes a welcome drink and finger food.

Companions or friends of our ladies are welcome and will pay the entrance fee of CHF 50.- per person (payment directly at the restaurant).

Registration should be made with Hanneke (hannekesillekens@gmail.com and 076 220 93 19)

Please use mail or WhatsApp for registration. For any other questions, please contact Ilona for (076 566 63 42)

Deadline for reservations : Tuesday, 13 January

The CP (Cancellation Policy) will be applied from Friday, 16 January

IWCL WEBSITE

Please refer to the IWCL website for information on:

OUR CANCELLATION POLICY (CP)

IWCL PHOTOS

YOUR CLUB NEEDS YOU

RESPECT FOR OUR SPEAKERS

CLUB DISCOUNTS

MOMS AND TOTS

MUSIC APPRECIATION DETAILS

THANK YOU FOR SIGNING UP!

NEW COPY OF THE IWCL DIRECTORY

PHOTOS FOR WEBSITE

COPY OF THE LATEST NL

IWCL FACEBOOK

OPEN DOORS

PUBLICISING ENGLISH SPEAKING EVENTS

Please contact our Membership Secretary if you need or have forgotten your password to access the site

MENTOR SCHEME FOR NEW MEMBERS

If you are a new member and need support with doctor visits, vets, household help, home design/ renovation, insurance companies, car registration, etc. or a shoulder to lean on, you are not alone!

Please feel free to contact:

Isabel Bern

Irene Fröhlich

Maura Koopman

Sharon Palette

isabel@bern.life

076 334 55 50

teupi@yahoo.com

sep.ticino@bluewin.ch



SAD NEWS

We are deeply saddened to announce that Christine Castiglione passed away on Friday, 5 December 2025, after a battle with illness. Christine had been a member of IWCL almost since the Club's beginning.



During her lifetime, she had the opportunity to travel extensively and live with her husband in different parts of the world, which developed in her a keen curiosity about the traditions and cultures of different countries. She had a strong personality, was wholehearted and never afraid to give her opinion frankly. When she gave her friendship, she gave it completely and loyally. Christine will be greatly missed by her husband and her friends at the Club.

IWCL HELP WHATSAPP GROUP

Dear IWCL Members,

In response to our community's desire for more efficient communication, we've established an IWCL WhatsApp group called: "HELP! By Members for Members". This platform allows members to ask questions and receive prompt, concrete answers from our community.

You can post inquiries on a wide range of topics, such as:

- **Service Recommendations:**

- o "Can anyone recommend a physiotherapist specialising in shoulder issues?"
- o "I'm looking for a babysitter for Monday afternoon; any suggestions?"
- o "Does anyone have recommendations for tax advisors familiar with expatriate issues in Switzerland?"
- o "What local fitness classes cater to women's health?"

- **Social Gatherings:**

- o "It's a beautiful day! Who's up for a walk and a coffee?"

- **Travel Tips:**

- o "What's the quickest way to get to Linate Airport?"

- **Weekend Activities:**

- o "Any recommendations for things to do in Lugano this weekend?"

- **Event Invitations:**

- "I've found an interesting movie/concert; who would like to join me?" ...

and many more!

To maintain a respectful and focused environment, please refrain from posting content related to religion, politics, or commercial promotions. Additionally, avoid sharing messages without useful content for the entire group.

If you'd like to join, please send a WhatsApp message to Maura Koopman at 079 576 61 44, including your full name.

Thank you for your cooperation and active participation.



NEW MEMBERS

A very warm Welcome to Ariana, Evelyn, Fiona, Gabriele, Sylvia Maria and Veronika!



Ariana loves sports, culture, travel and describes herself as international, fun and a lifelong-learner. She chose herself to live and work in Lugano. Ariana could organise a “Know Thyself Workshop” to access the visual, spatial and intuitive parts of ourselves. We only need to bring along us and an open mind.

Ariana Wyss

Via Vignole 13, 6644 Orselina

076 812 44 74

091 743 5139

ariana.wyss@gmail.com

Evelyn will split her life between Ticino and Paris and describes herself as friendly, outgoing and fun. Evelyn is engaged in the improvement of human endeavours, loves to cook in her free time, to travel and to meet new people. Evelyn would like to meet our club members before creating some events for IWCL.

Evelyn Isaia

6 A Riva Antonio Caccia, 6900 Lugano

+33 781 56 56 25

evisaia@me.com

Fiona moved to Ticino for her husband's job. She loves skiing, hiking, musical theatre/ballet, travel, dogs and relaxes with good food and coffee. Fiona is working from home for an American Online Education Company and splitting her time between Ticino, her home country Scotland and the Middle East for work. It has been hard for her to integrate and Fiona would love to connect with the local community now. Fiona finds it challenging to co-ordinate her family life, work and learning Italian. Her children are all studying/working in the UK.

Fiona Clark

21 A Via Montarina, 6900 Lugano

+44 771 276 17 02

fionaledson@yahoo.com

Gabriele speaks English, French, Italian and is originally from Austria. She is very open-minded and loves new challenges. Gabriele was living over 50 years in Geneva where she was working, married, got divorced and brought up her children. She just recently lost her companion and moved to Ticino. Gabriele loves music, dancing, travelling, hiking and yoga. Gabriele was a long time member of the American International Club in Geneva as well as the KIWANIS Club.

Gabriele Perret

Strada di Carà 18, 6936 Cademario

079 223 45 88

022 855 06 10

gperret2712@bluewin.ch



Sylvia Maria was living in Italy for over 40 years where and when she raised 3 children and managed her own family hotel together with her husband. Sylvia Maria is a curious, kind and sociable person. She loves reading, travelling, organising trips and exploring whatever is new and beautiful. Sylvia Maria is passionate about fashion, music and dancing.

Sylvia Maria Wimmer Katsikantamis

Via Trida 8, 6948 Porza

079 651 39 97

sylviawimmer@gmail.com

Veronika is a compassionate, outgoing and humorous person who loves walking in nature, travelling and yoga. Veronika moved to Ticino to find new challenges: learning a new language and spending more time outdoors in a warm and sunny climate. Veronika travelled across different continents for periods longer than 3 months. She has been running her own alternative medicine practice, cosmetic and yoga studio.

Veronika Rajkovic

San Michaele 44 a

6987 Caslano

078 75 77 335

vera-kiki@hotmail.com

IWCL 'HAPPY HIKING'



If you are interested in hiking in the Ticino region, please sign up to join the IWCL 'Happy Hiking' group. There is no designated hike leader for this group. Members are encouraged to propose and lead hikes either scheduled or impromptu providing the group with details of meeting place, parking area, departure time, duration and difficulty of the hike.



This is a member-led activity intended to explore the mountains, valleys and views of the Ticino region, to spend time in nature and to meet friends/make new friends.



Please contact Maria or Hanneke to be included on the distribution list.

Maria de la Cámara

079 263 04 65

maría.delacamara@gmail.com

Hanneke Sillekens

076 220 93 19

hannekesillekens@gmail

NEWCOMERS NEW YEAR COFFEE MEETUP – LET'S CONNECT!**Dear Newcomers from 2025 and early 2026,**

After the amazing response to our first Coffee for Newcomers last November, we'd love to kick off the New Year with an even warmer get-together!

This is not a traditional coffee chat – it's a relaxed space where you can get real, practical answers about the Club, life here, and how to find your place in our community.

If you've recently joined the Club – or even if you haven't but still feel a bit lost or full of questions – this meetup is exactly for you: you'll leave with useful information and a few new friends in your phone.

Date:	Wednesday, 14 January
Time:	10.30 – 12.00
Place:	Bar Latte Macchiato, Quartiere Maghetti (opposite Hotel Pestalozzi)-Lugano
Parking:	Palazzo dei Congressi underground car park

Come for:

- New connections and friendly faces
- A cosy atmosphere to ask any questions about the Club
- A chance to feel more at home and help others feel welcome too

We'd be delighted to see you there and start the year together over a good coffee and good conversation. Just drop us a quick message if you're joining. We can't wait to welcome you!

Maura Koopman
Eva Antonini

079 576 61 44
079 621 57 93

teupi@yahoo.com

“THE ROUND TABLE”

Every third Friday of the month we meet for coffee and a discussion on a specific topic. This gives us the opportunity to exchange views, knowledge and experiences. Everyone's input is valuable and will be treated with respect. Religion and politics are excluded as themes. Last year we spoke about Diversity, My mobile, Homesick, Holiday, Being a mother, Tattoo, Living in Ticino, one should be able to speak Italian? and Friendship. In the New Year we start with the theme:

**“Deafness”**

To stay in touch with the world around us, we use our senses, including listening. What are the consequences if this sense of hearing does not function properly or at all? One should consider the consequences for the person itself and for her or his environment. In other words: how does it affect your life or the lives of those around you?

If you would like to participate, you are most welcome, my contact details are below.

Hope to see you at the next “Round Table” Friday, 16 January (10.30 - 11.30) at the Coop City ristorante, Via Nassa 22, Lugano.

Ina Boonacker

079 467 7457

inaboonacker-mulder@hotmail.com)

BOOK GROUP NEWS!

We welcome members old and new to Book Group this month on Tuesday, 20 January at 10.30 promptly at the Hotel Pestalozzi. Our discussion, based on “*Peach Blossom Spring*,” by Melissa Fu, will be led by Danielle. Come and join us for another wonderful Book Group meeting, even if you haven't read the book! You might be tempted!



17 February - “*Violetta*” - Francesca

17 March - “*No Two Persons*” - Pam

14 April - “*Dear Mrs Bird*” - Sue

19 May - “*Luckenbooth*” - Raffaella

16 June - “*Yellowface*” - Danielle

For the rest of the year, we will need to choose some new titles!

22 September -

20 October -

November -

15 December -

Please note that we need to pay for the room each month, so now you can either pay CHF 30.- for the year or CHF 3.- per session at Book Group.

We look forward to seeing you all soon. Happy reading!

MAH JONG - HELP - WE NEED MORE PLAYERS

Do you like to play board games? Why not try MAHJONG?

Since 20 years we play this fascinating game – which is fun, challenging and interesting – once a week – on Thursday afternoons from 14.30 – 17.00 normally at Hotel Pestalozzi. It's a game of Chinese origin, using small engraved tiles, for tables of three to four players.



We play the "Western style" (Chinese style is different). You are very welcome to participate - please contact us for further information!

Ruth Sergi-Baumann

079 607 82 62/091 630 11 27

ruthsergi@bluewin.ch

KNITTING GROUP

We meet on alternate Mondays from 14.00 until 16.00, currently at the Cafe in Coop City in Lugano .

Our next meeting is on Monday, 12 January 2026 and future dates are communicated through our WhatsApp group.

Anyone interested in joining should please contact me, details below.

We welcome all makers...knitting, crochet, embroidery, needlepoint etc.

Pam Blakey

091 980 45 07

076 229 22 50

pam.blakey@yahoo.com

**GARDENING GROUP**

Our GARDENING Group is re-awakening after a long pause. This time we'd like it to be more "hands on". Bring your secateurs and gloves to each other's gardens. We can exchange seeds and plants and also share experiences and tips. There will, of course, be visits to garden and exhibitions.

Even if you only have a balcony with pots of herbs or a room full of house plants, you are a gardener.

If you are interested, contact Sharon.

Sharon Parlette

079 509 99 82

sep.ticino@bluewin.ch

**"BREATHE, RELAX, FEEL!"**

Learn to use mindfulness in your daily life ...

Would you like to begin to deepen your self-awareness, to learn something about controlling your emotions, to develop new habits or to break old ones? We shall be meeting every Monday at 18.00 on Skype. If you are interested, please send me an email with your ID Skype. Let's experience mindfulness together, under the guidance of a fully trained and qualified teacher, who is also a well-known member of our Club.



Maria Teresa Paladino

091 994 39 41

info@counselor.ch

ART GROUP

If you are a member of IWCL why not take the opportunity to come and paint together with us! Let's inspire each other! We would be delighted to have new members in our group! You are most welcome to come and visit us just to see what we do and who we are! Then you can decide if you want to be part of our group. But if you want to visit us please call me Eva in advance, sometimes we change the dates! Usually we meet every second Monday from 14.00-16.00 at the Pestalozzi. Fee for the room is CHF 5.- per person. Bring your own supplies: watercolours, acrylics, pastels, charcoal, pens etc. Any questions please contact me!



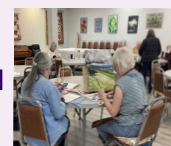
Eva Wahlqvist

078 846 75 45

eva@wahlqvist.eu

NEW ART GROUP

Nadia Dueringer is reviving her art group at the Pettiroso in Savosa. If you are interested in joining, please contact her for more information.



Nadia Dueringer

077 436 45 74

dueringer@gmx.ch

NEW LANGUAGE GROUP

If you are interested in joining a new group studying Italian and Latin grammar and syntax, please contact Raffaella for more information.

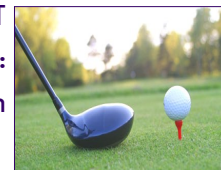
Raffaella Reverberi

079 941 72 03

lella.reverberi@gmail.com

GOLF

We meet at 11.00 every Wednesday at the Golf Club "Monticello" near Como (first EXIT autostrada A2 to Milano after Como) Uscita "Fino Mornasco". The exact address is: I-22070 Cassina Rizzardi (Como) Italy, Via Volta, 63. Tel. 0039 031 928 055. The green fee for 9 holes = Euro 45.- during the week. Please contact Marlene to sign up.



Marlene Mugglin

091 967 15 47

079 423 68 47

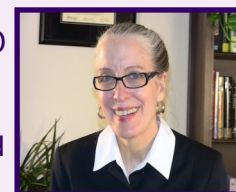
tourservices.lugano@freesurf.ch

THE WOMEN'S HEALTH GROUP (WHG)

Do You Really Need to Exercise? You will find the Research Surprising!

The Women's Health Group will be meeting on Friday, 30 January from 13.00 –15.00 on the upper floor of COOP City in Lugano Centro.

Please email me if you are interested in attending. Please indicate if you cannot attend in person, and I will provide a Zoom link so you can attend virtually.



Pat Camillo

PCamillo@NursingProfessor.com



LANGUAGE CLASSES

Italian conversation with Eleonora Giraldi will take place on Thursdays from 10.45 - 11.45, either online or in person (if the weather allows us to meet outside).

Contact details: 079 849 09 96 epastoris@gmail.com)

Italian conversation for beginners with Isabella Zardi takes place at her house in Breganzona.

Ladies interested should contact Isabella."

Contact details: 079 375 24 14

Italian conversation (Advanced and Intermediate) at Raffaella's home in Gentilino on Tuesday afternoons from 15.00 to 16.30.

Contact details: 079 941 72 03 lella.reverberi@gmail.com

Italian Conversation with Oana Stan. Please contact Oana for more information.

Contact details: oanastan.1@gmail.com

English Conversation We meet at the Cafe Agora, in the Agora Apt. building next to The City Hotel at Piazza Molino Nuovo. We shall meet on 12, 19 and 26 January.

Contact details: 076 224 90 01 karenclaus600@gmail.com

English Conversation with Linda Denkinger on Wednesdays from 14.30 - 15.30. We shall start on 14 January.

Contact details: 079 541 92 02 linflags@bluewin.ch

English Conversation with Pat Camillo will take place every Tuesday, at 14.00 in the Café at Coop City, (4th Floor), Via Nassa.

Contact details: 079 788 0251 Pat.camillo@gmail.com

French Conversation with Claude Perrinjaquet Boni at the Bar Martini Café, via Funicolare 2, Lugano on Wednesday, 21 January at 14.00.

Contact details: 079 487 89 92 cm.boni@gmail.com

French Conversation with Ilona Pongracz at Canvetto Luganese, in Lugano; Vie R. Simeon 14b. We meet weekly, every Thursday from 16.00 - 18.00 but please contact me for dates in January,

Contact details: 091 825 33 03 ipongracz@ethika.ch

German Conversation with Daniela Mannu at Al Vecchio Torchio, Viganello every first and third Monday of the month from 10.30. Please bring paper, pen and coloured pencils.

Contact details: 079 120 71 96 danielamannu@hotmail.com

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
OUR NEXT MONTHLY WILL TAKE PLACE ON TUESDAY, 3 FEBRUARY AT THE HOTEL PESTALOZZI					1	2
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THE BOARD AND CHAIRWOMEN

President	Elizabet Ak	iwclpresident@gmail.com
Vice-President	Birgid Giorgetti	iwclvicepresident@gmail.com
Secretary	Andrea Never	iwclsecretary@gmail.com
Treasurer	Oana Stan	iwcltreasurer@gmail.com
Editor	Maria-Jose Egas Vallejo and Iris Frowein Nouwen	
Events		iwcleveninggroup1@gmail.com
Hospitality		iwclhospitality@gmail.com
Membership		iwclmembershipsecretary@gmail.com

ADVERTISING

Conditions of acceptance:

- Acceptance will be at the discretion of the IWCL Board.
- All advertisements must reach the Editor before the 14th of the month preceding publication.
- The IWCL reserves the right to postpone publication.
- All invoices must be paid within 14 days of date of issue.

1/4 page ad in Newsletter 1 x = CHF 80.- 5 x = CHF 350.- 10 x = CHF 600.-

1/8 page ad in Newsletter 1 x = CHF 40.- 5 x = CHF 175.- 10 x = CHF 300.-

Flyer with email version of Newsletter = CHF 60.-

Flyer with postal and email version of Newsletter = CHF 120.- (plus delivery of material)

Website advertising 6 months = CHF 300.-
12 months = CHF 500.-

CLUB NEWS

If you have any personal news e.g. birth, marriage, illness etc., please contact

Claude Perrinjaquet Boni

079 487 89 92

cm.boni@gmail.com

WEBSITE

If you have any photos or information to add to our

Dropbox please contact:

Ruth Sergi

079 607 8262

ruthsergi@bluewin.ch

If you would like more information about the Club

please contact our President **Elizabet Ak**

iwcldpresident@gmail.com

INTEREST GROUPS OF THE IWCL

Art	Eva Wahlqvist	eva@wahlqvist.eu	091 971 35 64
Breathe, Relax, Feel	Maria Teresa Paladino	info@counselor.ch	091 994 39 41
Club Photographer	Ruth Sergi	ruthsergi@bluewin.ch	079 607 82 62
Dance	Marina Marsaglia	marinaporza@gmail.com	
English Conversation	Karen Claus	karenclaus600@gmail.com	076 224 90 01
English Conversation	Linda Denkinger	linflags@bluewin.ch	079 541 92 02
English Conversation	Pat Camillo	pat.camillo@gmail.com	079 788 0251
Evening Group	Elizabet Ak	iwcleveninggroup1@gmail.com	
French Conversation	Claude Perrinjaquet Boni	cm.boni@gmail.com	079 487 89 92
French Conversation	Ilona Pongracz	ipongracz@ethika.ch	091 825 3303
German Conversation	Daniela Mannu	danielamann@hotmail.com	
Golf	Marlene Mugglin	tourservices.lugano@freesurf.ch	079 423 68 47
Hike and Chat	Maria de la Camara	maria.delacamara@gmail.com	079 263 04 65
	Hanneke Sillekens	hannekesillekens@gmail.com	076 220 93 19
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Italian Conversation (Int.)	Eleanora Giraldi	epastoris@gmail.com	079 849 09 96
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